



We Serve - San Francisco to Palo Alto - December 2009



Lions of District 4C4 Strike Out Hunger

Ten local Lions Clubs took part in the 9th Annual Turkey Bowl at Serra Bowl on Tuesday, November 24th.

28 bowlers achieved 409 turkeys for St. Anthony's Dining Room and the North Peninsula Dining Center. Every 8 pins or better knocked down on the first ball was counted as a strike. Each strike equated to a turkey that would be donated to the non-profit centers by Serra Bowl.

Other participants included Home Depot (12), Mission Motors (7), plus Brisbane, Daly City, and Pacifica Fire Departments joined the Lions in their quest for turkeys for the hungry. The three fire departments, with 17 bowlers managed to earn 200 turkeys.

District Governor Ken Ibarra, 1st VDG Mike Simonini, and 2nd VDG Esther Lee were among the Lion bowlers. South San Francisco Host led by Lions Sam Mosunic, Sandee Ige and Theresa Garcia got the most number of turkeys with 103 strikes. San Carlos was the winner with the most attendees based on their membership count.

\$246.00 was donated at the Lions/ business check-in table, by the attendees to help offset other expenses of the Holiday Dinner given to the hungry at both locations. More donations were given at the front desk when other bowlers checked in to participate in the event.

The entire day was full of laughter, challenges, and concentrated bowling for this great cause. Teasing, posturing, and interclub bets were clearly displayed with humor.

There were professional bowlers doing trick shots on the lanes. The friars of St. Anthony's sat on chairs on the bowling lanes and the pros rolled bowling balls under the chairs while the monks held their cassocks so the balls were able to roll under them and get a strike.

Lou Seal of the Giants and the Oakland Raiderettes were also present to greet and meet the volunteers who came out to bowl for the hungry. (See pictures, page 7)

This year was a stunning success due to the many local Lions who turned out to "Strike Out Hunger". I personally would like to thank them for their generous time and funds for this very worthy cause. I am already looking forward to next year's event and I am sure we will have even more Lions on the lanes.

Lion Marian Mann, Turkey Bowl CoChair, Daly City Host Lions Club

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BayView Hunter's Point - Project FIN (Families In Need) First Christmas Dinner, Toy and Clothes Giveaway.

December 25, 2009 --Christmas Day-Dinner 1pm -3pm @
Metropolitan Missionary Baptist Church
1682 Newcomb Avenue
San Francisco, CA
Come meet Santa @ the Rose Home
for the Toys and Clothes giveaway
1221 Newhall St., same block same time.
This year is the fist year all the families didn't
get adopted. If you have toys you can donate
please contact me and i will pick than up.
(ages 1-16) Lion Gwen 510-978-8205

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Lions Sponsor Forum on Diabetes and Assistive Services

By Jose Ingojo, SF Premier Lions Club

Throughout the years, Lions Clubs have sought ways to address the health needs of their local community. A high priority has been education and the raising of public awareness regarding health issues.

With this in mind, Lion Helen Marte Bautista, President of the San Francisco Coordinating Council of Lions (SFCCL), and Lion Rosa Ebalo, D4-C4 Committee Chair for Diabetes Awareness and Health Services, began work on sponsoring an event with a dual educational focus: (1) diabetes awareness, and (2) special needs services and assistive technologies in the local community.

The first fruit of this effort was the Public Awareness Forum on Health and Special Services, held on December 5th at the San Francisco Main Public Library's Koret Auditorium. Co-sponsored by the SFCCL and the San Francisco Premier Lions Club, the Forum was a success, with over forty in attendance. Ms. Marti Goddard, the Library's Manager of Special Access for the Deaf and of the Regional Library for the Blind & Print Disabled, hosted the event. The Forum was free and open to the public.

Acting as Moderator was Lion Helen Marte Bautista. Marti Goddard welcomed the attendees, and Lion Rosa Ebalo gave the introductory remarks. This was followed by a number of very informative presentations.

