



# The Burlingame Lions Club

District 4-C4

“The Roar of the Pride”



**October 1, 2017**

Fellow Burlingame Lions,

Fifteen Burlingame Lions members and their family had a field trip to the American Legion to join the San Mateo Lions Bingo. The club and their guests received a warm welcome from the San Mateo Lions. Four other Lions Clubs were also represented. There were a dozen teenagers and children as well as grandparents in the audience. It was great to see the multi generation and external club participation. Although BLC members missed the target in winning a bingo round, the group won in fun and friendship.

Calling all members. Please get the word out and sign up friends and neighbors for our Bocce Fundraiser on October 21st to benefit Paloma Park. Please reach out to your contacts at BHS, BCE, Burlingame Police, Burlingame Fire, City Council, Rotary, Chamber, Historical Society, St. Cat.'s, OLA, Newcomers Club (Burlingame Women's Club), etc. Let's have a team from each of these organizations and get our community involved in a fun and casual environment to help a local cause. The goal is have events that involve more of our community and are more legacy oriented that have long term presence/impact in our community.

Calling all committees. Please have your committee reports ready. I am asking that the committees present their status and recommendations at the October board meeting. Please make the time to meet with your committee members. Be part of the solution and agent of change for the better in every aspect of our club.

It's not your imagination that you are seeing White Elephants. Keep your eyes open for updates from Lion Len and please answer his call for help. Please get your flashlights out and find those items you would like to donate to the club for auction at our White Elephant on November 10th evening.

The Board has voted to approve moving forward past the exploration stage of hosting a “Taste of Burlingame”. The club will be working together with the First Responders Lions Club who did the lion's share of the initial marketing requirements and community outreach. Thanks to Lion Linda Caswell for your diligent work.

Please bring your pencils and your thinking caps to this Thursday's lunch. There is no scheduled speaker. Therefore, the club will be discussing the upcoming projects and have a working meeting. If you have some good jokes or stories bring those too in case a member falls asleep at the drawing board. In the meeting, the club is looking for members to step and chair some fundraisers.

President Kwang Park

## Meeting Schedule

The Board and General Membership have voted to extend the trial period for our meetings.

For the months of October, November and December, we will conduct luncheon meetings on the first and third Thursdays of the month. An evening meeting will be held on the last Thursday of the month.

### Club Officers

Kwang Park  
President

Kevin Kielty  
First VP

Brad Floyd  
Secretary

Nancy Ingram  
Treasurer

Nirmala Bandrapalli  
IPP

Don Stanaway, PDG  
Tail Twister

Pat Kinsella  
Lion Tamer

Erik Winkler  
Membership

One Year Directors  
Alice Castillo  
Ken Ingram

Two Year Directors  
Tsui Ling Hyland  
Jack Van Etten, PDG  
Kris Waluszko

## “The Roar of the Pride”



### Bingo with the Stars of San Mateo

The scheduled Thursday evening meeting was moved to the American Legion Hall, so we could join the San Mateo Lions in their fund raiser for their Veterans charities and Youth and Community activities. Our members shared a fun evening with their fellow Lions. Ning’s lasagna was great and the bingo was exciting.

Visitations to other Clubs is a wonderful way to support their activities, as well as seeing how their meetings are run. Meeting your fellow Lions is a great way to share ideas and fellowship.



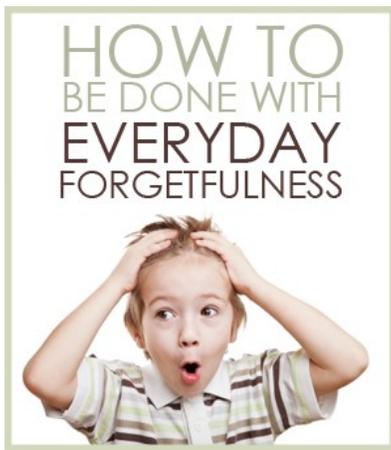
### Lions Student Speaker Contest



The MD4 California Lions Student Speaker contest is in the works. The 2017-2018 topic is the following:

***“Integrity and Civility Play What Role in Today’s Society?”***

The 81st annual student speakers contest will begin in February 2018. The final winning speaker will receive a total scholarship of \$21,000.00. Over \$103,500.00 will be paid out in scholarships to the winning students. Our Club sponsored speakers have done well in the past few years. Come to our Student Speakers contest and see who will represent our Club this year.

