



LIONS DISTRICT 4-C4



We Serve - San Francisco to Palo Alto - April 2010

PCL Police and Firefighters Awards Banquet

Excitement and anticipation was in the air on Friday, March 26th 2010 as Lions, dignitaries, Police Officers, Firefighters & guests flooded the Crowne Plaza Hotel in Foster City for the 45th Annual Police and Firefighters Awards Banquet. This elegant affair was the crowning achievement for the Peninsula Council of



Lions during this 2009-2010 term, and every seat was filled, with 80 on the waiting list.

This influx of attendees was not only to support our heroic Police & Firefighter awardees, but also due to great interest in the evening's guest speaker: former U.S. Secretary of State Condoleezza Rice.

Ms. Rice gave an inspiring talk which centered on pride in our country and her desire to honor Police & Firefighters who selflessly give of themselves. As a firsthand

witness to the events on September 11, 2001 she told of her admiration for the Police & Firefighters who selflessly

searched for days in the Pentagon rubble. The Pentagon had always been a symbol of our country's military strength, and after 9/11 the urgency and concern in Washington made every day thereafter September 12th. Now as retired U.S. Secretary of State she can get up in the morning, look at the newspaper and not have to do anything about the news she reads.



All those who witnessed this glorious evening enjoyed themselves and were thoroughly impressed with the Lions who took the time to put this event together while making it all look so effortless. Much appreciation goes out to everyone who helped including those who worked so hard behind the scenes.

Lion Paul Larson, PCL Bulletin Editor



Bay Area Special Olympics Lions Club Charter Night Weds, May 26, 2010 Charter Presentation by Immediate Past International President Al Brandel. Basque Cultural Center, South San Francisco. More details in the Calendar, page 2.



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Winner:	Car or	Ticket Sold by:
Ariba Davis-Everett	\$10000	SF Merced Heights Lions
Lovell Davis	\$4000	SF Ocean Ingleside Lions
Freddie Clark	\$1000	SF Merced Heights Lions
Barbara Bass	\$500	Menlo Park Host Lions
Jean Bennett Jr	\$100	Pacifica Lions
Javier Ochoa	\$100	SSF Golden Gate Lions
Betty Torres	\$100	San Carlos Lions
Feli Mele	\$100	SSF Golden Gate Lions
Steven Fleming	\$100	SF Merced Heights Lions
Jeanette Dinkim	\$100	San Bruno Lions
Edward Walsh	\$100	SF Sunset Lions
Karen Osdy	\$100	SF Ocean Ingleside Lions
Tajonay Odom	\$100	SF Merced Heights Lions
Dolores	\$100	SF Geneva-Mission Lions

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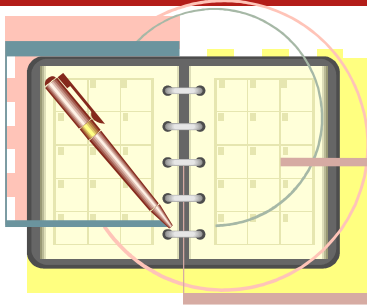
\$50 Winners List on page 9



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2009-2010 CALENDAR

April 25 - **SF Hispanic Latino Spring Month Dance** - 1pm St. Finn Barr Church, 415 Edna St, San Francisco, Live Music, Raffle, More!, \$20 donation, send check to: S.F.H. L.C -1511 Cajon Ct. Antioch, Ca. 94509

April 26 - **Peninsula Council Meeting - Hosted by Half Moon Bay Lions** - Portuguese Cultural Center, 724 Kelly Street, Half Moon Bay. 6:15pm. \$25. RSVP by April 19 to Lion Mario Benavente, (650) 892-2202

April 30 - **4C4 District Finals, Student Speaker Contest**, 7pm, Foster City Library Community Center, 1000 E. Hillsdale, Foster City, Ca.

April 30 - **SF Bayview Hunter's Point Youth Talent Show** - 6pm, Bayview Opera House, 4705 Third Street, San Francisco, \$5 in advance, \$7 at door. RSVP Lion Alpha Buie (415) 756-9371, Steva Haye (415) 505-7714

May 1 - **SSF Host Kentucky Derby Day Cocktail Party Y&C Fundraiser**, 12:30pm 529 Eucalyptus Ave, South San Francisco, \$25. RSVP to Lion Theresa Garcia (415) 309-8173 or teribear.garcia@sbcglobal.net

May 1 - **SF Marina North Beach Casino Fundraising Trip** to Feather Falls Thunder Valley - \$25 inc snacks and casino \$20 refund. Lion Diana Garcia (650) 583-1375 labolitamagica@hotmail.com

May 6 - **San Carlos Spring Fiesta** - (Meet new members & spouses, guests welcome) 5:30pm The Cantina, 1037 Laurel, San Carlos. Food Fun Fellowship, \$25 adults, \$10 children. Info Sam Nervino. (650) 592-3804

