



* COMPASSION * ADVOCACY *
* EMPOWERMENT * EXCELLENCE *
* DIVERSITY *

LIONS DISTRICT 4-C4

SF



PA

www.lions4c4.org



We Serve—San Francisco to Palo Alto Jan—March 2020



DISTRICT GOVERNOR MESSAGE

Dear fellow Lions, Dignitaries, Cabinet Members, Families, and Friends,

Hello and warm greetings to everyone! It's my pleasure and happiness to greet you all today, during this occasion of Holy Week and Easter season for year 2020. I hope and wish that you are all doing well, healthy and happy with your families, friends and loved ones.

Let us all celebrate the Holy Week and Easter season, and commemorate the Passion of Christ. Traditionally, Holy Week means religious holidays and observance, which includes the Palm Sunday, Maundy Thursday, Good Friday, and Holy Saturday. Normally, the Churches

are full of Church goers and believers of God, young children, adults and elderly people, from different race, color and ethnicities. During Holy week, people go to Church to attend the Holy mass, pray, repent, asks for forgiveness, grace and blessings from our Divine Lord God.

After the observance of Holy Week, we normally celebrate Easter Sunday with joy and merriment, especially for the families with young children. The children look forward every Easter Sundays to go out

with their families, with their Sunday dresses and decorative baskets for Easter egg hunting in their Churches and neighborhood. Easter Sunday is indeed, a very



special occasion because we celebrate the resurrection of our Lord Savior, Jesus Christ!

In this time of Corona Virus or COVID-19 pandemic, our lives changed dramatically. We have to change and adjust our ways of life for our safety and protection from COVID-19 infection. We have to celebrate Holy Week and Easter Sundays with prayers in our home, attend holy mass via the television and engaged young children at home with drawings, paintings, art works, play activities, games, watch children's shows, and story-telling instead of going out for Easter egg hunting.

The Center for Disease Control (CDC) and Department of Public Health (DPH) had issued warnings about our safety and protection from the spread of the COVID-19. The State, Federal, and local government had issued orders for Shelter at Home and Social Distancing in order to prevent the spread of the disease. The CDC advised all people to take some precautions in order to prevent the spread of the disease such as hand washing, avoid

close contact, maintain 6 feet distance between yourself and others, cover your mouth and nose when around others, cover coughs and sneezes, wear face mask and gloves, clean and disinfect surfaces at a daily basis.

It's very sad and tragic that the COVID-19 had spread very rapidly and infected many people all over the world. To date (4/28/2020), there are 3,080,467 Corona Virus cases globally, with 213,824 deaths and 781,382 recovered cases. In the USA alone, we have 1,032,962 cases of Corona Virus, with 58,986 deaths, and 117,708 recovered cases. The USA has the highest total of Corona Virus cases all over the world and highest total deaths all over the world. California has 45,471 cases, with

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1805 deaths. At this point, there is no vaccine for Corona Virus.

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**1st Vice District
Governor Message**

Greetings to my Fellow
Lions,

**Pictures tell stories. Here are my
stories for you.....**

**Let me know if you want a
TECH Workshop on ZOOM,
GoToMeeting, Group Chat/
Message..... Let me know your
special need!**

**Stay Safe! Stay Healthy! Stay
Home!**

**PS: Remember your timely
PU101 and eligible delegates to
vote by mail!**

Lion Fanny Chu
1st Vice District Governor



International Kiwanis, Rotary, Lions and Optimist clubs united in service to their communities



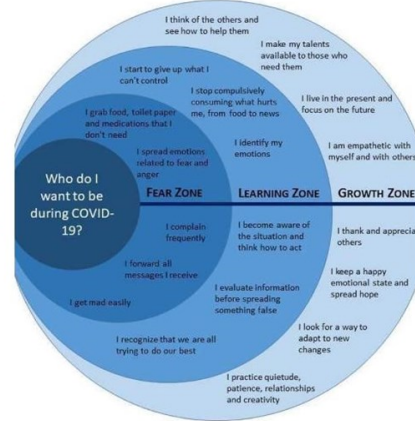
Zoom meeting, audio only Zoom meeting with video



if you don't come out of this quarantine with:



- New skills**
 - Your side hustle started**
 - More knowledge**
- You never lacked **time**, you lacked **discipline**.



Past District Governors...