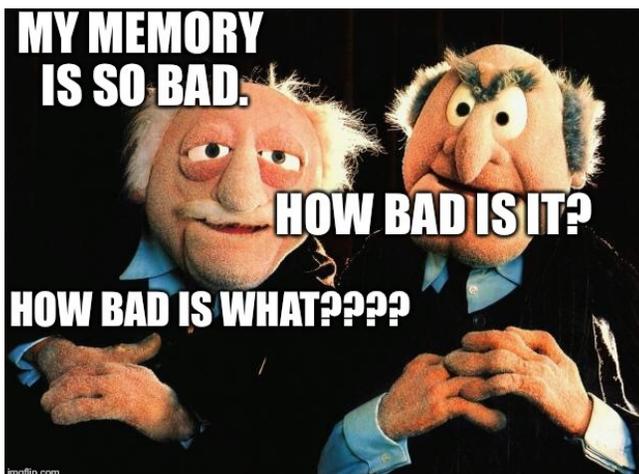
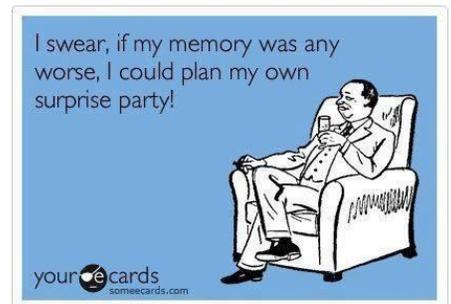


## Word Search and Where'd that Go?

Have you ever walked into a room with the intention of getting something, then forgotten what you were looking for. Do you ever have trouble remembering someone's name, or coming up with a specific word. We take for granted that our memory gets worse as we age, that forgetfulness is a natural result of aging. Studies tend to disprove this belief. They find that with the right stimulation, your brain can form new neural pathways resulting in acquiring new skills and improve cognitive abilities. Staying mentally sharp requires some effort.

## Nine Tips to Boosting Your Brain Power at Any Age

- **Give Your Brain a Workout:** learn something new and challenging
- **Don't Skip the Physical Exercise:** moderate exercise gets the blood pumping, especially to the brain
- **Get Your Sleep:** most adults need between 7.5 to 9 hours of sleep each night for optimal mental alertness
- **Make Time for Friends:** meaningful friendships are vital to both emotional and brain health
- **Keep Stress in Check:** chronic stress has a deleterious effect on the brain and memory; meditation is helpful
- **Have a Laugh:** laughter reduces stress, it activates areas of the brain vital to learning and creativity
- **Eat a Brain Boosting Diet:** foods rich in omega-3s, fruits/vegetables, green tea, red wine...in moderation
- **Identify and Treat Health Problems:** control illnesses: diabetes, hypertension; some medications effect memory
- **Take Practical Steps to Support Learning and Memory:** be dedicated to learn something new; take your time



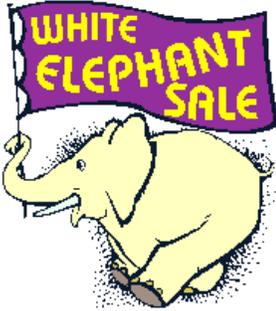
## What's this have to do with us?

Having a fun time with good friends covers two of the elements in maintaining cognitive skills. That's what belonging to a Lions Club is all about; having fun and making good friends. You can take it a step further by taking a leadership role to challenge your ability to lead and organize.

