



FULL S.A.I.L. AHEAD..



The News of Lions Club
District 4-C4

Term 12-13, Issue 12

San Francisco to Palo Alto, CA

June 2013

A message from your District Governor Skipper Bob Wilson

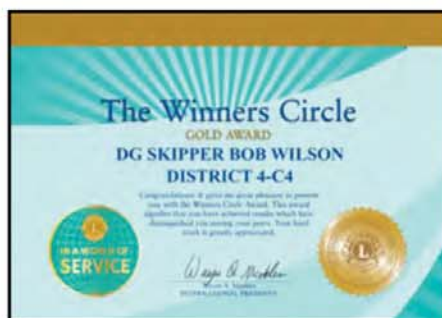


Farewell and Thank you!
***Live Well, Laugh Often &
Love Much***

Pirates Convention ... aaaaaaarrggggh
mateyssss.

We made
it with an
additional
203 mem-
bers. I am

proud of each and every
Lion for your energy, ser-
vice, gifts, acts of courage
and sharing with others.



Thank you DGE Steve Picchi
and 1st VDGE Jack Van Etten
for your leadership, help and
all that you do for the district.
Thank you to my Cabinet and
Committee members for your
extraordinary service and
leadership. You truly made a
difference. It is because of

you that the year was a success.

It is because of you that we are adding
new members, achieved the Winner Circle
Gold Level, added one strong LEO club
and had fun. We laughed, served, ate and
played together. Didn't we have fun at the

A loud roar to District Newspaper Editor
John Gill for the district newsletter and a
shout out to District photographers Sandy
Su, Roger Gulen and Fenton Baptiste.

(Continued on page 3)

Articles & photos may be submitted to **Lion 4-C4 Newsletter Editor John Gill** for publication in this **Full S.A.I.L. Ahead** Newsletter via email to **lions4service@gmail.com** and must be sent no later than the 20th day of each month for inclusion in the next issue . Thank you for your support.

SERVICE * ACTION * INTEGRITY * LEADERSHIP



A message from 1st VDG Steve



Fellow Lions:

Hi from Italy, my vacation will be over June 29th. Then I'm off to my DGE school in Hamburg, Germany. That will last till July 4th, then the International Convention

till July 9th, then home. I will be ready to go on July 11th, I hope. Remember the Cabinet Installation July 21st and also the adds for the installation program and directory.

DGE Steve

Somewhere in Italy

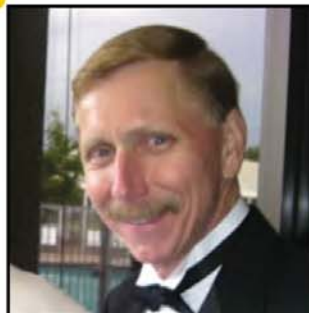
1st VDG Steve

Blended to Perfection

Service Teamwork Tradition



A message from 2nd VDG Jack



Fellow Lions:

I've had the honor and pleasure to attend a number of Club Installations and Inductions of new members this month. I've heard installing officers remind us that Lions

Clubs International is the largest service club in the world. Yes, we are indeed. However, you'll hear me talk about Lions Clubs International first and foremost being, "The Best Service Club in the World" AND ALSO "The Largest Service Club in the World." With all of the great and noble programs and accomplishments WE do throughout the world, we need to start describing ourselves as, "THE BEST", because we are!

Don't forget to register for some great Leadership opportunities available to you at the International and MD-4 levels; the USA/Canada Leadership Forum and the Leadership Institute, respectively. The MD-4 Leadership Institute has expanded into 2 classes, one in Sacramento in the fall and one in Ontario, CA in the spring. You can find more information on these classes on our District Website

As one of my main duties, as I transition into your First Vice Governor next month is "Membership." Through our District Governor Team, our GMT & GLT Chairs, you'll continue to hear of ways to help re-define our recruiting efforts to bring in new members and to retain the members that we cur-

(Continued on Page 18)



A message from the Editor's Desk

Greetings Lions of District 4-C4!

As I'm doing Long Tail contest this year and touring the club installations, I figure a good way to get every club written about in the newsletter is to share the experience with you in a regular column.

Our Newsletter Team: Lions John Gill, Paul Larson, Rich Lee, and Jose Ibarra

It has been a pleasure serving the District as your Bulletin Editor these past 8 months. I am continuing the effort in 2013-14. I will also be serving as the Peninsula Council of Lions Secretary for the year. Come September, I'll be doing 3 Lions newsletters a month—District, PCL, and Club. It's a lot of work, but I love serving Lions in this effort.

Special Thanks to our Leo writers, Dustin Chiang

and Katie Mei for their contributions. Many big clubs can do the great projects they do because they have Leos to help. They are a key part of our organization and I am happy we found two

outstanding Leos to write about their experiences in Lionism.

If you wish to submit an article please do so by the 20th of the month. Please email

your brief article or pictures to me in a timely manner...the sooner the better.

From Lion John Gill ~
District 4-C4 Newsletter Editor
Team: Lions Jose Ibarra (SF Latinos Unidos),
Rich Lee (Foster City), Paul Larson (Millbrae)



District Governor's message (continued from page 1)

I want to personally thank each and every one of you for the opportunity of serving you. It was a great year. I look back on the year with fond memories and cherished friendships and hope that you do as well. Words cannot express my genuine appreciation and gratitude to the members of my home club, Brisbane Lions Club for their wholehearted support.

Thank you: Past District Governor & GLT Chair Ken Ibarra and Region Chair Cindy Smith, recipients of the Prestigious 2012-13 MD-4 Excellence Awards, for your leadership in District 4-C4 and dedication to the Lions organization. You are a role model for all Lions.

A ROAR of THANKS to 2012-13 Lion of the Year Richard "Dick" Kishimoto.