May 17 - **Peninsula Council Meeting - Hosted by Millbrae Lions** - El Rancho Terrace Café, Millbrae. \$25, No Host Cocktails 6:15p, Dinner 7:15p, RSVP by May 10 Lion Mario Benavente: (650) 892-2202 mxbdd@aol.com

May 20-23 - Magical Mystery Tour - District 4C4 Convention, Red Lion in Sacramento. Details page 4

May 21 - **Redwood Shores Lions Night at the Opera Fundraiser Dinner** - Twin Pines Senior and Community Center, Belmont. \$50. Contact Laura Guluzzy (650) 637-2976

May 26 - **BAY AREA SPECIAL OLYMPICS LIONS CLUB** Charter Night - Basque Cultural Center, South San Francisco. 6:00pm No-Host Cocktails, 7pm Dinner. \$35/person. Business attire. Checks Payable to BASO Lions, c/o Amy Fink, Charter President, 100 Lucia Court, San Bruno, 94066. Business Attire. Menu choices: Chicken, Fish, Vegetarian Info: BASOLions@yahoo.com

June 6 - **San Carlos "Parade Your Pride" Car Show** - contact Ginger (650) 400-2601

June 9 - **SF The Castro 25th Anniversary Celebration** - 5pm, The Green Room, Veterans Building, 401 Van Ness. Cocktails and dinner. (415)-90LIONS

June 11 - **SF The Castro Project Homeless Connect** - Bayview. Save the Date!

June 12 - **4C4 President-Elect Training Seminar** - 9am to 3pm. Save the Date!

June 19 - **4C4 Club Officer Training Workshop** - 9am to 1pm, Millbrae Recreation Center, 477 Lincoln Circle, Millbrae. Save the Date!

June 19 - **Millbrae 73rd Installation of Officers** - Clarion Hotel, Millbrae. Save the Date!

June 26 - July 10 - **Tour to International Convention in Australia** - Contact Amy Fink (650)624-8252

June 29 - **MD-4 Caucus Breakfast** for those going to the International Convention, Info: 1st VDG Mike Simonini.

Aug 15 - **District 4C4 Installation of Officers** - Save the Date

Sept 11 - **Lions Eye Foundation of California-Nevada Gala Dinner Dance** - Hyatt Regency SFO in Burlingame, Keynote by Lions International President Sid Scruggs 2010-2011. Info: PDG Maxine (650) 991-0754

Sept 19 - 25 - **Pacifica Lions Cruise for Sight IV** - \$30 per person goes to Lions Eye Foundation. Deposit Due April 20. Contact Kathy Dedini, (650) 355-5110



LIONS DISTRICT 4-C4



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FROM THE DISTRICT GOVERNOR

Just when you were hoping things would slow down a bit before Convention, April turns up with some blockbuster events.

The month started off with two major fund-raising events, the Miss Teen Chinatown Pageant and the Y&CA Raffle Drawing, both on a crowded Saturday night in SSF.

Amy and I took in both well-attended offerings and enjoyed sharing in the success. Congratulations to Lion President Grace Chang and the SF Chinatown Lions Club for again organizing and presenting a very professional and elaborate Miss Teen Chinatown Pageant.

In addition, I wish to offer my strong compliments and praise to Lion Frances Tolosa and the Y&CA Team for organizing a very successful raffle contest and a fine raffle dinner drawing. Unfortunately, Amy didn't win anything this year, but we are all grateful to the efforts of those clubs that helped raise over \$130,000 for their communities.

After that one evening early in April, things did slow down a bit. We completed our official visitations and I personally visited a few clubs with the honor of inducting new members. Yes, there was considerable time organizing the new club in town, the Bay Area Special Olympics Lions. In addition, I know the Convention Committee was ramping up their efforts as the registration deadline neared and final plans were anxiously being completed. And then there are the Lions who worked tirelessly on the SF Council's Peace Officer and Firefighter's Awards who are also to be honored for producing a wonderful and memorable event. Kudos to Lion Helen Marte and the SF Coordinating Council of Lions.

However, although those events were special and worthwhile, there were two occurrences in just the last week that really affected me. One was heartbreaking, yet poignant, and the other was emotional, yet invigorating to what the future had in store. On Monday, April 19 I attended the funeral of Lion Denny Macatiag, the longtime stalwart of both the Fil-Am and SF Host Lions



Clubs. Lion Denny led a full and productive life with his lovely wife Mely - a life of service. The man saved lives in many ways. As a surgeon, he saved and transformed lives with adept skill and compassion. As a Lion, he saved lives as a volunteer and built friendships with the same compassion. Lion Denny epitomized the role of being a Lion. He was caring and passionate and always conveyed a spirit of generosity and friendship. His passing, although tragic and heart-felt, alerted me to do what I can and must do to emulate his spirit. Rest in peace Lion Dr. Denny.