Larry Wong * 1988-1989 * **Lou Ercoli** * 1991-1992 * **Kenneth Newman** * 1997-1998 * **Mel Phillips** * 1998-1999 * **Elma Loreda** * 2000-2001 * **Michelle Jester** * 2002-2003 * **Joycelyn Mina** * 2003-2004 * **Ray Rosenthal** * 2004-2005 * **Eugene Chan** * 2005-2006 * **Maxine Frazier** * 2007-2008 * **Emil Kantola** * 2008-2009 / Council Chair 2009-2010 * **Ken Ibarra** * 2009-2010 * **Mike Simonini** * 2010-2011 * **Esther Lee** * 2011-2012 * **Robert Wilson** * 2012-2013 * **Stephen Picchi** * 2013-2014 * **Jack Van Etten** * 2014-2015 * **Macy Mak Chan** * 2015-2016 * **Rod Mercardo** * 2016-2017 * **Mario Benavente** * 2017-2018 * **Lydia Bellinger-Taylor** * 2018-2019
Bold—Pictured





**2nd Vice District
Governor Message**

Specialty Clubs

As a Second Vice District Governor, I am tasked on membership, since membership is the lifeblood of our organization. The more members we have, the more services we can provide to our communities. In my last article contributed to the district newsletter, I shared information about the North American Membership Initiative (NAMI) and analyzed District 4-C4's phenomenal membership growth for the last four years. This time, I will discuss the formation of Specialty Clubs. Specialty Clubs are not a new concept, it is somewhat similar to special interest lions clubs which were introduced in the past. In fact my own lions club, the San Francisco Fil-Am Lions Club which is an ethnic/cultural lions club will be celebrating its Golden Anniversary of its Charter next year. It is just a new name but it's giving excitement and enthusiasm to Lions to form new clubs, and with increased membership we can provide more services to our communities.

So, what is the Specialty Club Program? It is a new club development resource enhancing and expanding support for lions clubs with specialized interests and/or like-minded members. This program focuses on developing clubs that are based on special characteristics that binds its members together. Forming specialty clubs allows groups of people around the world to turn their passions into rewarding service projects that directly benefit their



communities. Individuals form their specialty lions clubs based on culture or ethnicity, life stage, cause, profession or education, sport or hobby, experience or anything that they are passionate about. The LCI conducted training for specialty clubs charter coordinators at Districts 4-C4, 4-C6 and 4-L3. The LCI certified specialty club charter coordinator will be reimbursed up to \$3,000 for their expenses if he or she will form at least three clubs with at least one hundred new lions. The reimbursement will be up to \$5,000 if the clubs formed are international clubs. Granting that District 4-C4 have ten specialty clubs charter coordinators, and most or all of them will charter one to three specialty lions clubs, District 4-C4's membership growth will be all the way to the roof!

There are fifty-two clubs in District 4-C4. More than fifty percent of all the clubs are considered specialty clubs! Most of these clubs are based on ethnicity or culture. Examples of our districts' specialty clubs are the following: San Francisco Veterans Lions Club which is composed mostly veterans with advocacies centered on veterans services, Peninsula First

Responders Lions Clubs composed of first responders such as police, firefighters, paramedics, etc; others specialty clubs which by their name alone you can easily determine which interest binds them together- San Francisco Chinatown LC, Silicon Valley Cyber LC, San Francisco Latinos

Unidos LC, Peninsula Special Interest LC, Peninsula Veterans LC, San Francisco Buddha LC, San Francisco Nikkei LC, San Francisco American-Korean LC, San Francisco SFSU Campus Club. The remarkable membership growth in our district is mainly contributed by these specialty clubs.

Because of rich diversity of our district, new specialty clubs will be chartered, more members will be recruited, and more services to be provided to the communities. Specialty Lions Clubs formation is a great concept!

Lion Dr Jun Valera

Second Vice District Governor



Club Presidents...