Thank you to Lion Alison Wilson, recipient of the 2012-13 District Governor's Si Moyer - Rick Nuccitelli Award for your support and countless service hours dedicated to District 4-C4. Take a moment and check out the new and updated District web page at www.lions4c4.org that she designed and manages for the district.

Thank you to the recipients of the 4th highest LCI award appreciation by International President Lion Wayne A. Madden: Rich Picchi for his outstanding Student Speaker Leadership; & PDG Ray Rosenthal, PDG Al Russell, PDG Mike Simonini, Lion Shelly Wu and Leo Dustin Chiang for your hard work in growing our district.

(Continued on Page 5)



District 4-C4 & SFCCLC Installations, Cars in Park, Officer Training




Join us in celebrating the
2013-14 District 4-C4 Cabinet Installation
Sunday, July 21, 2013
Oceano Hotel and Spa
in beautiful Princeton-by-the-Sea
280 Capistrano Road
(Black Tie Optional)

\$65 per person includes hors d'oeuvres, Surf & Turf main course with wine and dessert
(vegetarian option is available)

No Host Cocktails 5 P.M.
Dinner 7 P.M.

Special room rate is available for the evening, call the Oceano at 650-726-5400 for reservations and mention that you are with the Lions party





Make checks payable to "Lions District 4-C4 Installation"
Mail to Lion Richard Lee, 2050 Queens Lane, San Mateo, CA 94402

Name _____ Number in party _____
Lions Club _____ Total included \$ _____
Phone No. _____ Email _____

Please list all attendees on the back of this form & note any vegetarian request

District 4-C4



Club Officer Orientation & Leadership Training

A free seminar hosted by GLT

Saturday, July 20, 2013 8:30am-12:00pm

Parkside Middle School
1801 Niles Avenue, San Bruno

8:30am Sign-In & Refreshments
9:00am Session Begins
12:00pm Session Adjourns

Open to ALL Members * ALL Officers Should Attend * You WILL Learn

Club Officer Duties & Responsibilities
The "C" Word
Service Projects & Fundraising
A Mock Board Meeting

PLEASE RSVP ON OR BEFORE JULY 17

RSVP to PDG Ken Ibarra (650) 589-4613 Lionkenibarra@yahoo.com
(Printed materials available for 2 members/club - All material available online)

Burlingame Lions Club Ninth Annual CARS-IN-THE-PARK





**Saturday
July 27, 2013
9:00 A.M. TO 3:00 P.M.**

PLEASE PLAN TO BRING THE WHOLE FAMILY
FOR A FUN CAR SHOW AND GREAT BBQ!

FREE ADMISSION TO THE PUBLIC

IT ALL HAPPENS IN WASHINGTON PARK
AT THE CORNER OF BURLINGAME AVENUE AND CAROLAN

ALL PROCEEDS BENEFIT BURLINGAME LIONS CHARITIES, INC.
TEL: 925-44-0700



THE SAN FRANCISCO COORDINATING COUNCIL OF LIONS CLUBS

Cordially invites you to its
51st Installation of Officers



Basque Cultural Center
550 Railroad Ave., South San Francisco CA 94080

Sunday, August 4, 2013
5:30 pm Donation: \$ 45.00 per person

Entrée (choose only one) No. of person(s)
Prime Rib _____
Salmon with Champagne Sauce _____
Broast of Chicken Chasseur _____
Vegetarian Pasta _____

RSVP:
Manny Paje - 650-755-3419 - epaje@farmersagent.com
Lydia Taylor-Bellinger - 510-520-7911 - lat5264@comcast.net
Jayne Leon - 415-362-6926 - jayneleon@pacbell.net

Make your check payable to SFCCLC and mail it to:
c/o Jose Ebelto, 14 Lenox way, San Francisco CA 94127



DG Article Continued from page 3

DG Skipper Bob Wilson on the Left and IPID Bob Smith on the Right
... with 2012-13 MD-4 EXCELLENCE AWARDEES in the middle:



PDG Ken Ibara



Region Chair Cindy Smith

... with 2012-13 Award Recipients in the middle:
Si Moyer - Rick Nuccitelli Lion of the Year



Alison Wilson



Richard "Dick" Kishimoto

A special thank you to IPID Bob Smith for assisting the District with the awards. Thank you to the hardworking committee chairs and members for your many gifts of countless hours of service. Together we berthed successfully District 4-C4 galleon for our new leadership team led by DGE Steve Picchi, 1st VDGE Jack Van Etten and 2nd VDGE Macy Mak Chan. I am confident that the upcoming year will be filled with good energy and service projects. Fellow Lions and Leos let us continue working together for the betterment of our district and our community.

ROAR like a Lion, Invite a friend, serve the community, let's laugh, play and serve together in 2013-2014. Thank you all for your gift of joy, hope and service! Together let us support and welcome our new 2013-14 leadership.

Live Well, Laugh Often, Love Much
District Governor Lion Skipper Bob, 2012-13
SAIL: Service - Action - Integrity - Leadership

Farewell to **Peninsula Council of Lions Clubs President Paul Larson, Millbrae Lions Club And San Francisco Coordinating Council of Lions Clubs President Ninette Mendoza, SAN FRANCISCO Hispanic Lions Club.**

Farewell to your 2012-2013 District 4-C4 Lions Club Presidents

Bay Area Special Olympics
Christopher De Carpio
Belmont
William K. Fowler
Brisbane
Walter Long
Burlingame
Kenneth Lee Ingram
Daly City Gateway
David Hoffman
Daly City Host
John Warren
Foster City
Martha Sandy
Half Moon Bay
Robert R. Ptacke
Menlo Park Host
Earl J. Fulk
Menlo Park Live Oak
Margaret Carney
Millbrae
Ronald Frediani
Pacifica
Shirlee Gibbs
Palo Alto Host
Roger Stroud
Peninsula Special Interest
Davina Collins