In many ways, you get more out of your Lions Club membership than what you put into it.

## It's a White Elephant Auction

We are planning a White Elephant Auction for Friday, November 10, 2017 at the Lions Hall. It will be a grand event...spaghetti dinner, silent auction, and a live auction. We'll have a team of auctioneers to keep the bidding exciting and lively.



We need you to donate White Elephant items for the live auction, as well as suitable items for our silent auction. The silent auction items can be gift certificates for service or food, material items that have reasonable value, collectible items, or something that would attract bidding. Contact Lion Len Ma to donate to this event, or if you have questions.

This event will be a fun-filled success if we have a full house, so bring your friends and family. The cost will be very reasonable, so there isn't any excuse for not attending.

**CHECK OUT THE FLIER AT THE END OF THIS BULLETIN.**

Proceeds from this function will benefit the Administrative fund of the BLC.

## A Benefit to Restore Paloma Park

The Burlingame Lions Club and the Park and Recreation Foundation are joining forces to raise funds for the restoration of Paloma Park. This park is one of several, which were designated "Lions Club" parks due to our financial assistance in renovating them. These "tot lots" are scattered around Burlingame. This park suffered significant fire damage to the play structures. The playground will be totally rebuilt and it will be gorgeous.

This bocce tournament will raise funds for this project. You don't have to know anything about playing bocce to come and have a good time. If you can roll a two pound ball, you can play bocce. It doesn't take strength or speed to play and win. For those who need to know the rules, here is a link:

<http://www.boccestandardsassociation.org/StandardRules/rules.htm>

**Date: Saturday, October 21, 2017**

**Place: Burlingame Bocce Courts in Washington Park (near the Lions Hall)**



# HALLOWEEN

Join the Lions of the Bay Area Special Olympics for a Halloween extravaganza. There will be lots of ghosts and goblin at the party, so come as your favorite ghou or super hero. Your donated costumes will get you a special raffle ticket.

Date: Wednesday, October 11, 2017

Place: The Haunted Burlingame Lions Hall

Time: The Bewitching hour of 6:00 pm

Cost: \$15.00 per person



# “The Roar of the Pride”



## Tow Away Zone

Watch where you park in Burlingame. If you park your car in a restricted area, you will have your car towed. That can be expensive.

## Be Careful Out There

There is a person out there driving a Green Fiat, who delights in motoring down Lions. He bears a striking resemblance to Lion Dale Schmidt. **Be on guard!**



# October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	Lunch Meeting	6	7
8	9	10	BASO Party	12	13	14
15	Bosses Day	17	18	Lunch Meeting	20	Bocce for Paloma Park
22	23	24	25	Evening Meeting	27	28
29	30					

