



**Lion District Governor  
Emil Kantola**

At the beginning of the year I was asked what my goals are for this year. I would like to share those goals with you. My goal is quite simple. I would like every Lion to be the most that they can be, every club to gain one new member for the year and last but certainly least, to enjoy the trip.

The District and Cabinet are here for you, the members of this district. Our only job is to make your year as a Lion a successful one. This is also true for the chairmen of each committee in the district. Edward Everett said "I am only one, but still, I am one. I cannot do everything, but still I can do something; and because I cannot do everything I will not refuse to do the something that I can do." If you need any assistance in training, information on a program or just a hand to hold, we are committed to be there for you.

This year the membership goal is one new member for each club. But of course, the more members the better. The increase in membership is not just to increase the numbers in the District. The increase is to make your club run better. More members mean more help in projects, new ideas in your club and of course future officers for your club.

I am a Lion because of that warm fuzzy feeling I get every time we help someone in need. That is true for that pair of glasses provided for someone that cannot see, or to provide a food basket for someone in need or to help another Lion. I cannot do everything nor do I know it all, but I do know as a group we can change the world. I do know that the Key to Lionism is Service.

And yes I am enjoying the trip.

**Lion Emil Kantola**  
District Governor



**Lion Vice District  
Governor Ken Ibarra**

Fellow Lions:

Most of the club installations, celebrations and anniversaries are behind us. Amy and I have thoroughly enjoyed the elegant events of food, speeches and dancing. Each installation has been full of enthusiasm and a promise of success. Congratulations to all the club officers! May this year be the best year you experience as a Lion.

Ok, so much for the fanfare – it is time to get to work. Many clubs have new presidents and officers. In addition, there are some clubs that have re-elected their officers for another year. As a club leader, what are you going to do to motivate and energize the membership? What are you planning to do to excite your fellow members to participate in projects? What improvements and/or changes are you going to promote within your club? What are you going to do to make a difference in your club? These are questions we all should ask ourselves. More importantly, these are questions we should answer and strive to accomplish. Can you imagine the results if we all did?

Each month we all attend club meetings to socialize and hopefully, accomplish something. The meetings are vital to the ongoing operation of the club. They are also our best source for planning and promoting projects and distributing information to the membership. The make-up of your club meetings will directly affect the success of your club and membership.

Are you attending these meetings? If so, how much are you contributing to the discussions? Are you satisfied with the organization of your club meeting or do you leave frustrated? Are your meetings lively, interesting and productive or are they mundane, boring and seemingly useless? Are you discussing and planning your service projects at your meetings? Are your meetings fun or are they all business? Do you look forward to your club meetings or do you dread the thought?

As we embark on this new Lions year, I ask you to seriously answer those questions. If you don't like the answers – do something about it. Step up and offer help and ideas. Don't criticize and complain. Don't let yourself get frustrated about your Lions membership. *(continued page 7)*