DG Article Continued from page 5

Peninsula Veterans
 Kevin Guess
 Redwood City Sunrise
 Pat Battaglia
 Redwood Shores
 Anselmo "Jun" Madrinan
 San Bruno—
 Rick A Dimitroff
 San Carlos
 Cindy Smith
 San Francisco Bay Area New Century
 Gina Tse
 San Francisco Bayview Hunters Point
 Fenton Baptiste
 San Francisco Chinatown
 Patrick Auyeung
 San Francisco Circle
 Benvienido O. Balaba
 San Francisco Fil-Am
 Helen Marte
 San Francisco Geneva-Excelsior
 Robert Quinn
 San Francisco Highlands
 Evangeline "Vangie" Roberts
 San Francisco Hispanic
 Gilbert Crespo
 San Francisco Host
 Rodolfo "Rod" S. Mercado
 San Francisco Korean American
 Peter S. Chun
 San Francisco Latinos Unidos
 Jose Luis Cevallos
 San Francisco Marina North Beach
 Rolly Mungues
 San Francisco Merced Heights
 Lydia Taylor-Bellinger
 San Francisco Nikkei
 Edward S. Silva
 San Francisco Ocean/Ingleside
 Constance Bridgewater
 San Francisco Park Presidio - Sunset

Paul Kozakiewicz
 San Francisco Premier
 Teresita Degamo Md
 San Francisco State University Campus
 Michael S. Quill
 San Francisco The Castro
 Troy Brunet
 San Mateo
 John Gill
 San Mateo Metropolitan
 Shelley Wu
 South San Francisco Golden Gate
 Felicidad S. Mele
 South San Francisco Host
 John H. Prouty

Lions Veterans Charities Report

On July 10, will have a Veterans Fishing Trip. More trips are in the planning. Any other Lions clubs interested in this project should contact PDG Lion Roger Chinn for participation.

Annual Buffet Luncheon will be held on Sunday, August 4, from 11 AM—2 PM, for the sight-impaired and wheelchaired patients at the Palo Alto VA Hospitals. Volunteers are needed. Please contact Lion Fred Kelley, fakelley58@gmail.com for details.

USO Night will be Saturday, November 16. It is our annual evening to recognize our veterans. This year will honor the Vietnam War veterans. It will be held at Foster City Recreation Center. Volunteers have committed and more are needed. Please contact PDG Lion Roger Chinn for more details.

PDG Lion Roger Chinn
 Lions Veterans Charities
 Executive Trustee



Lion John Gill shares experience of Long Tail Journey

Lion Sandy Ige is going for her tenth consecutive Long Tail Ambassador Award. This year I decided to join Sandy Ige and take a tour of the District.

The Long Tail Contest is 41 clubs besides my own and any additional clubs that are added that must be visited by March 31, 2014. It's only club meetings that count. In this regular column, I will share my experiences about the Lions clubs I visit each month. If you want to try the Long Tail, let the Contest Commissioner, Denise Kelly, know by the 1st Cabinet Meeting, that you intend to do it.

I am 7 clubs in, 34 to go. I took a little detour into the club installations along the way. I was only planning on one or two, but I got talked into doing a bunch more. Sure glad I did, because Millbrae's installation was probably the best one I ever attended. They had a cocktail party before the installation at one member's home, then a full installation with dancing and live music, then a breakfast party at the President's home until the wee hours of night.

Here are the clubs I've visited so far.

- April 23—Bayview Hunters Point Lions: I was the program for the night. I had to dance to get my club Bell back. They had their meeting in a police station. Low attendance, perhaps 3 –5 members, ideal for visiting shy dancer. No meals. I did the Hokey Pokey dance and got the bell back. Lion Gwen talked about moving one of their soup projects to inside the police station.
- May 14—SSF Golden Gate Lions: they meet in Shari's Restaurant. Listened to acupuncture doctor talk about stress reduction & using acupuncture to cure ailments. Even love making was covered! Lady was young & had suffered carpal syndrome before acupuncture. A couple members were given sample treatments. Meeting had normal guests in same room, but usually club has room exclusively. Convention was covered in discussion, too.
- May 28—Brisbane Lions: Meeting had about 90 in attendance, including District Governor, and took place in community center downstairs. Mexican food was served with cake & ice cream. Program was scholarships handed out to 20 students, totaling \$32,000. Students were going to a variety of colleges. Each student gave a brief statement, which was read by the emcee. A long time member, who is their chef, was recognized for his service.
- June 4—Belmont Lions: Lunch time meeting had 4 members in attendance. 22 members in club. Program was fundraising ideas. Club talked about Belmont Idol Talent Show, Golden Gate Fields Fundraiser - a Day at the Races, and a possible joint service project with San Mateo Lions serving BBQ at Redwood City Maple Street Shelter. Belmont Lions Stephanie, Elena, Leroy, and President Bill were in attendance. Lion Bill talked about how Belmont was participating in the Peninsula Special interests Symposium featuring Dr. Oz and would have a table there to promote membership. In talking about the Belmont Idol Talent Show, there was a concern over the fairness of the score card, that it didn't factor in real talent. One winner was considered primary on personality in his performance but was not a talented singer, per members in attendance. The girl that won was a pianist that composed her own music. There was a blind pianist that was talented but did not win because he could not engage the audience during his performance. The venue is a backroom with a wine cellar and mirrors at the Vivace Restaurant. The next talent show is September 28, 2013.
- June 4—Redwood Shores Lions: Evening



Long Tail Journey Continued from Page 8

meeting at community center. Home made food brought in by President. Perhaps 8-12 in attendance. Program included certificates and awards from convention, planning for officers installation, and discussion of a children's health fair by Sunset. One member handed out free shopping reusable bags with a company logo for attendees. Club won District contest for their scrapbook, which was full of events and projects the club did through the year.