The second emotional event I attended was just a week or so ago - my very first Special Olympics experience. To say I was overwhelmed would be a significant understatement. Let's just say that I immediately was enthralled with cheering on the competitors, as they passed by at various speeds. The fact that there were intellectually disabled athletes of many ages, enthusiastically competing with spirited enthusiasm that most people would not understand, only made me tear up even more. However, the best experience is at the finish line. This is where accomplishment, joy and friendship become one amongst total strangers. The finish

line at a Special Olympics event - where the best part of finishing is having someone to celebrate and take a photo with.

Yes, April started out with a bang and tapered off for a couple weeks, but what I experienced on April 18th and 19th, I will hold on to forever. I'll see you at Convention,
DG Ken



FROM THE 1st VICE DISTRICT GOVERNOR

Calling All Lions.

Please if you have not already sent in your reservation for our



District Convention please do so. The Convention is going to be a great one. New Hotel (well almost) the RED LION, on Arden Way next to the shopping center, most of the Hotel has been remodeled. There's going to be plenty of things to do, a lot of fun things and if you want to know what kind of things you will just have to go. The convention committee has been working overtime to make this a GREAT Convention.

Now onto Lions stuff; Attention all clubs, The time for the PU 101s to filled out and sent in is here. LCI needs them, the District needs them and We need them. We need them so we get the District Directory out on time, we also want to know who all the new club officers are. We need to send out District information, Cabinet meeting dates etc.. (wish the name of the form wasn't PU)

The District Installation is going to be held on Sunday August 15th, 2010. Please keep that Date open, We want to see all of you there.

The word "WE" is going to be heard a lot this year

SEE YOU at CONVENTION

Service and Teamwork

Lion Mike Simonini

First Vice District Governor District 4-C4
650-697-6346 Home 650-520-5948 Mobile
Email: jsimvista@sbcglobal.net

FILE your PU-101 FORM ONLINE!

Lions Clubs - Please file your PU-101 as early as possible!

Instruction how to file PU-101 Online:

1. Log on to the Membership Reporting site

2. Click the Club link in the yellow bar
3. Click Club Officers
4. Click the drop-down box entitled "Lionistic Year" and select 2010-2011
5. Select the Title from the drop down list
6. Click the Officer's name in the list of members
7. Click the SAVE button



LIONS DISTRICT 4-C4



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Magical Mystery Tour

May 20-23, Red Lion Inn, 1401 Arden Way, Sacramento. Each club received a packet with convention forms, including registration for contests, hospitality suites, attendees, and a draft of the schedule. The theme is the **Psychedelic 60's**, so bring

those bell shirts out of mothballs and reconnect with your inner hippie. Don't miss the DG and VDG Elections, Amateur Show, International Food Fair, Barbershop Quartet Contest, Costume Parade, and Tail Twister Contest.

INFO: Convention Chair: PDG Al Russell 650-364-1318, arussell@cashincom,
Housing Chair: PDG Maxine Frazier, 650-991-0754, pdgfraz58@yahoo.com, and
Registration Chair CC Emil Kantola, 650-355-3526, lionkantola@gmail.com
Registration Forms available at the District 4C4
Website: www.lions4c4.org



Food Fair! DG Ken enjoys Brisbane Corn.



A rite of passage – the initiation of a President



Saturday At Convention

(Continued from March Newsletter)

If you survived Friday at Convention, then Saturday is sure to wipe you out. If you plan on traveling and having a relaxing time in a hospitality room, then you must be going to another District Convention because the 4C4 Convention is non-stop fun and entertainment, and yes, there may be water and food fights.

I'm usually lucky to get four or five hours of sleep on Friday night. Saturday starts early enough at 7:00am with a Gin Fizz Party hosted by the Burlingame Lions. It will be a bittersweet morning without Lion Paul Davis strolling around with his pitcher of Fizz – his spirit will live on.

By 8:00am we stagger to Breakfast. There is a peaceful atmosphere as PDG George and Helen Habeeb present the Memorial Service, honoring our Lion members who passed away during the last year. It is a beautiful and emotional tribute. The craziness returns with the Tail Twister Contest, as clubs compete to be even more foolish than the night before. Once decorum is restored, the Convention Meeting reconvenes with the District's Club Contest Awards – where we

soon find out who earns bragging rights to being called "Top Club."

Once the last trophy is awarded, we all scurry out to VOTE – then to hospitality.

By noontime, the hotel grounds are abuzz as everyone anxiously awaits the popular International Food Fair. This outdoor buffet, features free edible offerings from nearly 20 participating clubs. It is a wonderful display of social gastronomy. Once our bellies are full, a few clubs perform a tradition that spans many years – the initiation of the incoming club president. In some respects, it's an introduction to the District, but for most who witness the acts – it's a hazing. If you've never witnessed one, you'll be amazed at what can be done with food products.

Within an hour, we are settled down and cleaned up. The members are then treated to a special informal meeting with the visiting International Director. It is a unique opportunity to hear firsthand, the inner workings of LCI.

After the meeting with the ID we retreat to get changed into our finest attire, and then, you guessed it – cocktail party. The Governor's Cocktail Party is an elegant outdoor

affair with those of us decked out in gowns and tuxes – appropriately of course. It is the prelude to the Gala Banquet where yours truly and our Cabinet officers take our final bow.