PID Dr. Bill lannacone explained the work of Lions In Sight, which focuses on the gathering and distribution of used eyeglasses. He noted that, due to restrictions on redistribution of used eyeglasses in the US, most eyeglasses can only be distributed in foreign countries. They are nonetheless of great benefit to the indigent of the world who have no other access to corrective lens.

PDG Donald F. Stanaway talked about a remarkable medical residency program for doctors in the San Francisco Bay Area, sponsored by the Lions Eye Foundation of California and Nevada. The program provides a much-needed service by performing eye surgeries free of charge for those in most need.

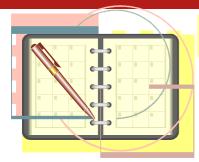
PDG George Habeeb and Lucille Hynes represented Canine Companions for Independence which provides assistance dogs...

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TONS TONS

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2009-2010 CALENDAR

December 31 - **San Francisco Hispanic Lions, New Years Eve Party** - 7pm, Clarion Hotel, 401 E. Millbrae Ave, Millbrae, Semi-Formal, \$75, Music, raffle. Info: Lions Mercey & Gilberto Crespo - (510) 483-7531

December 31 - **SSF Golden Gate New Year's Eve Dinner Dance** - 6pm, Best Western Grosvenor, 380 Airport Blvd, SSF. \$75 Formal, Live Music RSVP Lion Ora Seyler (650) 992-2232 / (650) 346-3954

- Jan 16 Lions Veterans Charities USO Night 6pm until it's over!, William Walker Rec Center 650 Shell Boulevard \$25, info: Lion Theresa teribear.garcia@sbcglobal.net 415-309-8173
- Jan 23 Millbrae Lions Crab Cioppino Fundraiser 6pm, St. Dunstan's Social Hall, 1133 Broadway. All you can eat. Dancing and raffle.
- Jan 23 Nikkei Lions Crab Feed Watch for a flyer in the District Information Distribution
- Jan 25 **Peninsula Council Meeting** Hosted by Burlingame Lions, 6:15pm, Doubletree Hotel 835 Airport Blvd Burlingame, RSVP by 1/18 to Lion Mario Benavente (650) 892-2202 or email to mxbdds@aol.com
- Jan 27 SFCCL Meeting Hosted by Bayview Hunter's Point Lions
- Jan 30 **San Carlos 10th Annual Crab Feed** 5:30pm Mahaney Hall, 1336 Arroyo Ave, SC. \$40. RSVP Lion Kevin Clay, 650-245-1374
- Feb 5,6,7 MD4 Convention, Riverside CA.
- Feb 15 San Bruno Lions, D4C4 Visitation Bowling at Serra Bowl see page 4 for details.
- Feb 20 **SF Circle Post Valentines Dinner Dance** 7pm, Club Regal Ballroom, 13855 Catalina, San Leandro, \$28 prepaid, \$30 @ door, Lion Linda Morete (707) 556-9360
- Feb 22 Peninsula Council Meeting Hosted by Palo Alto Lions at Chef Chu's Restaurant in Palo Alto
- April 3 **SF Chinatown 44th Annual Miss Teen Chinatown Scholarship Charity Gala** SSF Conference Ctr., Lion Grace Chang at 415-433-6780, 415-819-3833 SAVE the DATE

THANK YOU NIKKEI LIONS!

I just wanted to say, thank you to all the Lions that donated to the Asian Woman's



Shelter for their Christmas Fund! I was deeply impressed by the amount collected for them and again for Lion Jon in his efforts to help keep this very worthy organization in mind in these troubled times.

It was quite an honor having District Governor Ken Ibarra and member of his cabinet attending our meeting. They were there to see the Nikkei Lions present \$765 to the Asian Women's Shelter. Thank you all for your generous donations!

Lion President Donna, Nikkei Lions

YOUTH EXCHANGE STUDENTS VISIT

On Saturday, December 5, 14 Australian Youth Exchange students, ages 16-19, arrived in San Francisco prior to departing for various destinations. YE student stops in San Francisco are organized by Lion Aaron Straus of the Daly City Host Lions.