## Meet your District 4C4 2008-2009 Officers:

### District Governor

**Emil Kantola, Pacifica Lions Club**  
[lionkantola@gmail.com](mailto:lionkantola@gmail.com) (650) 355-3526

### Immediate Past District Governor

**Maxine Frazier, Ocean Ingleside Lions Club**  
[lionmaxcat@yahoo.com](mailto:lionmaxcat@yahoo.com) (650) 991-0754

### Vice District Governor

**Kenneth Ibarra, San Bruno Lions Club**  
[lionkenibarra@yahoo.com](mailto:lionkenibarra@yahoo.com) (650) 827-1005

### Cabinet Secretary

**Esther Lee, North Beach Lions Club**  
[lesvilla22@yahoo.com](mailto:lesvilla22@yahoo.com) (650) 742-9333

### Cabinet Treasurer

**Richard Picchi, Half Moon Bay Lions Club**  
[rpicchi@comcast.net](mailto:rpicchi@comcast.net) (650) 728-7639

### Executive Director

**Harold Muller, Pacifica Lions Club**  
[haroldmiller124@sbcglobal.net](mailto:haroldmiller124@sbcglobal.net) (650)

### Newsletter Editor - Deadline the 20th each month

**Randy Sahae, Millbrae Lions Club**  
[4C4Newsletter@gmail.com](mailto:4C4Newsletter@gmail.com) 650-697-4243



SF Hispanic  
Installation

## REGION 1

**CHAIR: Rogelio (Roger) Gulen, San Francisco Host Lions Club** [romasy1@aol.com](mailto:romasy1@aol.com) (510) 429-0603

**Zone 1 Chair - SF Bay, SF Bay Are New Century, SF Chinatown, SF Marina North Beach, SF West O' Twin Peaks**

**Margaret Lee, SSF Golden Gate Lions Club** [margaretklee@gmail.com](mailto:margaretklee@gmail.com) (415) 661-9076

**Zone 2 Chair - Bayview Hunters Point, Ocean Ingleside, The Castro, SF Merced Heights, SF Nikkei**

**Fenton Baptiste, Bayview Hunters Point Lions** [fentonbaptiste@yahoo.com](mailto:fentonbaptiste@yahoo.com) (510) 251-1357

**Zone 3 Chair - SF Park Gate, SF Park Presidio, SF Geneva Mission, SF Korean American, SF Sunset**

**Bill Stipinovich, San Francisco Nikkei Lions Club** [willstipjr@aol.com](mailto:willstipjr@aol.com) (415) 755-5365

## REGION 2

**CHAIR: Toni Nava, Burlingame Lions Club** [dntoycollector@aol.com](mailto:dntoycollector@aol.com) (650) 343-8926

**Zone 1 Chair - SF Fil-Am, SF Highlands, SF Hispanic, SF Host, So SF Golden Gate**

**Rudy Pedagat, San Francisco Golden Gate Lions** [rpedagat@comcast.net](mailto:rpedagat@comcast.net) (650) 652-7271

**Zone 2 Chair - Brisbane, San Bruno, SF Circle, SF Premier, So SF Host**

**Mario Benavente, San Bruno Lions Club** [mxbdd@aol.com](mailto:mxbdd@aol.com) (650) 557-0282

**Zone 3 Chair - Half Moon Bay, Daly City Gateway, Daly City Host, Pacifica**

**Gregory Redican, Half Moon Bay Lions Club** [gredican@caasm.org](mailto:gredican@caasm.org), (650) 728-7710

## REGION 3

**CHAIR: Erik Winkler, Burlingame Lions Club** [notdafonz@yahoo.com](mailto:notdafonz@yahoo.com) (650) 348-2626

**Zone 1 Chair - Burlingame, Foster City, Millbrae, San Mateo, San Mateo Metro**

**Doug Borland, San Mateo Lions Club** [ratcan@aol.com](mailto:ratcan@aol.com) (650) 574-4405

**Zone 2 Chair - Belmont, Redwood City Fair Oaks, Redwood City Sunrise, Redwood Shores, San Carlos**

**Marilyn Schappert, Redwood City Sunrise Lions** [mschappert@comcast.net](mailto:mschappert@comcast.net) (650) 365-3991

**Zone 3 Chair - Atherton, East Palo Alto, Menlo Park Host, Menlo Park Live Oak, Palo Alto**

**Jim Bigelow, Menlo Park Host Lions Club** [jimbigelow@yahoo.com](mailto:jimbigelow@yahoo.com) (650) 593-6372



## PENINSULA COUNCIL INSTALLATION

The evening of Sunday, August 17th was comfortably overcast at the Basque Cultural Center in SSF as Lions from all over 4-C4 attended the Installation of the Peninsula Council of Lions.

The program began with MC - PCL PP Jack Van Etten introducing the following SSF Host Lions: IPP Sandee Ige to give the Pledge; President Theresa Garcia to lead the singing of "My Country 'Tis of Thee" and Bruce Tognetti to offer the invocation.