- June 5—DC Host Lions: Lunch meeting was held at Sizzler. Cost under \$10. Attendance at about 10-15. Convention awards were displayed on chairs. Some members awarded certificates and recognition. Can't recall the program details at this writing.
- June 17—Peninsula Veterans Lions: meeting venue was a conference room in Veterans facility. Program was installation of officers and DG awards for President and Secretary. Topics discussed at meeting included change of time for one of their Tuesday meetings and their service project at Stanford concession stand for upcoming soccer match on June 29. 19 members and guests in attendance.



The San Francisco Premier Lions Club

Cordially invites you to the Installation of
Incoming President Lion Ryan Perez
and his team of officers for 2013-2014

Saturday, September 7, 2013
Grossman Hotel
380 South Airport Blvd., South San Francisco, CA 94080
No Host Cocktail: 6:30 P.M. Dinner: 7:00 P.M.
Dancing Until Midnight
Attire: Semi-Formal (Black Tie Optional)
RSVP BY AUGUST 15, 2013
\$ 55.00 PER PERSON
MAKE CHECK PAYABLE TO: SF PREMIER LIONS CLUB
ADDRESS: 14 LENOX WAY, SAN FRANCISCO, CA 94137
CONTACT PERSONS: LION RYAN PEREZ - ryanperez@hotmail.com
LION TERESITA DEGAMIO - teresita@sfpccl.com
LION ROSA LIBALO - rosalibalo@pacbell.net

NAME _____ CLUB _____
PHONE NUMBER _____ NO. OF GUESTS _____
CHOICE OF ENTREE (PLEASE INDICATE TOTAL QUANTITIES)
_____ GRILLED SALMON
_____ GRILLED CHICKEN PARMESAN
_____ LONDON BROIL
TOTAL AMOUNT ENCLOSED: _____

Know your 2013-14 PCL Presidents

Bay Area Special Olympics	Sharon Bagley
Belmont	Bill Fowler
Brisbane	Dave Crocker
Burlingame	Kevin Kielty
Daly City Gateway	Vivian Nagarro
Daly City Host	Greg Hart
Foster City	John Miller
Half Moon Bay	Cameron Jeffs
Menlo Park Host	Earl Fulk
Menlo Park Live Oak	Margaret Carney
Millbrae	Hardit Chaudhary
Pacifica	Shirlee Gibbs
Palo Alto Host	Nick Marinaro
Peninsula Special Interest	Eleanor Britter
Peninsula Veterans	Kevin Guess
Redwood City Sunrise	William Jackson
Redwood Shores	Virgil Sadsad
San Bruno	Alan Hafter
San Carlos	Carl Miller
San Mateo	Pat Hughes
San Mateo Metropolitan	Shelley Wu
SSF Golden Gate	Dr. Tina Manio
SSF Host	Bruce Tognetti

SFCCL Presidents will be named after SFCCL installation reveals who they are.



Lion John Gill Reports on Club Installations

I was only planning on attending San Bruno and perhaps one or two others. I got talked into attending a bunch more. Here is a brief account of the various club installations I attended.

San Bruno Installation: President Alan Hafter had his installation at Dominic's at Oyster Point. Program included a video of the Boys & Girls clubhouse the club remodeled and an encore of the award-winning Convention Amateur Skit, *Nothing Like a Dame*, San Bruno did at the Convention in May. Lion Coz was awarded Lion of the Year and outgoing President, Rick Dimitroff, gave out numerous certificates of appreciation to his officers and Lions who helped make his year successful. PDG Lion Ray Rosenthal was the installing officer.

Burlingame Installation: President Kevin Kielty had his second installation as a President at Burlingame Hall. Installing officer was IPDG Esther Lee. Officers were offered lit candles in a ceremony of installation.

Peninsula Veterans Installation: President Kevin Guess was installed at end of their normal meeting at the Veterans Center in Menlo Park. Installing officer was DGE Steve Picchi. Certificates of appreciation were handed out to Wayne Okeson and Kevin Guess by the DGE for serving as Secretary and President, respectively.

Millbrae Lions Installation: President Hardit Chaudhary had his installation at Green Hills Country Club. Prior to the installation event, there was a cocktail party at Millbrae Lion Lori's house with lots of appetizers like shrimp and other party goods, and bar. The installation itself featured dinner and dancing. At the end of the installation, President Hardit offered breakfast and champagne at his home for installation guests until the wee hours of the night. Scrambled eggs, potatoes, sausage, fruit,

pastries, coffee, and champagne were offered. Lion Lori Kalos-Gunn was awarded Lion of the Year.

Bay Area Special Olympics Installation: President Sharon Bagley had her installation at Terrace Café at the El Rancho Inn. Installing Officer was PDG Ken Ibarra with PDG Lion Ray Rosenthal assisting. Two new members were inducted, including Special Olympics gold medalist, Trevor Wilson. Lion Rosalind Castillo was awarded the Don Stanaway Fellow, BASO's equivalent of Lion of the Year. Outgoing President Chis De Carpio offered numerous certificates of appreciation for Lions and clubs that helped make his year successful.

San Mateo Installation: President Pat Hughes had her installation at Van's in Belmont. Room was setup in Red, White, and Blue for an All American theme. Officers were given masks and other party necklaces to wear when being installed. Installing Officers were the original three Guiding Lions of SMLC: Jim Bigelow, PDG Ray Kliever, and PDG Al Russell. Outgoing President John Gill offered numerous certificates of appreciation for Lions that helped make his club Top Club of the District. Lion Michael Chan IPP was awarded Lion of the Year, with plaques offered to Lions of the Quarters: Margaret Baggerly, Pat Hughes, Michael Chan, and Associate Member, Macy Mak Chan. Pres. John also honored PDG Lion Ray Rosenthal and Michael Chan with a special leadership mentor award with a personal inscription that read: *"As Lions we serve to improve the lives of others. Sometimes we get a chance to improve the life of a fellow Lion. Thank You for inspiring this Lion to improve his life through his growth of becoming a leader."*

I'll be attending a few more installations in July, August, and September. If your club had one I didn't attend, please send in a recap if you want to share with the District.