DG Ken and Amy hosted three students. Sophie and Lauren stayed for





half the day before leaving for Canada. Emily stayed overnight before leaving for Brazil.

All 14 YE students will return to SF on January 10, and will again spend a day touring SF before heading back to Australia. DG Ken and Amy will host a bbq at their home on Sunday, Jan. 10.

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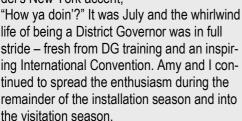


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FROM THE DISTRICT GOVERNOR

How we doin'?

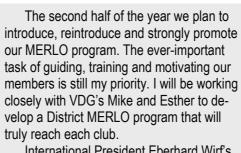
It was nearly six months ago when I asked, in IPP AI Brandel's New York accent,



Now that we are halfway into our "Magical Mystery Tour," I ask you – "How we doin?" How is your District treating you? Are you getting what you need and expect? How are the club presidents faring with their members? What can we do to make your service in Lions better? What can we do to help your club succeed?

In the first District Newsletter in July, I stated that the District Leadership Team's goal is to communicate closely with our clubs and members. We planned to continue our leadership training and assistance of club officers in order to have effective meetings and well-planned projects. But, most importantly, I wanted all Lions to experience the strong sense of reward and accomplishment that comes from helping others – the act of kindness and the giving. Community service is what Lions do.

So, I throw it back to you, how is your District treating you? How are we doing? I have witnessed enthusiastic and dedicated service throughout the District. Both small and large clubs are working tirelessly in their respective communities – helping needy individuals and serving groups and organizations. Some clubs are anxiously preparing to take their service abroad, organizing medical missions. There is even a strong new program that has combined District Lions, in an effort to better serve and help our brave troops and veterans – the Lions Veterans Charities.



International President Eberhard Wirf's theme "Move To Grow" means we need to

take action in all aspects of our organization in order to increase membership, service and human understanding. I believe our District will accomplish these actions. In addition to helping our ex-

tion to helping our existing clubs and members, we are anxiously working towards forming new clubs. The New Year will bring two new clubs to our District – one in the West Portal District of San Francisco and a District-wide partnership with Special Olympics.

My motto for this year, "It's Up To You" is taking hold in the District. I am witnessing a growing enthusiasm in our clubs and I see it in the attitudes of many Lions. How we doin'? I'd say we're doing ok, but we can do better – I can do better.

and I aim to prove it in the second half of our year. Have a Safe and Healthy Holiday and God bless you and your families.

With Love and Service, DG Ken



FROM THE
1st VICE
DISTRICT
GOVERNOR

Hello Fellow Lions.

Wishing EVERYONE, HAPPY HOLIDAYS Here's wishing for PEACE on EARTH, HOMES for the HOMELESS, JOBS for the JOBLESS, FOOD for the HUNGRY and TONS of NEW LIONS.

Please have a HAPPY and SAFE HOLIDAY SEASON

Thank you Lion Mike & Lady Jane



MEMORABLE INVOCATION

LORD OF GOODNESS BLESS THIS FOOD;

KEEP US IN A PLEASANT MOOD;

BLESS THE COOK AND THOSE THAT SERVE US, AND

FROM INDIGESTION, LORD, PRESERVE US." Amen!

I heard this for the first time at a Lions District meeting in Cleveland, Ohio nearly 40 years ago.

It was given by a Navy Chaplain at the meeting.

I became a Lion in the Fall of 1969 in Ohio, continued in Texas from 1979 to 1997 and moved to California in the Fall of 1997.