# The Burlingame Lions Club

Chartered 1929

District 4-C4 Region 3 Zone 1

Meetings: Lions Hall

990 Burlingame Ave

Burlingame CA

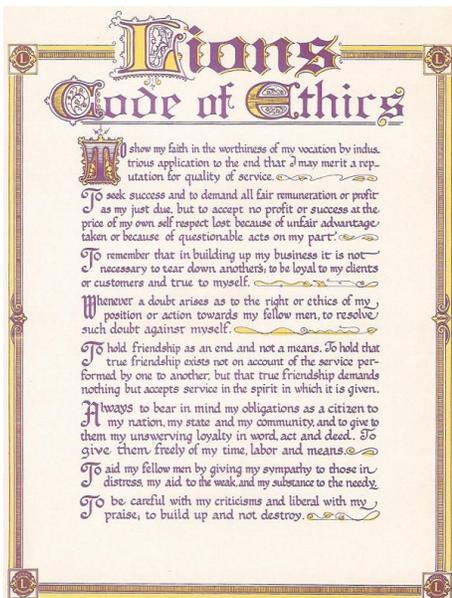
Time: Thursday 12:10—1:30 pm

## District Governors of the Burlingame Lions Club

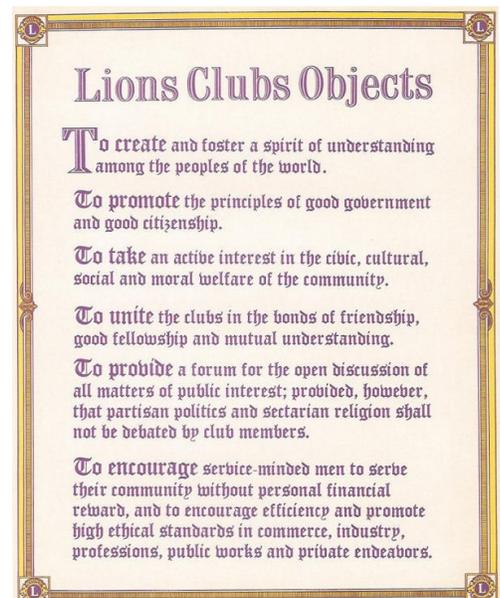
<b>Daniel O’Connell</b> .....	<b>1943-44</b>
<b>Judson Holland</b> .....	<b>1954-55</b>
<b>Gilbert Larish</b> .....	<b>1964-65</b>
<b>Hermann Schmidt</b> .....	<b>1968-69</b>
<b>Donald Stanaway</b> .....	<b>1979-80</b>
<b>John Benson</b> .....	<b>1982-83</b>
<b>Raymon Klierer</b> .....	<b>1987-88</b>
<b>Albert Leyva, Jr.</b> .....	<b>1996-97</b>
<b>Kenneth Newman</b> .....	<b>1997-98</b>
<b>Jack Van Etten</b> .....	<b>2014-15</b>

## District Officers

District Governor Mario Benavente.....	mxbdd@aol.com
1st VDG Lydia Taylor-Bellinger.....	lat6264@comcast.net
2nd VDG Helen Casclang.....	ahmacasa@yahoo.com
Region 3: Clayton Jolley .....	claytonjolley@comcast.net
Region 3/ Zone 2: Nirmala Bandrapalli .....	nirmalabandra1@gmail.com



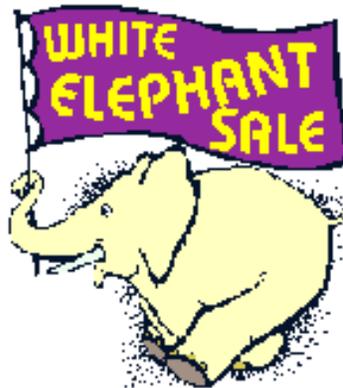
The building blocks of Lionism.