Lion Alison Wilson Reports on Save a Life Conference

Community volunteers and leaders from the Greater Bay Area joined forces on June 8, 2013 to discuss and formulate strategies at a cutting edge Humanitarian Children First Conference. The conference focused on the various ways to protect our children, who are the key to our world's future. Topics included education, health, and the quality of life of our children. Empowering our children creates an educated workforce for the future, a healthy community and directly impacts our economy. Together we can make an actionable and positive difference in the world. Please check out photos of the event on <http://lions4c4.org/Videos/SaveALifeJune82013/SlideShow/mywebalbum/index.html>.

The Bay Area Lions thank the Lions Clubs International District Governors Bob Wilson, 4-C4; Bob Ferber, 4-C6; Don Ki-ang, 4-C3; and Benjamin Anderson, 4-C2 for your vision and dream of the Children First Conference - Save A Life as an Area 2 event, the first in the State of California and the United States of America.

This event was dreamed of in Busan, Korea in 2012.

Thank you Council Chair, Liz Crooke and the Multiple District 4 for supporting and encouraging this dream.

Thank you to the Speakers and Exhibitors for their gener-

osity. Thank you to our keynote speaker Darian Rodriguez Heyman, former Executive Director of Craigslist Foundation, Co-Founder of Social Media for Nonprofits. Thank you to our informative speakers John Schroeder, retired Superior Court Commissioner of Santa Clara County Superior Court, Executive Director of The Lions Eye Foundation of California-Nevada, Inc.; Dr. Enoch Choi, Urgent Care Physician Palo alto Medical Foundation; Lily Mei, Trustee of the Fremont Unified School District; Dr. Arthur Dover, Pediatrics and Specialist in Travel and Tropical Medicine; and Jean Westcott, Gary Wong, Jan Valtr Jr., Jack Van Etten, Ken Ibarra, Alex Huang, William Arnold, Chris De Carpio, and Trevor Irwin. We thank Walmart Global eCommerce for their generosity.



Morning Program		Afternoon Program	
Track 1 Quality of Life 10:15 AM - 12:15 PM Quality of Life is determined by many factors including: <ul style="list-style-type: none"> • Education • Health • Income • Social Support • Environment • Access to Services • Safety • Quality of Life 		Track 2 Health 1:15 PM - 3:15 PM Health is a complex quality of life <ul style="list-style-type: none"> • Access to Services • Income • Social Support • Environment • Safety • Quality of Life 	
Track 3 Education 10:15 AM - 12:15 PM Education is a complex quality of life <ul style="list-style-type: none"> • Access to Services • Income • Social Support • Environment • Safety • Quality of Life 		Track 4 Environment 1:15 PM - 3:15 PM Environment is a complex quality of life <ul style="list-style-type: none"> • Access to Services • Income • Social Support • Environment • Safety • Quality of Life 	
Networking 10:15 AM - 12:15 PM Networking is a complex quality of life <ul style="list-style-type: none"> • Access to Services • Income • Social Support • Environment • Safety • Quality of Life 		Networking 1:15 PM - 3:15 PM Networking is a complex quality of life <ul style="list-style-type: none"> • Access to Services • Income • Social Support • Environment • Safety • Quality of Life 	

Pictures Top to Bottom: 1. The 4 participating District Governors 2. DGE Steve Picchi, DG Skipper Bob, and 1st VDGE Vincent Lipinski 3. Audience overview 4. Liz Cooke with Keynote Speaker, Darian Rodriguez Heyman



Club Installation Photos



1. San Bruno Lions with President Alan Hafter 2. Burlingame Lions 3. Millbrae Lions 4. Bay Area Special Olympics Lions with President Sharon Bagley 5. San Mateo Lions 6. San Bruno Convention Skit Encore 7. Millbrae Lions President Hardit Chaudhary & First Lady 8. San Mateo Lions President Pat Hughes





Club Installations



Peninsula Special Interest Lions Club

Continually invites you to its

2nd Annual Installation of Officers

at 5PM

Foster City Recreation Center – Lagoon Room

650 Shatt Blvd.

Sunday, July 28, 2013

Organic Wines and Appetizers at 1:00 pm

Lunch at 2:00 pm

Program, Music and Raffle to follow

Come celebrate with Lion President Davina Collins, as she passes the gavel to the new president. Lion Davina has brought the best to PSILC and she will be honored for her amazing service

Installing Officer

District Governor Elect, Steve Picchi

Officers: Dr. Sherrill Smith - Vice President, Dr. Chris Collier - Secretary, Linda Miley - Treasurer, Jeff Brier - Entertainment, Scott Nease - 1st Pastmaster, Lily Ho - 2nd Pastmaster, Dr. Alvin Chao - Chairman, Cheryl Kibben - Director, Lisa O'Brien - Immediate Past President, Dennis Sapp

Make checks payable to: PSILC

Provide check RSVP no later than **Monday, July 22, 2013**

Send to:

Name of attendee(s):

Lion Bill Brown, Treasurer

Where: Email:

151 Hying Court Rd.

Enclosed is my check for \$_____ which represents

1 Adult City, CA 94014

payment for _____ people @ \$50.00 per person

A LEGACY OF HEALTH, WELLNESS AND EDUCATION



INSTALLATION OF OFFICERS

Come, join us on

Friday, August 23, 2013

at the

Basque Cultural Center

599 Railroad Avenue, South San Francisco, CA 94080

Dinner: 7:00 PM

Program and Dancing to Follow

Cost per person: \$50.00

For reservation and information, please call

Lion Thelma M. Ajero

Lion Yollie Cayabyab

(650) 238-8276

(650) 755-9690

thel.ajero@gmail.com

ycayabyab@yahoo.com

Please reply by August 15, 2013

San Francisco Host Lions Club

780 Beechwood Drive, Daly City, CA 94015

Name _____ Best Fish Chicken _____ Name _____ Best Fish Chicken _____

Name _____ Name _____

Enclosed is my (our) check in the amount of \$_____ made payable to San Francisco Host Lions Club confirming my (our) reservation. I am sorry, I cannot attend your installation but please accept my donation of \$_____ made payable to San Francisco Host Lions Club.