Dinner consisted of soup, salad with Rack of Lamb, Salmon or Pasta...and during our Ice Cream desert Lion IPDG Maxine Frazier gave a speech she prepared with words of inspiration that corresponded with the initials R.I.C.K. Next, SSF Host Lion Helen Olson acted as Installing Officer and officially installed the following Lions as 2008-2009 PCL Officers: Interim-Treasurer Mike Simonini; (Secretary Connie Barba was absent); 2nd VP Rudy Pedagat; 1st VP Toni Nava; IPP Bob Wilson and President Rick Ochsenhirt. Outgoing President Bob Wilson gave a nice speech and presented awards of appreciation to Lions Mike Simonini; Rudy Pedagat; Toni Nava; Rick Ochsenhirt; Margaret Lee; Rosie Jones; Bill Stipinovich; DG Emil Kantola; IPDG Maxine Frazier and Lady Nancy Montes for the help they gave during his 2007-2008 term. Also flowers were presented to Alison Wilson and Karen Ochsenhirt.



At the evening's concluded each attending Peninsula Club President was asked to step forward...they all received a packet of instructions to "build a house" which is to be submitted at the November 24th PCL meeting. Each "house" will be inspected and judged in the following categories: 1. Most Creative; 2. Most Zaniest; 3. Most Desirable; 4. Most Sellable; 5. Best in Show.

Congratulations to the new 2008-2009 incoming Board and "Job well done" during the 2007-2008 term. From Millbrae Lions Club President Paul Larson.

## NEW TAX FILING REQUIREMENT— AFFECTS LIONS CLUBS

If you are a small tax-exempt organization that normally has annual gross receipts of \$25,000 or less and does not have to file Form 990 or 990-EZ, you must file the e-Postcard (990-N) If you do not, you risk losing your tax exempt status.

If your fiscal year is July 1—June 30, you need to file no later than November 15, 2008. Club Presidents should have received a letter explaining the requirement. If you have not received the letter, or if you have questions, please contact Lion Mike Simonini.

## CALENDAR

- Sept. 7, 8am —Redwood City "Sunrise" Lions Annual Pancake Breakfast Children's Street Chalk Drawing Contest
- Sept. 7 — Brisbane Lions 5th Annual Sierra Point Prowl Family Fun Walk & Run—Contact Lion PP Bob Wilson, 415-467-3427, or skipperbobbrisbane@gmail.com
- Sept. 12, 5:30pm—Daly City Host Lions Pasta Bingo— RSVP by Sept. 10 to 650 755-9567 or dchostlions@comcast.net
- Sept. 24—Peninsula Council Meeting—Hosted by San Bruno Lions
- September 27, 10am —Ocean Ingleside Lions Open House and Community Outreach Brunch — Contact Lion President T Connie Bridgewater at 415 531-5187 or cwater94134@yahoo.com
- Sept. 27—Deadline to sign up for Ocean Ingleside Birthday Calendar. Remember your loved ones and Lions, \$2 per name, \$2 per calendar. Display advertising also available. Contact Lion Connie, info above.
- Oct. 13—Ocean Ingleside Thunder Valley Trip — Fundraiser for Thanksgiving for Seniors, Contact LION Lovell Davis (415) 467-6546
- Nov. 8—Nikkei Lions Day at the Races— 12 noon Golden Gate Fields— Benefitting the Asian Women's Shelter of San Francisco, contact Lion Jon Wong, jon15@mindspring.com or 415.990.1387





## KOC and LIONS BOWL

The 15th Annual Knights of Columbus Fun Day Was an Outstanding Success

15 Lions Clubs came together to help more than 600 developmentally disabled children and adults and 240 staff enjoy a wonderful day of bowling, Karaoke, arcade games, entertainment and lunch at no cost to them. Each attendee

was given a participation ribbon and three of our local police department personnel hung a medal on a ribbon around their neck, after they had enjoyed a tasty lunch of pizza, grapes, bananas, and cookies.