As the outgoing District Governor, I'd be lying if I said that Saturday night at Convention is just another night with fellow Lions. For me, it



will be a culmination of a year's worth of fun and love – a year I will never forget.

Oh yeah, after the Gala Banquet and the speeches, we'll all scurry to – you guessed it – hospitality!

See you in Sacramento – DG Ken



LIONS DISTRICT 4-C4



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Rose Home / Project FIN

Greetings Lions. Last night at the monthly meeting for the San Francisco Council of Lions Clubs, we heard an amazing story from Lion Gwen of the Bayview Hunters Point Lions Club.

Lion Gwen is the executive director of the Rose Home and Project FIN (Families In Need). Every Wednesday and Friday, the Rose Home opens their doors to feed the homeless. When this project began, only a few of the homeless came to pick up food. Now, there is a long line that goes to the end of the block. The demand for food has now exceeded the supply.



Bayview Hunters Point Lion Gwen Strain gives a bag of potatoes to a family who said it should last them a half year.

Together, we can help make this situation better! You and your Club can help by donating food! Any type of food is welcomed. The homeless go to Rose Home to pick up a bag of food, so most types of food will be perfect! You can drop off the food between 9 am to 5 pm. Also, if you would like to drop off food after-hours, please call 415-647-1567, and the manager will be expecting you.

Contact: Lion Gwen Strain
Rose Home Address: 1221 Newhall Street,
San Francisco, Ca 94124
Phone: 415-647-1567 Hours 9am - 5pm

Email Gwen@projectfin.biz
Web Site www.projectfin.biz
Thank you so much for your generous support! The SF Council of Lions Clubs thanks you for caring and for giving.
~Lion Charissa
SFCCL Secretary 2009-2010

TENTATIVE (subject to change)

Convention Schedule

Wednesday, May 19

5:30pm Hospitality – Convention Chair

Thursday, May 20

10:30am Golf Tournament – Capitol City Course
4:00pm Hospitality – Convention Chair
7:30pm Welcome Dinner

Friday, May 21

8:00am Brandy Flip Party – Pacifica Lions
9:00am Continental Breakfast
10:00am 2010 Convention Opening
10:00am Partner In Service Social Hour
12:00pm Luncheon-Honor Club Presidents
12:30pm Barbershop Quartet Contest
1:15pm Convention Reconvenes
1:20pm Nominations for DG, 1stVDG & 2nd VDG
3:00pm Costume Parade Contest
5:30pm Candidates Cocktail Party
7:00pm Theme Banquet - Honoring ID Spencer
9:00pm Amateur Show Contest
11:00pm Tube Steaks – San Bruno Lions
11:00pm Hospitality Room Contest (judging)

Saturday, May 22

7:00am-11:00am *** Voting***
7:00am Gin Fizz – Burlingame Lions
8:00am Breakfast
8:45am Memorial Service
9:00am Tail Twister Contest
9:30am Club Contest Awards
1:00pm International Food Fair
2:00pm Initiation of Incoming Presidents
2:45pm Meeting with International Director
Neil Spencer
3:00pm Convention Activities Awards
5:30pm District Governor's Cocktail Party
7:30pm Gala Banquet – Honoring DG & Cabinet

Sunday, May 23

8:00am Buffet Breakfast - Ticket required

FROM THE 2nd VICE DISTRICT GOVERNOR



We had a wonderful weekend with the Lions of District 4-C1, a part of California we have not had a chance to visit. 4-C1 covers Mt. Shasta, Anderson, Foothill, Red Bluff, Trinity, Redding and more. Aren't we lucky that our area stretches from San Francisco to Palo Alto?

Past International President Bill Biggs, was their Guest Speaker. He spoke on "What's Right, What's Wrong and what are we going to do about it". He also did tail twisting which made the Convention more fun. I was very impressed by his participation. He guided DG Becki Stange, stayed for the whole Convention. He really got involved, and shared a very touching story about his father.

Their Convention differs a lot from ours except for the Food Faire where 19 clubs participate. They were so warm and friendly and we even met 3 Lions who actually were San Franciscans; the President of Paradise Lions even promised to attend our Installation. We did not venture outside the Hotel because of the tight schedule, breakfast 7am daily and meeting starts at 8am to 8:30 or 9pm, breaks being lunch and 5 minutes breaks, I asked to be excused for the First Nighters cocktails to be able to change for the Saturday Night Gala. Being guests of other Districts is so great because I'm able to pick-up projects or programs that would be good to adopt or ways to do things differently yet effective. We truly enjoy these visits and the friendships from the Lions we've met. Their stories as to why they joined the Lions are so interesting, from member whose life was saved by the Lions to a mother who was able to see her son for the first time after 18 years through a surgery provided by the Lions. They are so inspiring that it motivates you to do more as a Lion. Talking about Conventions, ours is happening very soon, don't forget to make your reservations! See you in Sacramento at the Red Lion Inn.