Bayview Hunters Point Lions Club Presents...

Installation of Officers 2013/2014

Place: Sinbad's @ Pier 2 San Francisco, CA

Date: August 15, 2013 Thursday

Time: No Host Cocktails @ 6:00 pm

Dinner @ 7:00 PM

Price: \$55.00 per person

Please make checks payable to Bayview Hunters Point Lions Club

Name _____ Number Attending _____

Phone _____ Email _____

Club Affiliation _____

Send To: Lion Steve Hoyer 6 Lindsay Circle San Francisco Ca 94124

(415) 550-0948



South San Francisco Golden Gate Lions Club



Installation & Dinner Dance Dance Dance

Saturday, August 31, 2013

Crown Plaza Hotel

San Francisco International Airport

1177 Airport Blvd, Burlingame, Ca 94010

Donation: \$55.00 Prepaid

\$65.00 Pay at the Door

Time: 6:00 PM to 12:00 Midnight

Attire: Semi-Formal

Music: DJ Exodus



For Information Please Contact:

Lion Faye Pohre: 650-720-1441

Lion Dr. Tina Manio: 415-846-6425

Lion Fele Mele: 415-699-1695





PCL & Club Installations

WHAT'S IN YOUR Medicine Cabinet & Cupboard?

Peninsula Special Interest Lions Club Presents
Urgent Care For Everyday Health

Tuesday, September 17, 2013 6:00pm - 8:30pm
Foster City Recreation Center, 850 Shell Blvd., Foster City, CA 94404
\$35 per person (includes a light dinner)
Proceeds will fund PCL & PCL-USA projects for schools and the community.
415-378-6308

Come and hear the experts break down complex issues and map out easy steps that's easy to understand, apply, and follow. You will soon be on your way to health, wellbeing, abundance, peace, and joy.

Set the Tone. What you use from your medicine cabinet and your cupboard often determines the tone of your day.

Be Mindful. What you use also determines your longevity, quality of life, and your ability to fight infectious diseases.

Laugh More. Strong emotional and attitudinal health has everything to do with your physical health.

ALL FLYERS AND INSTALLATION
PDFs CAN BE DOWNLOADED
FROM THE WEB AT:
www.lions4c4.org/events.html



**San Carlos Lions Lobster Feed
For Lions & Families of Lions**
Tickets: \$35



September 30th 4:00 pm
Laureola Park, San Carlos
503 Old County Road (3rd driveway
south of Old County/Holly Street
intersection)

Raffle Prizes, Bocce Ball

For Tickets Call 650-450-0990 or
email sam@gene.com
Before September 23th

4:00 p.m. No Host Bar
5:00 p.m. Lobster Feed Dinner

Proceeds to Benefit the San Carlos Lions Administrative Fund
www.sancarloslions.org



LIONS CLUBS INTERNATIONAL
District 4-C4

SAVE THE DATE SAVE THE DATE SAVE THE DATE

MONDAY SEPTEMBER 9, 2013 (MID-AFTERNOON)

SAFE FOOD HANDLING SEMINAR



The Bay Area Chapter of the American Red Cross, in partnership with Lions District 4-C4 is hosting a free 2 hour "Safe Food Handling" seminar on the afternoon of Monday, September 9, 2013, at the Red Cross Facility, 1710 Trousdale Drive, Burlingame.

All District 4-C4 Lions Clubs are encouraged to send a Lion from their Club who is responsible for overseeing food handling and preparation. If your club handles food, prepares food (and) or serves food to the public.....you won't want to miss this class.

To reserve a seat in the class for your club, contact Lion Jack Van Etten, District Disaster Preparedness Chairman at "disasterpreparedness4c4@gmail.com". Additional details will be provided to all class participants by September 1, 2013.

New Location!

MILLBRAE MACHINES

All Cars, Trucks, and Motorcycles are welcome.

Saturday, August 17th, 2013

8:00am - 3:00pm

Gates open at 7am

On Broadway Between Taylor Blvd. and Victoria Ave.

NOTE: NEW LOCATION

**see map on reverse side*

Registration Cost: \$40.00

Registration includes:

- 2 meal tickets
- Dash plaque
- Goodie bag
- T-Shirt
- Picture of you and your car

Presented by Millbrae Lions Club

*Remit payment to Millbrae Lions Club, 917 North Amphlett Blvd., San Mateo, CA 94401
Questions: email Anthony at lions.millbraemachines@gmail.com

Name: _____ Shirt Size: _____
Address: _____
Email: _____ Phone: _____
Year: _____ Make: _____ Model: _____
Car Club Affiliation: _____

Millbrae Lions Club is a registered nonprofit 501(c)(3) organization. Neither it nor its officers, directors, or members shall be liable for any loss or damage to or loss of the vehicles, display, and/or exhibits or to any person, animal, or property, and the exhibitor shall and they jointly make any and all claims for the same. Signed and dated at _____, the exhibitor agrees to grant the Millbrae Lions Club or its members, the use of their names and pictures of the vehicle for publicity, advertising, and educational purposes.

Signature: _____ Date: _____



District & Club Photos



1. Foster City Lions having fun with paper airplanes contest 2. SF The Castro Lions incoming President Gary Nathan receiving transfer of Bell 3. SF Host presented with Certificates for International Relations & Joint Activities Contests. 4. Peninsula Council of Lions June Meeting 5. BASO welcomes two new members, Steve Ballone & Special Olympics Gold Medalist, Trevor Irwin 6. San Mateo Lions presented with Top Club Trophy by Contest Chair, DC Host Lion Denise Kelly



Farewell to 2012-2013—Year in Review Photos





Farewell to 2012-2013—Year in Review Photos





Farewell to 2012-2013 - Year in Review Photos





Message from 2nd VDG Jack (continued from page 2)

rently have. So, this year, please make it a goal and a priority in your club to increase your membership.