It was an incredible joint venture with the Daly City Host Lions Club. The local clubs participating were Brisbane Lions, Burlingame Lions, Foster City Lions, Pacifica Lions San Bruno Lions, SF Chinatown Lions, SF Host Lions, SF Marina/North Beach Lions, SF Nikkei Lions, Ocean/Ingleside Lions, SF Premier Lions, SSF Golden Gate Lions, SSF Host Lions, and San Mateo Lions Club.

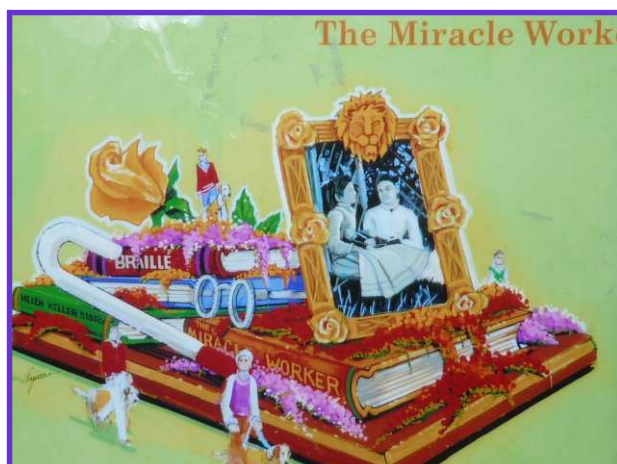
The entire day was one of warmth, love and caring. Every volunteer experienced the gratitude and love of the attendees. There were many stories shared among the volunteers about the wonderful experiences of the day.

Theresa Garcia, President of the South San Francisco Host Lions Club, shared an example of her day with many of the volunteers. She was finished for the day and was about to leave, when a young girl (about 7), came up to her and gave her a big hug and laid her head on Theresa's shoulder. Theresa stated "this made my first experience of Fun Day unforgettable". Theresa also said she is "hooked on Fun Day" and she will not miss next year's event!

Elizabeth Wilson, daughter of Brisbane Lion Bob Wilson, volunteered as well. She helped with serving lunch and later helped attendees with the bowling. Many of the participants were unable to bowl alone and needed help. Elizabeth was more than happy to help those who needed it. Being a young person, Elizabeth was able to connect with the younger clients who needed help, and they felt a lot better with a young lady helping them. Elizabeth brought away a educated understanding and deeper empathy from her experience with Fun Day.

I am sure there are many more stories that will be shared with their fellow Lions and other volunteers. Ask any of the volunteers who attended and they will tell you wonderful stories of their experience with Fun Day.

If any of the volunteers have photos of Fun Day, Please forward them to Theresa Garcia, President of the SSF Host Lions Club. She is putting together a montage on a disk. Thank you all!



## Lions Rose Parade Float

At the first District Cabinet Meeting attendees enjoyed an informative presentation from Lion President Sheila Casteel from Upland Host Lions and Lion IPDG Don Casteel. The theme for the 2009 parade is "Hats Off to Entertainment". The float, pictured at left, celebrates a newly discovered photo of Helen Keller and teacher Anne Sullivan.

Support for our float is very important. It will be seen by an estimated 400 million people in 85 countries. Wonderful memorabilia can be purchased to help defray float expenses. T Shirts, Sweat Shirts, Pins, much more available. Go to [www.lionsrosefloat.com](http://www.lionsrosefloat.com).



## LOCAL HEROES - What does it mean?

"The real modern-day heroes may never be on TV or have a book written about them," says new International President Al Brandel, "But the things they do, like bringing a food basket, put a smile on somebody's face. Lions Clubs are making a big impact in people's lives. My role is to let everybody know the miracles happening around the world – and that they can make miracles happen in their backyard."