<p><b>Bandrapalli, Nirmala I.</b> (Sam) h-650-652-6458 c-650-892-6653 1524 Meadow Ln Burlingame, CA 94010 nirmalabandra1@gmail.com Entrepreneur 1/14</p> <p><b>Blevins, Carlus</b> (Loretta) h-650-692-4823 1813 El Camino Real Ste #7 Burlingame, CA 94010 carlusblevins@comcast.net Retired 2/21</p> <p><b>Bolivar-Crespo, Lady Viviana</b> h-650-291-3251 w-650-696-1725 1325 Howard Av #202 Burlingame, CA 94010 bolivarviviana@hotmail.com Escrow Officer 4/21</p> <p><b>Caccia, Geno D.</b> (Susan) James Caccia Plumbing Inc. w-650-342-5363 f-650-342-5320 917 N Amphlett Blvd San Mateo, CA 94401 gc@cacciaplumbing.com Plumbing Contractor 5/24</p> <p><b>Castillo, Alice</b> h-650-558-1300 1101 Marquita Ave Burlingame, CA 94010 alicecas@aol.com 8/28</p> <p><b>Coleman, John "Chip"</b> (Shirin) h-650-348-8644 w-650-340-6511 2308 Hale Dr Burlingame, CA 94010 john.coleman@msdw.com 9/16</p> <p><b>Duncan, Stephen "Steve"</b> h-650-303-7726 515 Almer Rd Apt 4 Burlingame, CA 94010 duncan_stephen@sbcglobal.net 1/5</p> <p><b>Floyd, Bradley "Brad"</b> (Madeline) h-650-875-7569 c-650-201-6144 352 Hazel Ave San Bruno, CA 94066 bradleyfloyd875@msn.com Ret. Burlingame Police 1/26</p> <p><b>Garrison, Peter</b> (Joanne) "The Sermonator" h-650-348-2614 w-650-344-3040 2905 Adeline Dr Burlingame, CA 94010 pastorg1@aol.com Ret. Lutheran Pastor 12/28</p> <p><b>Glomstad, Margaret</b> h-650-349-7542 w-650-558-7307 154 McLellan Ave San Mateo, CA 94403 Parks &amp; Recreation Director mglomstad@burlingame.org 9/12</p>	<p><b>Hyland, Charles</b> (Tsui Ling Pan) c-415-425-4898 h-650-318-5775 w-650-436-6626 1243 Capuchino Ave #3 Burlingame, CA 94010 charles.c.hyland@gmail.com Network Operations 8/4</p> <p><b>Hyland, Tsui Ling Pan</b> (Charles) c-628-777-8896 1243 Capuchino Ave #3 Burlingame, CA 94010 Susanapanalt@gmail.com 4/8</p> <p><b>Ingram, Ken</b> (Maria Nancy) h-650-348-7886 w-650-245-2993 320 Peninsula Ave #101 San Mateo, CA 94401 kennancy46@gmail.com Putnam Automotive 4/23</p> <p><b>Ingram, Maria Nancy</b> (Ken) h-650-348-7886 w-650-245-2991 320 Peninsula Ave #101 San Mateo, CA 94401 kennancy46@gmail.com Home Realty of SF 6/9</p> <p><b>Keighran, Ann</b> (Sean) h-650-340-9399 w-650-343-7111 c-415-793-5802 1531 Vancouver Ave Burlingame, CA 94010 ann@sjkdev.com Burlingame City Council 5/16</p> <p><b>Kielty, Kevin</b> (Deborah) h-650-574-5652 w-650-525-1464 c-650-515-9783 2216 Portsmouth Way San Mateo, CA 94403 Kkarbor0476@yahoo.com Arborist 6/27</p> <p><b>Kinsella, Patrick "Pat"</b> (Phyllis) h-650-347-9754 w-650-347-9861 1520 Columbus Ave Burlingame, CA 94010 patphyllis@sbcglobal.net Retired Realtor 5/19</p> <p><b>Lopez, William "Bill"</b> (Manyun) h-650-637-9929 w-888-547-4050 x7142 840 Somerset Ct San Carlos, CA 94070 billLopez@comcast.net Real Estate Inv. 1/19</p> <p><b>Ma, Leonard "Len"</b> (Sanae) h-650-348-1727 w-650-344-3112 411 Primrose Rd Burlingame, CA 94010 lencolt@gmail.com Family Vision Center 4/18</p>	<p><b>Malfatti, Judy</b> c-650-302-6077 h-650-588-8896 958 Evergreen Way Millbrae, CA 94030 judithmalfatti@yahoo.com Ret. Burlingame City Clerk 8/24</p> <p><b>Marshall, Jonathan</b> (Chris) h-562-860-0940 w-415-677-1200 18423 Marie Pl Cerritos, CA 94070 jonneimmarshall@gmail.com 4/28</p> <p><b>Martin, Carl</b> (Janet) h-650-347-8739 w-650-343-7263 c-650-703-8395 451 Cumberland Rd Burlingame, CA 94010 carl@thestudioshop.com The Studio Shop 8/9</p> <p><b>McCulley, Brad</b> w-650-558-7401 c-415-424-9676 480 Primrose Rd Burlingame, CA 94010 mcculley@plsinfo.org Burlingame City Librarian 4/6</p> <p><b>Mendelson, Glenn</b> (Kristine) h-650-343-1298 w-650-342-8284 c 650-759-5802 1816 Barroilhet Ave Burlingame, CA 94010 glennm1@ix.netcom.com Mendelson Productions 2/16</p> <p><b>Newman, Kenneth "Ken"</b> (Norma) h-650-342-3544 1401 Carmelita Ave Burlingame, CA 94010 33knewman@gmail.com Ret. Hillsborough Fire Chief 7/4</p> <p><b>Osborne, Kevin P.