Lion Esther Lee, 2nd VDG District 4-C4



LIONS DISTRICT 4-C4



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MEET REGION 1 SOUTH - ZONE 2



Zone Meeting

By Zone Chair Lion Rosa Ebaló

Our Zone consists of 6 diverse but dedicated and loving Clubs: San Francisco (Host) Lions, Fil-Am Lions, Bayview Hunters Point Lions, San Francisco Premier Lions, San Francisco Circle Lions, and San Francisco Bay Lions. These 6 Clubs are diverse, some small but every Club unique, serving the needs of the community each in its own way.

Because of the nature of the City, which is composed of small neighborhoods, each Lions Club has tended to develop as small, local associations of dedicated people seeking to serve the needs of their very local neighborhoods. Bayview Hunters Point Lions Club is a proud example of this, focusing on the unique needs of their community.

For other Clubs, providing for needy families in the local area can be a valuable focus of a Club, if that is all they can do. Because of the economic hard times, each Club is striving to do its best to continue to serve and still make a contribution. One important community focus that almost all the Clubs of Zone 2 are involved in are Health Fairs in the local community.

Several of our Clubs are also reaching out and sponsoring Medical Missions and other Projects to the poor and indigent of the Philippines. For all the hard work and generosity that each of the six Lions Clubs of Zone 2 have provided, I am proud and thank them for all that they have accomplished this year.

Rosa Ebaló

San Francisco Fil-Am Lions Club

San Francisco Fil-Am Lions Club was chartered on June 2, 1971. The club has an active Leo Club, called the Gryphons Leo Club. Both the San Francisco Fil-Am Lions Club

and the Gryphons Leo Club continuously serve its community by providing health fairs, youth programs, senior citizen networks, fund raising events, and other charitable activities. Most of its current members are involved in the healthcare profession. The Club provides medical missions in the Philippines.

The Club has established long-term partnerships with other charitable non-government organizations in pursuit of a common goal, which is service. The Club meets every third Wednesday at 7:00 PM at Marie Callender's Restaurant in Daly City.



SF Fil-Am

San Francisco Host Lions Club

San Francisco Host is a member of the Lions Eye Foundation and the Lions-In-Sight. The Club's major yearly project is a Medical Mission to the Philippines. On the home front, the following projects are: Health Fairs, Feeding the Homeless, Peace Poster Contest, Flag Day, Collecting Used Eyeglasses, Recycling and Serving Seniors in different capacities. The Club's major fundraiser is the LYCA and the annual dinner dance. As of March, 2010 they have 39 members, 5 of which are life members, 16 Melvin Jones Fellows & 5 Progressive, 1 Progressive Helen Keller, and 4 Lions Eye Foundation Life Members.



SF Host Lions

Bayview Hunters Point Lions Club

Bayview Hunters Point Lions Club proudly serves the needs of the Bayview Hunters Point area. Among its many projects, the Bayview Hunters Point Lions Club sponsors and supports three service projects that make them unique: the Rose Home, Black History Month Program and The Annual Juneteenth Celebration Festival.

The Rose Home, operated by Lion Gwen Strain, provides single women and women with families in the community with a program that offers shelter, food, and clothing on a regular basis. Bay View Lions Club has made a proposal to provide for the Rose Home's needs on a continuous basis.

The Club has also held a black history program at their adopted middle school, Visitation Valley Middle School. They have been sponsors of the Annual Juneteenth Festival, established on June 19, 1865, the day that slaves were freed in Texas. Bay View Lions have been in the annual parade, where they have set up an informational booth in order to recruit potential members during the festival.



Bayview Hunters Pt

San Francisco Premier Lions Club

San Francisco Premier Lions Club is a club of service-oriented professionals who are dedicated to serving the local community and those in need across the world. The Club was chartered four years ago in 2006 by Lions Club International.

Since its inception, the Club has sponsored a Scholarship Program for deserving Filipino students and has sponsored 62 cataract surgeries in the Philippines. It also supports a Leo Club with 10 members.

The Club's primary focus and big project for the past two years have been Medical and Dental Missions to towns in the Philippines, devastated by typhoons in 2008 and 2009,

(continued next page)



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Meet SF Premiere Lions, continued:

and washing away homes and impoverishing families. Generous matching grants were received from LCIF to meet 50% of projected expenses in each of both years.

Other Projects sponsored and/or supported by the Club this year were: Fun Day at the Serra Bowl, an event hosting the physically and mentally challenged children and adults of the community; Educational Forum focusing on diabetes awareness and special services available for special needs in the community; Community Health Fair; collection of hearing aids; donations to the mentally and physically challenged of the Elsie Gaches Village and to victims of typhoon Ondoy in the Philippines; assistance to the elderly by providing monthly collection and distribution of food; Leo participation in sorting eyeglasses at the LIS Warehouse, in a joint venture with the Gryphons Leo Club of the SF Fil-Am Club.