Lion BeeKay Srinivas, Park Presidio Lions

Upcoming DG Visitations:

Jan. 6 Menlo Park Host Visit (7:15pm)

Jan. 8 SF Premier Visit (7:00pm)

Jan. 13 SF Sunset Visit (7:00pm)

Jan. 14 SF Circle Visit (7:00pm)

Jan. 15 SF Hispanic Visit (7:00pm)

Jan. 19 Redwood City Fair Oaks Visit (7:15pm)

Jan. 20 Millbrae Visit (7:30pm)

Jan. 21 SF Korean-American Visit (7:00pm)

KEN IBARRA



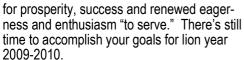


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FROM THE 2nd VICE DISTRICT GOVERNOR

Fellow Lions

Happy Holidays and here's a wish



I would like to mention our visit to District 4-L3, we were invited by 2nd Vice District Governor, Joel Pastor last month. It was such a wonderful experience from our arrival to departure. Lion Joel and Lion Dr. Terri Pastor treated us royally so with their Governor Rudy Salvio, their Cabinet and some PDGs We enjoyed our stay in Hollywood, we were picked up from the airport and chauffeured to all our destinations, we went shopping and even toured famous spots in LA courtesy of our hosts.

While in the Cabinet Meeting I was taking notes making sure to pick-up some great projects or practices that would be helpful or even improve our District. Their district is unique but we do have fun in our own Cabinet Meetings. Our District was well represented since DG Ken and Lady Amy were also present as guests of DG Rudy Salvio. I

It's great to be a Lion, we meet and develop long lasting friendships through lionism.

Start making plans for the upcoming District Convention in May 20-23, 2009 and coming shortly is our 3rd Cabinet Meeting on February 20th at the William Walker Recreation Center-Foster City.

In Lionism, Lion Esther Lee

Diabetes Awareness from page 1....

which provides assistance dogs for the hearing and sight impaired. We learned that the selection, breeding, and training of assistance dogs requires an inordinate expenditure of time and expense, yet is provided at no expense to the end user. Dog trainer Don Detrick treated the audience to a demonstration of the abilities and skills of these companion dogs.

Dr. Teray Garchitorena, MD, from the American Association of Naturopathic Medi-

cine in Berkeley, introduced her innovative approach to healing that includes nutrition and meditative exercises.

Kevin Jefferson from the Independent Living Resource Center of San Francisco brought a suitcase full of gadgets to aid those with disabilities. Technically known as Assistive Technologies, these gadgets included Braille watches, electronic key finders, mechanical door grabbers and door turners, and pillboxes with compartments by time and day of the week with reminder timers.

The highlight of the Forum, however, was the presentation by Cynthia Ann Senior of Alameda County Medical Center. Her presentation on Diabetes Awareness was packed full of useful information on what everyone should know about diabetes. So much information was distilled into the PowerPoint presentation that copies of the presentation were in great demand at the end of the talk, and were eagerly sought.

Food and beverages were served afterwards, offering an opportunity for informal conversation with some of the speakers.

In general, it was felt that the Forum was a valuable resource that should be offered again in the coming year. With over 40 attendees to the seminar, including many Lions and District Governor Ken Ibarra, the Forum was a success, and was thought by the attendees to be great educational value to be shared with others.

Lion Jose Ingojo, SF Premier

The San Bruno Lions District 4C4 Visitation Bowling February 15th - Serra

February 15th - Serra Bowl (near Colma BART)

- s n
- Check-In at 5:30 p.m. Bowling begins promptly at 6:00 p.m.
- \$200 / team of 4 players
- Individuals: \$50 / person (we will put you on a team)
- Pizza for each lane
- Shoes and bowling ball provided (if needed)
- Trophies awarded immediately after the games to 1st, 2nd and 3rd place team, also high score men, women
- Equal Chance to win great prizes
- Bowl 3 games each player, highest combined team score wins



Multi-District Christmas Help

Lion Cyndi Bainbridge of the McKinleyville Lions Club in 4-C2 received a call from her mother, who told her about a 14 year old eighth grade special needs student in East Palo Alto. Lion Cyndi's mother, a local school bus driver in East Palo Alto, was checking to see if the Lions have any programs to help needy school children.