Save the date of September 9, 2013, in the afternoon. Our Partner, the American Red Cross, will be offering a "Safe Food Preparation and Handling Class" in Burlingame. Every club is encouraged to send 1 Lion from your club to attend this "Train the Trainer" class. Cost is free and following the class, the Lions will be hosting a BBQ of hamburgers, hot dogs, etc., to all Lions and Red Cross Volunteers - you don't have to attend the class to attend the BBQ. To reserve a seat in the class or to attend the BBQ, please email your name, club name and phone information to me at: disasterpreparedness4c4@gmail.com. Also, I just received a grant for 2 additional AEDs (\$4,000.00). That makes 6 AED's for our district and I'm working to obtain 3 more, so we can have AED's in each of our 9 zones for use at Lions or other related events.

I'm looking forward to working with our new Lions District Governor Team, Governor Elect Steve Picchi, 2nd Vice Governor Elect Macy Mak Chan and all of the Lions on Steve's Cabinet Team. We're all looking forward to a great and prosperous year, supporting the great Lions and the great Lions Clubs in District 4-C4!

Quote of the month: "If you fail to prepare, your prepare to fail"- **Winston Churchill.**

As always, thank you and God bless **YOU** for your unselfish commitment to serve those who need our help and assistance; and please never forget the fact that through **YOUR** efforts as a Lions Club Member, you **DO** make a positive difference in the lives of those in our communities, our district, our nation and our world!

Lion Jack Van Etten, 2nd Vice District Governor

"To Protect and To Serve" thru Proven Leadership, Experience and Personal Integrity





Know your 2012-2013 District 4-C4 Cabinet Officers

District Governor	First VDG	Second VDG	IPDG
Robert "Skipper Bob" Wilson	Steve Picchi	Jack Van Etten	Esther V. Lee
Brisbane	Half Moon Bay	Burlingame	SF Marina NB
Secretary	Treasurer	Executive Director	Executive Coordinator
Marian Mann	Toni Nava	Lydia Taylor-Bellinger	Vilma Lopez
DC Host	Burlingame	SF Merced Heights	SF Latinos Unidos
Chaplain	GLT Chair	GMT Chair	Newsletter Editor
PDG George Habeeb	PDG Ken Ibarra	Erik Winkler	John Gill
Millbrae	San Bruno	Burlingame	San Mateo
Tail Twister	Region 1 Chair	R1 Zone 1 Chair	R1 Zone 2 Chair
Stephen Armbruster	Augusto Valera, Jr. MD	Carl Tebell	Ruffino Ramos
Pen Special Interests	SF Fil-Am	SF The Castro	SF Latino Unidos
Region 2 Chair	R2 Zone 1 Chair	R2 Zone 2 Chair	Region 3 Chair
Roger Gulen	Connie Bridgewater	Gwen Strain	Kevin Kielty
SF Host	SF Ocean-Ingleside	SF Bayview Hunters Pt	Burlingame
R3 Zone 1 Chair	R3 Zone 2 Chair	Region 4 Chair	R4 Zone 1 Chair
Emmanuel Paje	Amy Fink	Cindy Smith	Elaine Borland
SF Host	BA Special Olympics	San Carlos	San Mateo
R4 Zone 2 Chair	R4 Zone 3 Chair		
Jennifer Chen	Ken Harker		
San Mateo Metro	Palo Alto Host		

Check out Lions Clubs Resources NOW on the Web found at <http://www.lions4c4.org/resources.html>.

Meet your District Leaders, Check out your Region and Zone Chairs at <http://www.lions4c4.org/leadership.html>

Check the District website for the Governor's visitation schedule.



Know your 2012-2013 District 4-C4 Lions Club Presidents

PCL Lions Club

BA Special Olympics
Belmont
Brisbane
Burlingame
Daly City Gateway
Daly City Host
Foster City
Half Moon Bay
Menlo Park Host
Menlo Park Live Oak
Millbrae
Pacifica
Palo Alto Host
Peninsula Special Interest
Peninsula Veterans
Redwood City Sunrise
Redwood Shores
San Bruno
San Carlos
San Mateo
San Mateo Metropolitan
SSF Golden Gate
SSF Host

PCL President

Christopher De Carpio
William Fowler
Walter Long
Kenneth Ingram
David Hoffman
John Warren
Martha Sandy
Robert Placek
Earl Fulk
Margaret Carney
Ronald Frediani
Shirlee Gibbs
Roger Stroud
Davina Collins
Kevin Guess
PDG Pat Battaglia
Anselmo Madrinan
Rick Dimitroff
Cindy Smith
John Gill
Shelly Wu
Felicidad Mele
John Prouty

SFCCL Lions Club

SF Bay Area New Century
SF Bayview Hunters Point
SF Chinatown
SF Circle
SF Fil-Am
SF Geneva/Excelsior
SF Highlands
SF Hispanic
SF Host
SF Korean American
SF Latinos Unidos
SF Marina North Beach
SF Merced Heights
SF Nikkei
SF Ocean/Ingleside
SF Park Presidio - Sunset
SF Premier
SF State University Campus
SF The Castro

SF President

Gina Tse
Fenton Baptiste
Patrick Auyeung
Benvienido Balaba
Helen Marte
Robert Quinn
Evangeline Roberts
Hernan Alvarez
Rodolfo Mercado
Peter Chun
Jose Luis Cevallos
Rolly Mungues
Lydia Taylor-Bellinger
Edward Silva
Constance Bridgewater
Paul Kozakiewicz
Teresita Degamo, MD
Michael Quill
Troy Brunet