SF Premiere

San Francisco Bay Lions Club

San Francisco Bay Lions Club is a very small club of 15 members. Every year the Club raises funds, with the help of the PTA, in order to try and give gift cards to approximately 20 needy families during Thanksgiving

Holidays at Daniel Webster School, and during Christmas at M.P. Brown School, both in Daly City. A consistent fund-raiser for the Club is holding a potluck dinner and raffle during the monthly meetings at \$10.00 per member. Though times are hard and they are all trying to survive, they are always trying to contribute,

from among themselves, in order to give back to society. They are eager to participate in



SF Bay Lions

some future Health Fairs in conjunction with other Lions Clubs.

San Francisco Circle Lions Club

The San Francisco Circle Lions Club was chartered on March 25, 2006. It is based at the outer Mission Area of the city of San Francisco. The club has three on-going major projects which have been conducted in the



SF Circle Lions

Philippines for the past three years: Medical Mission, Operation Yule, and Eye Sight Restoration Activity in partnership with the Olongapo Host Lions Club's "Sponsor-a-Patient Program". Currently, the club has 26 members.

Medical Mission – This is reaching out to where the most indigent families abound, through free check-ups and medical treatment. To reach the under-privileged, the club sought the assistance of the Barangay Chieftain who has the lists of indigents in his barangay. Last year the club extended its medical mission to circumcision and surgery of 34 teenagers.

Operation Yule – allocates grocery packages to at least 300 economically indigent families. Last year the club extended its food distribution to include the Feeding Program which fed 325 children. **Sight Restoration Activity** – Every year SF Circle donates money to the Olongapo (Host) Lions Club for the surgery of 10 cataract indigent patients. Last year they donated \$1,000.00. All these projects come into reality through the Club's fundraising activities.

Theme this year is "A Beacon of Hope Through Leadership and Service".

September 23 -25, 2010.

Registration:

Early Bird:

Postmarked

through June

15, \$250;

Leos, \$130

Postmarked June 16th, to July 31, \$270; Leos, \$140 After August 1st, \$295; Leos, \$155. The hotel deposit is \$125. The Link to the Forum Newsletter, seminar list, local tours, registration and more at <https://usacanadalionsforum.org/> Check out the Forum Video on YouTube: <http://www.youtube.com/watch?v=Un8cs0RJcpA>



**District 4C4 Lion of the Year
PDG Mel Phillips and Lady Pat**

LIONS OBJECTIVES

To Create and foster a spirit of understanding among the peoples of the world. **To Promote** the principles of good government and good citizenship. **To Take** an active interest in the civic, cultural, social and moral welfare of the community. **To Unite** the clubs in the bonds of friendship, good fellowship and mutual understanding. **To Provide** a forum for the open discussion of all matters of public interest; provided, however, that partisan politics and sectarian religion shall not be debated by club members. **To Encourage** service-minded people to serve their community without personal financial reward, and to encourage efficiency and promote high ethical standards in commerce, industry, professions, public works and private endeavors.



LIONS DISTRICT 4-C4



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SAN FRANCISCO PREMIER LIONS CLUB CELEBRATES ANOTHER SUCCESSFUL MEDICAL MISSION TO PHILIPPINES

By Lion Jose Ingojo, SF Premier Lions
From August 2009 through October 2009, a series of devastating typhoons hit the town of Botolan, a municipality in Zambales, Philippines. Botolan is a town of 51,675 people known for its large Aeta (or "Mountain People") population and as location of the famous Mount Pinatubo Volcano.

When the first storm Typhoon Kiko hit, it created a breach in the San Juan dike. Before people had time to recover, Typhoons Labuyo, Ondoy and Pepeng hit in quick succession, causing 90% of the town to be submerged in floodwater. The storms washed away houses and left families homeless and without worldly possessions. Moved by this tragedy, Lion President Jose Ebalo and the San Francisco Premier Lions Club decided to hold a Medical, Dental and Humanitarian Mission to Botolan on March 6, 7 and 8, 2010.

PREPARATIONS

For months prior, Lions on both sides of the Pacific Ocean worked hard. In the United States, detailed plans were made, funds raised, and the mission site prepared. In the Philippines, local medical, dental and non-medical professionals were recruited to volunteer their time and expertise for the Mission. In addition, grant proposals were written and submitted to the LCIF, in hopes of getting matching funds for those funds raised by the Club.

The New Year saw work on purchasing medicines, and in preparing and packing supplies. Fortunately, there was also a sufficient supply of donated eyeglasses from Lions In Sight from the previous year's Mission.

MISSION DAYS

The clinics were held at Tautog National High School. The school's Principal graciously agreed to store the medicines until needed. One building held rooms for the Pharmacy, the Dental Clinic, Circumcision, OBGYN, and the Mess Hall. In the second building were separate rooms for Pediatrics, Ophthalmology, Optometry and General Medicine. In front of the school was a large tent, which contained the registration desk and the waiting room for patients.