Jacqueline Argueta rode on her bus to school, wearing the same sweats and flip flops every day. The family needed help with clothing and school supplies.

Lion Cyndi then contacted PDG Emil Kantola to let him know the story and asked if 4C4 could help.

PDG Emil contacted Menlo Park Host Lions Club and asked if we could work to get support from other area Lions Clubs to take care of Jacqueline's clothing needs and school supplies. Working together, \$600 was raised in a few days from Foster City, McKinleyville (4-C2), Menlo Park Live Oak, Menlo Park Host, Palo Alto Host, Redwood City Fair Oaks and Redwood City Sunrise.

DG Ken Ibarra also got involved and Jacqueline, her father Manuel, two family friends and Lion Jim Bigelow, pictured above, had a pre-Christmas shopping spree at Hillsdale Mall in San Mateo.

In addition to the clothing purchases the Menlo Park Host Lions Club treated the family to lunch at Hillsdale Mall plus a Thanksgiving food shopping spree at the Belmont Safeway store so they could have a nice weekend holiday as they were a family in need living with relatives in the same home who were also needy. None of the \$600 was used for the food.

Jacqueline and her father Manuel were extremely grateful to the Lions for helping the family out when finances are very thin!

Lion Jim Bigelow, Menlo Park Host



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The full tables



SF HISPANIC TOY DRIVE

The Toy Marathon held December 6, 2009, proved to be an instant success. Held at St. Finn Barr Catholic Church, many Lions Club members generously donated to the cause. With the help of fifteen active members rotating shifts, over three hundred toys were collected. In addition to the generous giving of toys, raised funds were donated directly to the St. Finn Barr School.

The event was accompanied with Christmas music sung by the school children from St. Finn Barr Catholic Church.

Thank you to everyone who helped make this event a successful one, we hope to see these same great results next year. A special thanks goes out to the San Bruno Lions Club, Lion Dora, Lion Berlin, and South San Francisco Host, Lion Sandee for their support.

Lion Rufino Ramos Zone Chair One South IPP SF Hispanic Lions

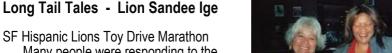


key and I helped Velma with the setup placing the cookies on trays and cutting the cakes. The "Gov" worked in the kitchen carving up turkeys. There was so much food from Lions, friends, family and businesses who donated that people got to take some food home. Thanksgiving dinner was appreciated by all and everyone left with a sense of satisfaction and joy.

Region Three Multi-Club Event

The Belmont Lions, Menlo Park Host, Menlo Park Live Oak, San Carlos Lions and San Mateo Lions joined together for dinner and canned food donations. San Mateo President, Lion Elaine was the emcee of this fun evening. Everyone was requested to bring \$5.00 worth of can goods for the Samaritan House and toys for "Bread of Life" in East Palo Alto.

were a sight to behold. After dinner we sang the "The 12 Days of Christmas". Each table was assigned a "day" and when it was our turn, we would pop up and sing. Our table was the 5th Day. The picture shows us singing away!



SF Hispanic Lions Toy Drive Marathon
Many people were responding to the
needs of the Hispanic Lions for there were
lots of toys upon my arrival at 1130am. The
St Finn Barr Catholic Church was having a
Holiday Boutique with delicious Latino and
Filipino food.

I walked around the hall looking at various crafts and decided it was time for lunch when I ran into Lion Dora, who was disposing the plates in the trash and Lion Colleen, both from the San Bruno Lions Club.

Daly City Lions Turkey Bowl

Lion Marian Mann's excellent article is on the front page, but the picture of the handsome young man is John Mosunic, brother of Lion Sam Mosunic of SSF Host, who bowled a perfect game of 300. Our team, besides the brothers, are Lions Theresa Garcia and myself, Sandee. We racked up 103 turkeys total for the needy. What fun we had and for a worthy cause.