International Hero Award Nominations are now available at the LCI website.

Do you know a deserving Lion? Nominate them!

View the Local Heroes Video from the International Convention:  
[www.lionsclubs.org/EN/content/lnn/videos.html](http://www.lionsclubs.org/EN/content/lnn/videos.html)



## LOCAL HERO Lion Henry Challenges CoLions....

On August 8, 2008 at the Pacifica Beach Resort, Pacifica, Lion Henry Lasat was installed as the 88th president of San Francisco Host Lions Club. He was installed by DG Emil Kantola with his core of officers.

Lion Henry joined the San Francisco Host Lions on August 2005, but before he became a lion, he was passionate in helping the less fortunate people. On a yearly basis, he invites his friends whom are doctors, dentist, nurses and other volunteers to do Medical Mission in his hometown, Lipa City, Batangas, Philippines. He raised funds for the needed supplies and many times on his own expense. He offers his home for the volunteers to stay while doing the mission.

As a member of the SF Host, he was instrumental in the twinning with the Malarayat Lions Club and joint Medical Mission and Eye Care to Lipa City. As the president, he challenged his fellow lions to make a difference and enhance the

lives of people everywhere. In his acceptance speech he said, "With our capability we can serve the people in need of our Lionism. Together, we will serve with our hearts and leave behind our spirit."

Lion Maggie R. Gulen

## Palo Alto Host Concours D'Elegance New Executive Director, Hal Schuette

Gil Gilfix has decided to retire from the Palo Alto Concours to pursue other interests. Palo Alto Host Lions Club owes Gil a debt of gratitude for bringing up the artistic level and presentation of the Concours to its present high level. Palo Alto Host Lions gives Gil a roaring thanks for a job well done.

Hal Schuette has been chosen by the Lions Charities Board to succeed Gil, and we are confident he and the Concours Committee will continue the tradition of excellence in producing the Concours next year and in the years thereafter.



# Convention - May 14-17 2009 - The Spirit of Giving





## First District Cabinet Meeting August 23, 2008



Lion DG Emil Kantola with visiting DG Marlene Duffin and Lion VDG Ken Ibarra with visiting VDG Becki Stange



The First District Cabinet meeting was treated to an inspiring presentation by Belmont Lion Roderick Page whose son was a recent recipient of a companion dog from LPCCI.

Lion DG Emil Kantola announced the new SF State University Lions Club, whose Charter Event will take place after students return from summer.



*Reports from Clubs & Lions Eye Foundation*



## Lively 2nd Installation for Bayview Hunters Point Lions

The San Francisco Bayview Hunters Point Lions Club has made a great impact on District 4-C4 in just 2 years of existence. Their members are highly visible community leaders who are making a big difference to those in their neighborhood who need it the most.

On Friday, August 1st BVHP Lions along with Lions from all over 4-C4 attended their 2nd Installation at the Patio Español in San Francisco. It was a lively event hosted by BVHP Lion Dr. Veronica Hunnicutt. The evening progressed quickly and a tasty dinner was served. Installing Officer IPDG Maxine Frazier was invited to the podium to give her rousing

and complementary speech...and asked every attendee to stand and introduce themselves to the crowd. After IPDG Maxine installed the incoming 2008-2009 BVHP officers, Lion IPP Fenton Baptiste gave a thank you speech regarding his term as President...and gave each of the new officers a gift, a certificate of appreciation and a 100% attendance pin. Next was the incoming President's acceptance speech by Lion Dr. Jim Calloway who emphasized the "3 B's: Be Brief...Be Intelligent...Be Gone!" The final item of the evening was for IPP Fenton to name his Lion of the Year: William Casey (who highly deserves this great honor). Also in conclusion was a presentation of flowers to various Lions who were greatly appreciated by the BVHP Lions. Dancing went on late into the evening and we all had a wonderful time.