On the morning of March 6th, after a briefing for all medical personnel and volunteers, registration tables were set up, clinical stations staffed, and lines of patients were organized. Over the course of the day, more and more people came in as word spread that doctors, dentists and nurses were available. Registration was staffed by 17 high school teachers, after which, each patient proceeded to a nurse's station, staffed by 12 nurses, for blood pressure and sugar tests. Five red-shirted health district workers & high school cadets would then accompany each patient to the proper clinic, based on what the patient needed, whether tooth extraction, circumcision or examination of a child.

On March 7th, more patients came, especially children. Due to the great number of patients, more medicines had to be purchased, such as anesthesia for dental extractions and for circumcision. In addition, more patients came for eyeglass fittings.

Over the course of two days, the Mission was staffed by 52 medical professionals including 23 volunteer nurses, as well as 72 other (non-medical professional) volunteers, for a total of 124. Among the non-medical volunteers were 16 Tautog National High School cadets, 7 Philippine National and 16 Lion members from Olongapo (Host) Lions Club, Pasig Bayanihan Lions Club and Pasig Dr. Jose Rizal Lions Club, all of District 301-D2, and San Francisco Premier Lions Club of District 4-C4.

All in all, 925 patients were treated by General Medical Practitioners and Pediatricians, and 38 by a Gynecologist. Four dentists from the USA and seven local dentists did dental exams, and performed 393 dental extractions. Two Ophthalmologists and five Optometrists saw 583 patients and dispensed prescription eyeglasses. An additional 200 patients came to choose reading eyeglasses, for a total of 783 eye patients. Parents brought their young male children to the three medical surgeons and two nurses trained in circumcision, with 143 circumcisions performed. Three licensed pharmacists, 3 nurses and staff served at the Pharmacy and handled prescriptions. A total of 2,282 pa-



tients were seen and treated in 2 days. Truly an amazing accomplishment!

AFTERMATH

At the end, Lion President Jose Ebalo and the other participating Lions and volunteers were exhausted from two days of hard work, yet, they had glowing hearts full of pride and satisfaction at having helped 2,282 patients who otherwise would have gone untreated.

(continued page 8)



LIONS DISTRICT 4-C4



We Serve - San Francisco to Palo Alto - April 2010

SF Premiere Medical Mission continued:

All extra medical supplies such as syringes, glucometers, sphygmomanometer and stethoscope were donated to the provincial hospital of Zambales. Certificates of appreciation were presented to all those who had provided help and support in making the Medical and Dental Mission a resounding success.

On March 8th, Lion Jose Ebalo distributed useable clothes to the Aetas, or the Mountain People, of Botolan outside the town. Most had lost their homes to the floods, and now lived in makeshift tents along the road. All in all, 75 bags of useable clothes were given away. On March 13th, Lion Jose visited Elsie Gaches Village, a facility for mentally chal-



lenged persons, in the town of Alabang, near Manila. A box of stuffed animals and cosmetics for older women and fashion accessories were donated by Lion Rosa Ebalo.



In addition, Lion Jose Ebalo donated \$570 for six cataract surgeries to be performed at the Zambales Eye Clinic, and another \$475 to the Pasig Bayanihan Lions Club, our twin club, for five cataract surgeries to be performed at the University of Santo Tomas Hospital in Manila.

REFLECTIONS ON ACCOMPLISHMENTS

For the San Francisco Premier Lions and all other participating Lions Clubs, all the

preparation, fundraising, work, time and expense was well worth it. It was indeed a memorable trip and Mission well done, and with many fond memories. Many thanks to all those who contributed to the Mission. The LCIF was generous in their award of matching grants to the funds raised by the Club. Lions in Sight had previously donated unneutralized glasses, sufficient to be used again on this Mission. Philippine Airlines provided free shipment of two 20 x 20 boxes of medical supplies. District Governor Ken Ibarra gave invaluable support and help in expediting the approval of grant applications. The Olongapo (Host) Lions Club, and Pasig Bayanihan Lions Club, D301-D2, also provided generous support and contributions to the Medical Mission. The entire Mission was sponsored by the San Francisco Premier Lions Club and LCIF, in partnership with and participation from the Olongapo (Host) Lions Club and Pasig Bayanihan Lions Club, both of D301-D2, and hosted by the office of Governor of Zambales.

Y&CA \$50 Winners: (Continued from pg 1)