BVHP Lions Thanksgiving Dinner for the Homeless



SF Hispanic Toy

Drive Successful

SF Chinatown Lions Christmas Dinner

Unfortunately, it was a rainy and cold, windy night but once inside we began to thaw a little. Everyone looked so beautiful in their evening dresses and the men handsome in suits. After all it was Chinatown's 1st Black and Red Ball.



We were entertained by several dance club members who performed various dances such as the Salsa, Waltz, Tango and Cha Cha. Apparently, one can take dancing lessons there at the Asia Garden Restaurant. The food was also good with so many dishes we couldn't keep up. Everyone had fun and the dance floor was full.

Happy Holidays to all! Submitted by Lion Sandee Ige



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From the SF Geneva Mission Bulletin:

31st Annual Giulio Francesconi Drawing and Dinner November 29th

Approximately 91 people were in attendance at the at the I.A.S.C. They enjoyed the customary salad, spaghetti & meat balls dinner with wine. This was topped off with coffee and ice cream.

Chairman Dick Johnson is again to be congratulated for conducting this important club fund-raiser. A total of 249 raffle tickets were sold/purchased. The winners and ticket sellers are:

\$12,000 Margot Clews

\$ 1,000 Ray & Claire Latham

\$ 500 Ken & Kathy Madden

\$ 250 H. Clews/LaVerne Cheso

\$ 100 Al Baldini

\$ 100 Lorenzo Lucchesi

\$ 100 Al & Blanche Fregosi

\$ 100 Dan Gardner

\$ 100 Jacob

\$ 100 Josephine Campagna

November 20th Mission Ed Turkey Lunch

The club put on its annual Thanksgiving lunch for first-year Spanish speaking students at Mission Educational Center, 120 kindergarten thru 5th grade students experienced their first traditional Thanksgiving meal of celery, turkey, chocolate milk, dressing, yams, string beans, corn bread, pumpkin pie and an apple. All of the food was ordered through and delivered by Boston Market. Aaron Straus coordinated the event under the chairmanship of Bre Jones. In addition to Aaron and Bre, from the club were servers Dick & Diane Johnson. Joe & Emily Farrah, Emily Powell, George Salet, Al Gentile and Lyle Workman. School district officials and media people were also present.

The students entertained with songs such as "Hello, Bonjour," "Mr. Farmer" and "Save the Turkey." Also, three of the students wrote heart-warming essays describing how they came to America and their gratitude for being here.

SAN FRANCISCO HISPANIC LIONS CLUB NICARAGUA CLOTHES and MEDICAL EQUIPMENT DRIVE.

Lions and Leos and even Scouts worked together to collect items to be sent to a small village in mountains of Nueva Guinea Nicaragua Central America.

There is a small hospital which serves a community of 500 families with 300 children.

100 of the children have physical and mental disabilities and live in the hospital.

This joint project required three to four months of collections, but in the end we were able to send the following:

15 to 20,000 lbs of clothes, 12 wheel chairs, 18 pairs of crutches,12 canes, 3 large boxes of toys, 6 large boxes of shoes, medical supplies, medical equipment, 150 pairs of prescription eyeglasses, 10 walkers for indoor and outdoor use, 4 blood pressure testers, 2 sets of kidney dialysis equipment and more.



This united project was a success thanks to the following Clubs, Leos,& Amigos of the Lions. 4C4 Leos Clubs, Millbrae Cub Scout Pack 355, S.S.F. Golden Gate L.C.-Lion Rudy, Lion Sight Clinic Coordinator- Lion Joy Saber OD MPH, Millbrae Lion Calvin Chin, Leos Leaders & Leos Advisors, Lion D.G. Ken Ibarra's 1st Lady Amy Fink, Millbrae Lion President Lynn Azzopardi.