Congratulations to the new 2008-2009 BVHP Officers, President Jim, IPP Fenton, and Lion of the Year William. You represent the best of the best and we are all proud of you and your accomplishments.

From Millbrae Lions Club President Paul Larson.



LOCAL HEROES

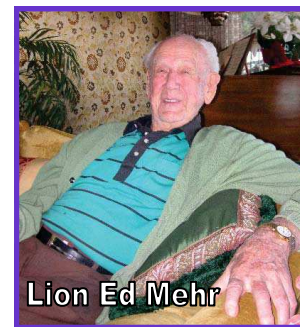
### News From Around the District:

Millbrae Lion Doug Callahan was recently named Millbrae Man of the Year. Lady Cathy Quigg, wife of Lion PP Dan Quigg was named Millbrae Woman of the Year. Lion Doug and Lady Cathy will be honored in a dinner at the Westin Hotel in Millbrae on Friday October 17.



### HONORED LIONS in PASSING:

- Lion Joe Fernekas—South San Francisco Host
- Lion Ed Mehr — Charter Member & Past President of San Bruno Lions
- Lion Jim Caccia — Millbrae Lions



Lion Ed Mehr

### Spreading the Sunshine

*This year I will be taking over the Sunshine from Lion Barbara Fields, who did a great job last year.*

*I am saddened to report the passing of Dr. James Calloway's father. Dr. Calloway is the President of the San Francisco Bayview Hunters Point club and Lion Quest Chair. I know most clubs have their own Sunshine chair but if you would like the District to send a card to someone, please let me know. Contact me at LionYvonne@gmail.com with details (such as name and addresses for cards to be sent to) and I will take care of it. Lion Yvonne Kantola.*

SF PREMIERE LIONS INSTALLATION



Vice District Governor Message, *Continued from Page 1.*

Don't forget your oath to Serve, even if it takes meetings to plan and organize the projects.

District Governor Emil has begun his club visitations, and I'll be tagging along for most of them. If we can be of any assistance to you and/or your club – please do not hesitate to ask. We'll be more than willing to discuss anything Lions – we're sort of experienced.

Yours In Lionism, Lion Ken Ibarra, Vice District Governor

### LIONS CODE OF ETHICS



2007-2008 Rick Nuccitelli  
District Award Winner  
Lion Mike Simonini

- To Show** my faith in the worthiness of my vocation by industrious application to the end that I may merit a reputation for quality of service.
- To Seek** success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self-respect lost because of unfair advantage taken or because of questionable acts on my part.
- To Remember** that in building up my business it is not necessary to tear down another's; to be loyal to my clients or customers and true to myself.
- Whenever** a doubt arises as to the right or ethics of my position or action towards others, to resolve such doubt against myself.
- To Hold** friendship as an end and not a means. To hold that true friendship exists not on account of the service performed by one another, but that true friendship demands nothing but accepts service in the spirit in which it is given.
- Always** to bear in mind my obligations as a citizen to my nation, my state, and my community, as to give them my unswerving loyalty in word, act, and deed. To give them freely of my time, labor and means.
- To Aid** others by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy.
- To Be Careful** with my criticism and liberal with my praise; to build up and not destroy.





### LIONS OBJECTIVES

- To Create** and foster a spirit of understanding among the peoples of the world.
- To Promote** the principles of good government and good citizenship.
- To Take** an active interest in the civic, cultural, social and moral welfare of the community.
- To Unite** the clubs in the bonds of friendship, good fellowship and mutual understanding.
- To Provide** a forum for the open discussion of all matters of public interest; provided, however, that partisan politics and sectarian religion shall not be debated by club members.
- To Encourage** service-minded people to serve their community without personal financial reward, and to encourage efficiency and promote high ethical standards in commerce, industry, professions, public works and private endeavors.



Lions District 4-C4 Newsletter  
Lion Randy Sahae  
1189 Millbrae Ave  
Millbrae, Ca. 94030-2948