Suritha Jackson	Bayview Hunters Point
Karen Boatright	SSF Golden Gate
Esther Lee	SF Marina No Beach
Nancy Kennedy	SF Ocean Ingleside
Tito Yusi	SSF Golden Gate
Charles Bradley	San Bruno
Roy Levine Found.	SF Ocean Ingleside
Annie DonatoLopez	SSF Golden Gate
Maria Rueda	SF Bay
Vince DeLucca	Bayview Hunters Point
Jesenia Urate	SF Highlands
Maribel Caburao	SF Host
Marcus Norona	SF Premier
Paul Desai	SF Host
Mrs Nelson Mayo	SF Host
Randy Von Gogh	SF Hispanic
Ramiah Ramachandra	Foster City
Brad Oscher	SF Merced Heights
Josie Andrade	SF Highlands
Vivian Mack	SF Merced Heights
Roselyn Jequinto	SSF Golden Gate
C Rudolph	SF Geneva-Mission
Pamela Tate Roger	Bayview Hunters Point
Dave Manalang	SF Golden Gate
Lawrence Moses Jr	SF Ocean Ingleside
Ida Zoubi	SF Marina North Beach
Marua Brooks	SF Ocean Ingleside
Joyce Ho	SF Sunset
Josie Andrade	SF Highlands
Willie French	SF Ocean Ingleside
Joseph Farrah	SF Geneva-Mission
Samoa Community	SF Geneva-Mission
James Cosey	SF Ocean Ingleside
John Harrison	SF Merced Heights
Betty Torress	San Carlos
Romeo Viray	SF Host

FROM LIONS INTERNATIONAL: Is Your Club Making News?

Whether a community project or a global effort, Lions are regularly in the news. Below are some recent examples of media coverage.

- The Independent Mail (South Carolina, USA) April 20, 2010 – The Toccoa Lions Club hosted a golf event that allowed blind golfers to participate.
- The LU Gazette (Oklahoma, USA) April 14, 2010 – The Langston City Lions Club provided free health screenings to the faculty, staff and students of Langston University.
- Mooresville Tribune (North Carolina, USA) April 13, 2010 – The Lions Clubs of Troutman purchased a computerized Braille reading device valued at \$6,400 for a young girl.
- The Patriot Ledger (Massachusetts, USA) April 13, 2010 – The Quincy Lions Club distributed \$5,000 to help local flood victims.
- The Times (Illinois, USA) April 10, 2010 – The Streator Hardscrabble Lions Club purchased an amplifying system, a dozen dry erase boards and a subscription to the large-print version of Reader's Digest for those with hearing and sight challenges.
- The Gazette (Maryland, USA) April 8, 2010 – The Bowie Lions Club sells rain barrels as a fund raiser to help prevent pollutants from reaching the Chesapeake Bay.
- The Freeport News (The Bahamas) April 7, 2010 – The Freeport Lions Club donated more than \$2,700 to local tornado victims.
- South Washington County Bulletin (Minnesota, USA) April 7, 2010 – The St. Paul Park/Newport Lions Club spent \$5,000 on 120 Easter baskets for local families.
- The Shanghai Express (Imphal, Manipur, India) April 1, 2010 – The Lions Club of Thoubal participated in an initiative that cured the cataracts of more than 60 people free of charge.
- The Times of India, March 28, 2010 – The Lions Club Rajkot is sponsoring kidney dialysis.
- Whittier Daily News (California, USA) March 19, 2010 – The Montebello Lions Club is helping teach community members how to create an emergency preparedness kit.



LIONS DISTRICT 4-C4



We Serve - San Francisco to Palo Alto - April 2010

4C4 CABINET 2009 - 2010

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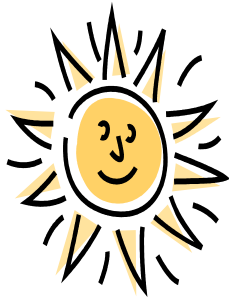
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SUNSHINE REPORT:

Lion JIM STEINER of Palo Alto Host Lions passed away March 19, 2010. Lion Jim was a very active member and one of the leaders of the Palo Alto Host Lions. Besides serving in numerous positions including Club President, he served as Director of the Concours d'Elegance from 1992 to 1996 and finally as Business Manager of the Concours from 1997 to 2009. On behalf of the District Officers and the Lions of District 4C4, we extend our deepest condolences and sincere sympathy to Lion Jim Steiner family and to the Palo Alto Host Lions Club.

Geneva Mission Past-President Ed Morey, 1983-84, passed away in Belmont April 15th at the age of 87. Ed was a native of San Francisco's Mission District, where he attended St. Peter's High School. He then went to Menlo College. He had a working career with Bank of America and was manager of their Excelsior Branch. He is survived by two daughters, eight grandchildren and five great-grandchildren. On behalf of the District Officers and the Lions of District 4C4 we extend our deepest condolences.

DR. DIONYSIUS "DENNY" I. MACATIAG, MD, age 83, passed away peacefully in Daly City, April 8, 2010. He will be greatly missed. He was a Medical Practitioner for 45 years in Daly City and San Francisco hospitals. He was a Life member of Lions Club International. On behalf of the District Officers and the Lions of District 4C4, we extend our deepest condolences and sincere sympathy to Dr. Demy Macatiag family, especially to Lion Mely Macatiag his beloved spouse and to the San Francisco Host Lion Club.

Lioness Victoria Davis, wife of late Lion Paul Davis has passed away. On behalf of the District Officers & the Lions of District 4-C4, we extend our deepest condolences and sincere sympathy to Lioness Victoria Davis family and to the Burlingame Lions. Our prayers with her and her family.

Lions District 4-C4 Newsletter
Lion Randy Sahae
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