</b> h-650-342-6611 c-650-787-1986 w-650-347-1717 P O Box 375 Burlingame, CA 94011 kevin@kevinosborne.com 965934@sbcglobal.net Insurance broker 1/16</p> <p><b>Panzica, Larry</b> (Ha) h-650-347-9177 c-650-576-5000 w-650-347-9177 600 N. Claremont #9 San Mateo, CA 94401 ljpp@aol.com L &amp; R Equities, Inc. Mortgage Broker 8/2</p> <p><b>Park, Kwang</b> c-408-425-8622 w-650-579-3076 346 Goodwin Dr San Bruno, CA 94066 kwang.hyon@gmail.com Financial Advisor 10/??</p>	<p><b>Pedigo, Harry "Hap"</b> h-408-733-9579 w-650-344-7641 120 N El Camino Real San Mateo, CA 94401 hap974@aol.com Attorney at Law 11/21</p> <p><b>Schmidt, Dale A.</b> (Laura) h-650-342-8005 19 Alberta Gln Burlingame, CA 94010 dale@algerkin.org Ret. Civil Engineer 10/2</p> <p><b>Sontag, Jacqueline "Jackie"</b> h-650-343-1188 2601 Adeline Drive Burlingame, CA 94010 Retired 5/4</p> <p><b>Stanaway, Donald "Don"</b> h-650-697-6779 1200 Millbrae Ave Millbrae, CA 94030 donstanaway@yahoo.com Retired Grocer 4/7</p> <p><b>Tucker, Maryah</b> h-650-697-6779 c-650-576-9909 1200 Millbrae Ave Millbrae, CA 94030 maryahltucker@yahoo.com 31 Consultant 5/2</p> <p><b>Van Etten, Jack</b> (Lynn) h-650-692-3360 c-650-726-4606 1620 Quesada Way Burlingame, CA 94010 jackusf74@comcast.net Ret. Burlingame Police Chief 1/1</p> <p><b>Vielbaum, Gary</b> (Deborah) c-650-303-2307 w-650-343-4931 812 Foothill Ave San Mateo, CA 94402 n6shr@aol.com Pacific Auto Repair 6/15</p> <p><b>Waluszko, Kris</b> c-718-288-6138 815 N Humboldt St, Apt 404 San Mateo, CA 94401 kris.waluszko@gmail.com Atria Executive Director 4/2</p> <p><b>Winkler, Erik</b> (Julie Li) c-650-834-2323 39 Bancroft Rd Burlingame, CA 94010 notdafonz@yahoo.com Real Estate Sales/Inv. 3/20</p> <p><b>Wood, Marie</b> (Cathy) c-415-215-7103 76471 Via Del Sole Desert Hot Springs, CA 92240 woodinsur@aol.com Ret. Insurance Broker 9/1</p> <p><b>Wuestefeld, Betty</b> h-650-347-5723 2312 Hillside Drive Burlingame, CA 94010 Retired 8/14</p>	<p><b>Burlingame Lions Club</b> <b>Special Guests:</b></p> <p>Andersen, Carolyn (Dan) h-650-348-1901 728 Vernon Way Burlingame, CA 94010</p> <p>Benson, Martha (John) h-650-315-2810 c/o Sterling Court 850 El Camino Real #429 Burlingame, CA 94010</p> <p>Feith, Astrid (Cees) h-650-692-4850 1900 Garden Dr #307 Burlingame, CA 94010</p> <p>Goodman, Jill (Bob) h-650-349-0541 w-650-344-7641 62 Lyonridge Ln San Mateo, CA 94402</p> <p>Harrison, Dolores (Bud) h-925-833-1908 7087 York Ct Dublin, CA 94568</p> <p>Heffernan, Maggie (Jack) h-650-343-8690 615 Cuesta Ave San Mateo, CA 94403</p> <p>Kliwer, Marsha (Ray) h-650-574-7570 931 Crane Ave Foster City, CA 94404</p> <p>Parish, Marcia (John) h-650-347-8076 1548 Vancouver Ave Burlingame, CA 94010</p> <p><b>LEGEND</b> <b>Regular Member</b> <b>Life Member</b> <b>Affiliate Member</b> <b>Privileged Member</b> <b>Associate Member</b> Other</p> <p>Lions Website <a href="http://e-clubhouse.org/sites/burlingame_ca/">http://e-clubhouse.org/sites/burlingame_ca/</a></p> <p>Revised 09/02/17 38 + 1 + 8 DAS</p>
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## The Event