GRACIAS AMIGOS LEONES SI SE PUEDE, YES WE CAN UNITED WE CAN SERVE THE WORLD











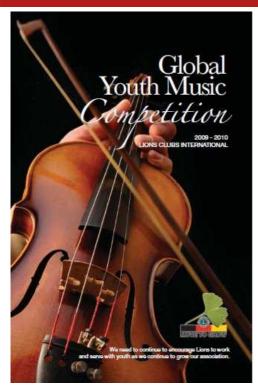


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Global Youth Music Competition 2009-2010

Objectives & Key Items

- Establish a unique cultural event allowing young musicians to participate under the same Rules on District, Multi District, Area and world wide level.
- Establish an image building factor to document Lions' Clubs International interest in talented young people; address through appropriate web site a new population
- Candidates: He/she should be less than 25 years of age (e.g. for Sydney 2010 born after 1985/12/31) and living at least five years in Constitutional Area.
- Instrument selected for Sydney 2010: Violin
- Performance: Candidates have to perform one imposed piece + two pieces selected from a repertoire list

Imposed piece:

Henryk WIENIAWSKI (1835-1880): Polonaise de Concert no. 1, op. 4

Repertoire List:

1. Johann Sebastian BACH (1685-1750): Sonata no. 1 for Violin solo, G minor, BWV 1001, Adagio and Fugue

- 2. Guiseppe Tartini (1692-1770) / Fritz Kreisler (1875-1962) Sonata in G minor ("The Devill's Trill")
- 3. Nicclò PAGANINI (1782-1840): Variations on "Nel cor più non mi sento" (violin solo)
- 4. Johannes BRAHMS (1833-1897): Violin Sonata no. 1 in G major, op.78,1st movement 5. Camille SAINT-SAENS (1835-1921): Havanaise
- 6. Peter I. TCHAIKOWSKY (1840-1893): Valse Scherzo op.34
- 7. Pablo de SARASATE (1844-1908): Carmen Fantasy op.25
- 8. Ernest CHAUSSON (1855-1899): Poème op.25
- 9. Maurice RAVEL (1875-1937): Tzigane 10. Bela BARTOK (1881-1945): Sonata for Solo Violin / Tempo di ciaccona
- 11. Witold LUTOSLAWSKI (1913-1994): Partita (violin & piano)
- 12. Luciano BERIO (*1924): Sequenza VIII for Violin

DG Ken is looking for an exceptional musician to represent District 4-C4 in the first Global Youth Music Competition.

If your club has a candidate, please inform DG Ken Ibarra. The District, with the help of Lion Randy Sahae, will provide a studio setup for recording and filming of each candidate. The deadline for sign-ups is Monday, January 4, 2010. The recording will take place by Wednesday, January 13, 2010. A winner will be selected by January 15. The District winner will then be forwarded to the MD4 Competition. Multiple District Winner will be selected by end of January and finalists will compete at the International Convention 2010 in Sydney.

Prizes are - 1st place \$12,000, 2nd place \$7,000 and third place \$3,000



Updates from Lion District Secretary Rudy:

San Francisco Hispanic Lions New meeting place: St. Finn Barr Church Hall, 415 Edna St. San Francisco, Ca 94112 every 3rd friday @ 7:00 pm

San Francisco Marina North Beach Lions New meeting day: 2nd tuesday same location Lion Diana Garcia, secretary new email address: labolitamagica@hotmail.com

San Francisco Merced Heights Lions
Lion Lydia Taylor-Bellinger correct email:
lat6264@comcast.net 2nd tuesday @ 5:00pm,
call for meeting location #(510) 878-7988 or (510)
520 7910

San Francisco Bay Lions Robert & Sandra Ramos email address: theramosfamily@comcast.net Miriam Chaname email: miriamchaname@sbcglobal.net Bus: 415-550-1068 Cell: 650-270-1716

San Francisco Host Lions
PDG Jocelyn Mina new email:
jocelynmmina@comcast.net
Rod Mercado, secretary email:
rod@financialrescuellc.com cell: 510754-7912
Membership chair Yollie Cayabyab new email:
ycayabyab@yahoo.com

Burlingame Lions Cabinet Treasurer Toni Nava new email: dntoycollector@aol.com

San Francisco Nikkei Lions Bill Stipinovich new email: WILLIAMSTIPINOVICH@comcast.net