Bay Area Special Olympics * Helen Habeeb * Belmont * Christine Beard * Brisbane * John Mazza * Burlingame * Kevin Kiely * Daly City Host * Don Fleming * Foster City * Jimmy Ness * Half Moon Bay * Gregory Radican * Menlo Park Live Oak * John Hickson * Millbrae * Robert Duco * Pacifica * Sherry Hansel * Peninsula Special Interest * Eleanor Britter * Peninsula Veterans * Thomas Martinez * Redwood City Sunrise * Boyd Schauer * Redwood City Downtown * Paul Sanfilippo * Redwood Shores * Jose Aurellano * San Bruno * John Giuseponi * San Carlos * Michael Coffaro * SF Aeta * Fernando Briosos * SF Bay Area * Allen Lee * SF Bay Area New Century * Gina Tse * SF Bayview Hunters Point * Jessie Peoples * SF Buddha * n/a * SF Circle * Billardo Morete * SF Chinatown * Irene Young * SF Cosmopolitan * Angie Louie * SF Dynamic * Agnes Estillore * SF Fil-Am * Ronnie Helen Marte * SF Financial Rescue Lions Club * n/a * SF Geneva Excelsior * George Salet Jr * SF Highlands * Lucito Tomada, Rev * SF Hispanic * Ninette Mendoza * SF Host * Uni Pacay Buckley * SF Korean American * Jong Lee * SF Latinos Unidos * Ruffino Ramos * SF Marina North Beach * Eve Santos * SF Merced Heights * Lydia Taylor-Bellinger, PDG * SF Nikkei * David Fujita * SF Nueva Vizcaya * Mariene Dumpit * SF Ocean-Ingleside * Connie Bridgewater * SF Park Presidio Sunset * Paul Kozakiewicz * SF Premier * May Coon * SF State University * n/a * SF Supreme * Adlai Jew * SF Unified * Carol Fung * SF Veterans * Warren Adamson * San Mateo * Sabrina Kupperburg * San Mateo County First Responders * Todd Medford * San Mateo Metropolitan * Lily Sun * Silicon Valley * Asia Kan * Silicon Valley Cyber * Calvin Yee * SSF Golden Gate * Librada "Bing" Yamat * SSF Host * Luis Alvarenga



Humor

If you have humorous stories to share, please send your content to lionjohnngill@gmail.com for our next issue. Source: <https://www.psychologytoday.com/us/blog/passion/202004/whats-so-funny-about-the-pandemic>



Coronavirus Humor

If you need a 144 rolls of toilet paper for a 14 day quarantine, you probably should've been seeing a doctor long before Covid-19.

Definition of Irony: When the Year of the Rat starts with a plaque.

Oh nowwww everyone wants to know what introverts do for fun.

Moment of silence for the people who agreed to live with annoying roommates because they wouldn't be spending much time at home anyway.

I just tried to make my own hand sanitizer and it came out as a rum and coke.

We are about three weeks away from knowing everyone's true hair color.

Photos of Clubs & District in Action...



1: Lions Erik Winkler, CL Fung with Denise Kelly delivery 18,000 pairs of glasses to Lions In Sight Warehouse **2:** Rendering of 2021 Lions Rose Parade Float **3:** SF Host Vision Screening Mission to Philippines **4:** 1VDG Fanny at DGE/1VDG Seminar **5:** Millbrae Lions Online Meeting **6:** MD4 Leadership Institute Training Grads **7:** BASO Basketball Tourney **8:** SF Host Lions Online Meeting **9:** Throwback to District Convention 2019

Lions University Program



2019-2020 Cabinet Meeting Schedule

- * 1st Cabinet Meeting—8.24.19—Mission Blue Center, Brisbane Host: Regions 1 & 2
- * 2nd Cabinet Meeting—11.2.19—:Parkside School, San Bruno
- * 3rd Cabinet Meeting—2.1.19—Foster City Recreation Center, Foster City
- * ~~District Convention~~—5.14-17.19—Red Lion Hotel, Redding Host: All Regions Cancelled

Club & District Photos provided by Facebook Club Photographers, PDG Ken Ibarra and Erik Winkler, and photos shared on Lions of California and Beyond Facebook Group. Photo galleries for more pics available at www.lions4c4.org



(Continued from page 1)

Many people have been affected by the Corona Virus in many ways. The impact of Corona Virus among many people is devastating such as socially, physically, emotionally, psychologically, economically, and spiritually. Many elderly people lives in isolation in their homes, with limited or no support system. People with mental health issues are triggered by witnessing the horrible effect of Corona Virus. Many individuals are grieving about the loss of their family members, friends, and loved ones from the COVID-19.

There are available psychological and mental health services offered at the different local Hospitals, Health Clinics, Mental Health Clinics, and Crisis Center Units for individuals that are experiencing serious emotional and psychological disorders. You may call your County Access Lines if you need clinical assessments, counseling services and or psychiatric medication assessments. For service information, you may contact the local phone # 211.

The Lions Club International (LCI), under the Leadership of our International President, Dr. Jung-Yul Choi is active in working with the Lions Clubs and monitoring the Corona Virus pandemic. The Lions Clubs International Foundation (LCIF) has been providing grant donations for the Corona Virus services. Lions Clubs that are interested to provide services for the Corona Virus may submit grant request to LCIF.

To date, the District 4-C4 has a total of 1,550 members with 53 Clubs. Due to the Corona Virus pandemic, our priority is the safety and protection of our District Lions Members. The District 4-C4 Leaders, Cabinet Members, Convention Committee Members, Budget Committee Members had been participating with the group meetings via teleconference and zoom meetings in making discussions and decisions of important matters, in order to prevent the spread of the COVID-19. The District 4-C4 Convention Committee had decided to cancel our Annual Convention this year due to the Corona Virus. Likewise, some of our Lions Clubs projects and services have been cancelled such as the Students Speakers Contest, Vision Screening project, Hunger and Feeding projects, Diabetes projects, Health Fairs, Medical Mission, Guiding Lions Training, and others.