Know your 2013-2014 District 4-C4 Incoming Officers

District Governor—**Steve Picchi**

1st Vice DG—**Jack Van Etten**

2nd Vice DG—**Macy Mak Chan**

Secretary—**Lydia Taylor-Bellinger**

Treasurer—**Rich Lee**

Executive Director—**Rich Picchi**

Bulletin Editor—**John Gill**

Region 1 Chair—**Yvonne Kantola**

R1 Zone 1 Chair—**Helen Marte** = SF Geneva
Excelsior, Korean American, SF Host, Nikkei, Chinatown

R2 Zone 2 Chair—**Leland Lee** = SFBA New Century, Hispanic, Marina NB, Park Pre Sunset, Castro
Region 2 Chair—**Ora Seyler**

R2 Zone 1 Chair—**Margaret Lee** = Hunters Point, Circle, Fil Am, Highlands, Latinos Unidos

R2 Zone 2 Chair—**Ron Mercado** = SF Merced

Heights, SF Ocean Ingleside, SF Premier, SF State
Region 3 Chair—**Larry Verna**

R3 Zone 1 Chair—**Deborah Kielty** = Brisbane, DC
Gateway, Millbrae, Pacifica, SSF Golden Gate

R3 Zone 2 Chair—**Verdie Thompson** =
Burlingame, DC Host, San Bruno, SSF Host, BASO
Region 4 Chair—**Amy Fink**

R4 Zone 1—**Martha Sandy** = Belmont, Foster City,
SM Metro, San Mateo, Half Moon Bay

R4 Zone 2—**Jun Madrinan** = San Carlos, PSI,
RWC Sunrise, Redwood Shores

R4 Zone 3—**Jim Bigelow** = Menlo Park Host,
Peninsula Veterans, Palo Alto Host, MP Live Oak
GLT—**PDG Ken Ibarra**

GMT—**Erik Winkler**

July 21, 2013 Installation



SAN CARLOS LIONS CAR RAFFLE
Win A 2014 Mustang for \$100!



Drawing Held
 Sept. 15, 2013
 at
Starbucks
 Foster City
 For Tickets Call
 (650) 997-1777
 OR
 Send a Check to P.O. Box 94
 San Carlos, CA 94070
 Include your NAME, PHONE
 and ADDRESS



Mark Your Calendar



Important 4-C4 Dates

Plan For The Following

- *SF Geneva-Excelsior Annual Installation: July 17, 2013...*
- *District 4-C4 Annual Installation: July 21, 2013....*
- *Burlingame Lions Car Show: July 27...*
- *Redwood Shores Annual Installation: July 27...*
- *Peninsula Special Interest Annual Installation: July 28...*
- *SFC Council of Lions Annual Installation: August 4...*
- *SF Bayview Hunters Point Annual Installation: August 15...*
- *SF Host Annual Installation: August 23...*
- *San Carlos Lions Lobster Feed: August 24...*
- *SSF Golden Gate Annual Installation: August 31...*

LIONS VETERANS CHARITIES, INC. NEEDS YOUR HELP!
 WOULD YOU CONSIDER SUPPORTING OUR 501(c)(3) NON-PROFIT ORGANIZATION?



Lions Veterans Charities, Inc. provides:

- * All expenses paid fishing trips & luncheons for VA hospital patients
- * Supplies to the USO/SFO & USO/Travis AFB
- * One-hour FREE phone calls for U.S. Troops overseas to call home
- * Packages to our U.S. Troops serving in the Middle East
- * Special veterans activities and support via submission by other groups and organizations

For more information on how to donate financially or to volunteer your time, please contact:

Roger Chinn, Executive Director
 Lions Veterans Charities, Inc.
 833 Constitution Drive
 Foster City, CA 94024
 650.345.2877
 roger@lionsveteranscharities.com



Lions Veterans Charities, Inc., is a registered tax-exempt organization under Section 501(c)(3) of the Internal Revenue Code. Your gift, for which no goods or services were exchanged, is tax deductible to the full extent of the law.

Thank You to our Photographers in this issue...

Lions Erik Winkler, Michael Chan, Fenton Baptiste, and PDG Ken Ibarra. Thank You to club photographers sharing photos on your respective club pages or groups—Foster City Lions, San Bruno Lions, BASO, and SF Host Lions.

FULL S.A.I.L. AHEAD..

Lion John Gill ~ 4-C4 Newsletter Editor
1026 Tenth Avenue
San Mateo, CA 94402

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LIONS ETHICS

TO SHOW my faith in the worthiness of vocation by industrious application to the end that I may merit a reputation for quality of service.

TO SEEK success and to demand all fair remuneration of profit for my just due, but to accept no profit or success at the price of my own self respect lost because of unfair advantage taken or because of questionable acts on my part.

TO REMEMBER that in building up my business it is not necessary to tear down others. To be loyal to my clients or customers and true to myself.

WHENEVER a doubt arises as the right or ethics of my position of action towards my fellow man, to resolve such doubt against myself.

TO HOLD friendship as end and not a means. To hold that true friendship exists not on account of the service performed by one to another, but true friendship demands nothing but accepts service in the true spirit in which it is given.

ALWAYS bear in mind my obligations as a citizen to my unswerving loyalty in word, act as deed; to give them freely of my time, labor and means.

TO AID my fellow man by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy.

TO BE careful with my criticism and liberal with my praise. To build up and not destroy.

LIONS OBJECTIVES

TO CREATE and foster a spirit of "GENEROUS CONSIDERATION" among the peoples of the world through a study of the problems of international relationship. **TO PROMOTE** the theory and practice of the principles of good government and good citizenship.

TO TAKE an active interest in the civic, social, and moral welfare of the community.

TO UNITE the members in the bonds of friendship and mutual understanding.

TO PROVIDE a forum for the full and free discussion of all matters of public interest, partisan politics and sectarian religion alone excepted.

TO ENCOURAGE efficacy and promote high ethical standards and professions: provided that no club shall hold out as one of its objects financial benefits to its members.

WE'RE ON PINTEREST! CHECK OUT ALL EVENTS AT <http://pinterest.com/Lions4c4/>