East Palo Alto Lions
Norma Hymes, new club secretary
Email: normahymes@yahoo.com
Address: 1981 Tate Street #B110, East Palo Alto,
Ca 94303 Res: 650-630-1712
Meeting: 1st Tuesday @ 5:30PM
Place: Ecuminical Hunger, 2411 Pulgas Ave East
Palo Alto, Ca 94303

San Mateo Metropolitan Lions New Club President, Loretta Huang Email: Ilhuang88@aol.com Cell: 650-464-2120

Address: 1690 Holt Ave, Los Gatos, Ca 94024

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4C4 CABINET 2009 - 2010

DISTRICT GOVERNOR
KEN IBARRA
(Amy Fink)
100 Lucia Court, San Bruno, 94066
R: 650-589-4613
C: 650-400-1005
F: 650-873-4560
Lionkenibarra@yahoo.com

1ST VICE DISTRICT GOVERNOR MICHAEL SIMONINI (Jane) 1075 Vista Grande, Millbrae, 94030 R: 650-697-6346 C: 650-520-5948 E: jsimvista@sbcglobal.net

2nd VICE DISTRICT GOVERNOR ESTHER LEE (Lion Leland) 2310 Bourbon Court, So. San Francisco, R: 650-742-9333 C: 650-278-1277 B: 415-885-7664 F: 415-771-4472 E: evlee22@gmail.com

IMMEDIATE PAST
DISTRICT GOVERNOR
EMIL KANTOLA (Lion Yvonne)
660 Manor Drive, Pacifica, 94044
R: 650-355-3526 C: 650-892-0685 F:
650-472-9012 E: lionkantola@gmail.com

CABINET SECRETARY RUDY PEDAGAT (Bella) 19 Blossom Court, Daly City 94014 R: 650-993-8897 C: 415-652-7271 E: rrpedagat@comcast.net

CABINET TREASURER TONI NAVA (David) 916 Park Avenue, Burlingame 94010 R: 650-343-8926 B: 650-216-8883 C: 650-504-5222 E: dntoycollector@aol.com

ZONE & REGION CHAIRS

REGION ONE NORTH

MARGARET K. LEE 1369 22nd Avenue, San Francisco, R: 415-661-9076 C: 415-203-0116 F: 415-358-4153 E: margaretklee@gmail.com

Zone One
BRE JONES (John)
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Sunrise, Redwood Shores, San Carlos

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SUNSHINE REPORT: Foster City Lion Carolyn Cox is feeling great after recent hip surgery!



Wishing fast recovery to PDG Ray Kliewer from his recent leg surgery.

Condolences to Lion Harry Costa (San Bruno Lions) and family for the passing of son, Tony.

Bayview Hunter's Point: The funeral services for former Lion Arthelia Mims Sister of Lion Dr. James Calloway were held December 22. Let's all keep Lion Dr. James Calloway and his family in our prayers during their time of bereavement. They have truly been grief-stricken over the last two years. Lion Dr. Calloway has lost a father, two sisters and a first cousin during this timeframe.



Answer: Lion President Phyllis Moore, Foster City Lions (There's No Place Like Home)



District 4C4 Lion of the Year PDG Mel Phillips and Lady Pat

LIONS OBJECTIVES

- •To Create and foster a spirit of understanding among the peoples of the world.
- •To Promote the principles of good government and good citizenship.
- •To Take an active interest in the civic, cultural, social and moral welfare of the community.
- •To Unite the clubs in the bonds of friendship, good fellowship and mutual understanding.
- •To Provide a forum for the open discussion of all matters of public interest: provided, however, that partisan politics and sectarian religion shall not be debated by club members.
- •To Encourage service-minded people to serve their community without personal financial reward, and to encourage efficiency and promote high ethical standards in commerce, industry, professions, public works and private endeavors.

Lions District 4-C4 Newsletter Lion Randy Sahae 1189 Millbrae Ave Millbrae, Ca. 94030-2948