Some of our Lions Clubs Officers and Members went beyond their call of duty as Lion volunteers by participating with the volunteer activities in serving the Corona Virus

projects. Some Lions Clubs have donated funds, provided mask and gloves for the Hospitals and Clinics that are serving and treating the Corona Virus patients. Some Lion Leaders assist in the request of testing kits, mask and gloves from the different sources and distributed to the local Hospitals and Clinics. I want to express my sincerest thanks and appreciations to all of you, for all your compassion, kindness, love, care and generosity in providing your support and assistance to the Corona Virus patients.

Well, as our famous Lion Leader Helen Keller believed that “Alone, we can do so little but together, we can do so much”. As Lions, we feel the joy and pride of serving other people collectively. Moreover, as our Lion motto goes “when there’s a need there’s a Lion”, especially during this times that the need for service is great, due to the overwhelming effect of Corona Virus. Thank you very much to all of you for your selfless dedications, efforts, perseverance, and loyalty to Lionism. I would like to commend you all for doing a great job in serving others, especially during this challenging time, due to emergency and uncertainties caused by the Corona Virus.

Indeed, I am very grateful and happy to have this wonderful opportunity, to continue serve as your District Governor for 2019-2020. I appreciate all your utmost support, dedication, teamwork and collaboration to the Leaderships of the District 4-C4. My thanks and appreciations to all the District Cabinet Members, Committee Members, PDGs, Lions Clubs and Members for all your unending support and assistance. I am very happy, inspired, and committed to continue serve and partner with all of you, in providing services to the needy.

Together, we all continue to serve with compassion, advocacy, empowerment and excellence. Kindness matters and makes a difference in someone’s life.

Thank you and God Bless to everyone.

Sincerely in Lionism,

DG Helen Ariz Casaclang, MSW, MPA, LCSW

District Governor, 2019-2020

Editor’s Note: Coronavirus figures in this article were updated during production of the newsletter.



District 4-C4 Hunger By: PDG Mario Benavente

During the recent Coronavirus outbreak, many of us were forced to stay at home to prevent contact with others and cross-contamination. I hope and pray that you all came through unaffected.

As I sat at home with little to do, besides worrying about the day-to-day complications of having to shut down my dental practice and the inconveniences of having to stand in long lines for food and supplies (and sometimes not finding any), I often felt the very symptoms that were being described by the medical experts (dry throat, cough, feeling warm) when, in actuality, I'm convinced, it was just my imagination. Like many of you possibly, I was feeling vulnerable and aware of my own mortality.

Lying in my bed, lost in my thoughts: tight chest (am I having trouble breathing?), slight tickle in my throat (will the coughing fits begin soon?). Is this it? Is this the beginning of the end? Even worse, came another disquieting question: Have I done enough? When considering whether I deserve to meet my maker, I thought, "Well, I've tried." In those moments, I was comforted by my service to the community through the Lions Club.

I feel that we, as Lions, have a lot to recommend us in this regard. We belong to and many of us work hard for an organization whose goal is to give of ourselves, nobly, in the service of others. It is very simply boiled down in our modest motto: "We serve."

One of the ways in which we can serve best is by helping to feed the most impoverished of our brothers and sisters. We can serve the hungry in District 4-C4. They are here and they need us.

Our district and its clubs have gone several times to serve at St. Anthony's Dining Room in the heart of the City's most impoverished neighborhood, the Tenderloin District. At St. Anthony's, approximately 2000 meals are served daily to senior citizens, mothers with children and people living on the streets. Besides filling the bellies of those who need it the most, St. Anthony's also has a clothing program and a training program to provide marketable skills that can help someone find a job. You go to St. Anthony's Dining

Room, you see the people on the street that need our help and serve them, not looking down at them but seeing fellow human beings who can use a helping hand. Believe me, if you go once, you will want to return to serve again.

Besides serving at St. Anthony's, you and your club might consider volunteering at your local Second Harvest, where families queue up in long lines outside the facility to pick up free groceries. Or try serving at Meals on Wheels to deliver food to the elderly and disabled shut-ins. In San Bruno and many other clubs, we purchase food baskets during the holidays and deliver them to the schools so families can enjoy a nice Thanksgiving meal. You might also consider checking with our own Daly City Lion, Denise Kelly, who operates a food pantry in Daly City. Ask her how you might help.