**Date:** Friday, November 10, 2017  
**Place:** Lions Hall  
990 Burlingame Avenue  
Burlingame CA  
**Fees:** Only \$10.00 per person



## The Program

**5:30-6:30** Cocktails  
**6:30-7:30** Spaghetti dinner  
**7:30-9:00** Live Auction  
Silent Auction

# We're Planning a White Elephant Auction and We Need You to Help Out



Do you have unique and incredible items that you feel that someone needs...but you don't. Then...donate them to the **Live Auction** and we'll find someone who appreciates it.

The **Silent Auction** needs great items to entice our guests to bid high. We would love your donation of a desirable item, or gift certificate. The item will start with a minimum bid, depending upon its value. Restaurant certificates are always good, as well as certificates for service.



**Contact Lion Leonard Ma to donate your items or ask questions**  
lencolt@gmail.com

The final item....we need your attendance. This event will be more fun and exciting when the Hall is full, so bring your friends and family.

**The more the merrier!**



Proceeds from this event will benefit the Burlingame Lions Administrative Fund



# Paloma Park Bocce Fundraiser



## The Washington Park Bocce Courts

**Saturday, October 21, 2017**

Registration: 8:30 am; Tournament begins at 9:00am

- \* **Teams of 4 to 6 players must register by Sat, Oct. 7th**  
((\$100 per team – Space is limited to the first 12 teams to register)
- \* **Double elimination format**      \* **Prizes for top finishers!**

### REGISTER in one of three easy ways:

- Online at <https://registration.burlingame.org/public/class/32666/>
- In person at the Burlingame Recreation Center, 850 Burlingame Avenue
- Over the phone with Parks & Recreation staff at (650) 558-7300

### DONATE

- Buy a brick <https://polarengraving.com/BurlingameParksandRecreationFoundation>
- Donate Cash or Check payable to [Burlingame Lions Club FBO Paloma Park](#)
- Donate a raffle prize

**SPONSOR A COURT OR TEAM:** contact Randy Schwartz or Kwang Park

### ***For more information:***

Contact Randy Schwartz, 650-520-3541, [rschwartz@myastound.net](mailto:rschwartz@myastound.net)  
Lion Kwang Park, 408-425-8622, [burlingamelions@gmail.com](mailto:burlingamelions@gmail.com)

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*Burlingame Lions Club has been serving  
and supporting the local youth and  
community since 1929.  
Where there's a need, there's a Lion.*



*Burlingame Parks & Recreation Foundation  
raises funds for improvements to local  
parks, youth scholarships, and new  
recreation program opportunities.*