Finally, many of our district Lions enjoyed participating in the Rise against Hunger program where 10,000 meals were packed up and sent to impoverished areas in Central America, Vietnam and Africa. The problem is especially acute in Africa. Almost 800 million people worldwide do not have enough to eat. There are plenty of souls for us to serve both here and around the world.

In short, please consider how you can help solve the problem of hunger. That hungry person is someone's son or daughter. The child you feed is not so very different from your own grandchild. They are us and we need to serve them.





District Committees...

Clubs Help Frontline Workers During Covid-19 SIP...

The Covid-19 Shelter In Place (SIP) has brought the economy and the world as we know it to grinding halt. Meetings and events cancelled or postponed indefinitely. People restricted to home, only allowed to go out for essential activities. A routine listening to the news reveals no end date in sight though “soft” deadlines are offered, only to be extended as we approach them. This uncertainty along with economic and death tolls of the crisis has created a need from Lions to serve. As Lions find their clubs unable to meet in person, unable to have public events, how do you Lions serve in this time of need from the community? Here are a few examples of clubs and Lions doing their part to serve the community during the SIP.



Millbrae Lions Club—

Donating N95 Masks, gloves, gowns, and Face Guards for health workers at Mills Peninsula Hospital.



SF Host Lions Club—

donating food and supplies to Seton Medical Center.



SF Premier Lions Club—

President May Coon donated baked goods to health workers at local hospitals and ERs. Lion Marcus Norona donated 10 boxes of pizza and boxes of masks to health workers at local Kaiser hospital. Lion Vanghee donated lunch boxes from Filipino restaurants to her church staff.

SF Chinatown Lions Club—Some members and Leos are sending out cards to fellow Lion Sylvia Chu to distribute to seniors in various assisted living facilities and also to Self Help for the Elderly to brighten up their day.



Foster City Lions Club—Club

partnered up with a community group to create a fundraiser to raise funds to buy meals from local restaurants to deliver to first responders and health care workers. They call their fundraiser, *Friends of the Frontline*. Donors are asked to donate \$10. The program to date has raised thousands of dollars to feed frontline workers and help locate restaurants stay afloat.

These are but a few examples of what

Lions and our clubs are doing to keep in service during these trying times.

Map Tool Shows How Far Can Travel During Covid 19 Shelter in Place...

In San Mateo county, which covers about half our district, there is 5 mile drive limit for recreation travel. Shared on a community Facebook group, there is a mapping tool called CalcMaps.com that will allow to draw a circle at any point in the map to find a 5 mile radius from your home. It actually gives you more than 5 miles driving from point to point. For example, when I use the program for my address in San Mateo, I can drive to all of Foster City, half of Redwood Shores and San Carlos, north to the airport along the SF Bay Trail, West to Skyline Blvd & Highway 92. Some of the locations are more than 5 miles to drive to, but per the map, it's a 5 mile radius from my home. I have my favorite areas in Foster City to walk, but it's good to know I can walk so much more.

You can use the map to see how far you can travel to do your exercise. It allows you to use map, terrain, or satellite views. You can zoom in or zoom out. Noteworthy... most peninsula cities are not within 5 miles of the ocean beaches. Here is the link: <https://www.calcmaps.com/map-radius/>



Upgrade Ourselves—Shared from Lions Clubs Help and Support Facebook Group By: Member Namrata Singh

The spread of the coronavirus (COVID-19) is forcing us all to find new and innovative ways to stay connected. For many clubs, this involves moving meetings and conversations online. For clubs that are searching for some useful online tools that can help you hold your meetings virtually, we recommend that you check out some of these virtual meeting platforms.

1: Zoom is an industry leader in virtual meetings. Its generous free version allows for meetings for up to 100 people, but meetings are limited to just 40 minutes. It's easy to set up and use at any skill level. Paid plans offer additional features including dedicated phone support and cloud recording.

2. ezTalks Meetings is an exceptional free web video conferencing service. ezTalks Meetings not only provides free HD web video conferencing, it can also support up to 100 people on one web conference. Additional subscription plans are available that offer even more features at reasonable rates.

3: Skype is a widely known online meeting platform with many free features, such as screen sharing and online chat features. Although it is free, Skype requires users to create a Skype name and download the program. In order to use the conferencing features, conference participants must be added to the contact list. While this is not difficult to do, the extra steps may be problematic for the less tech savvy.

4: Google Hangouts is a communications platform that lets users talk one-on-one or in groups through text, voice or video chats. Hangouts are integrated into Google+ and Gmail. For added mobility and versatility,

mobile apps for iOS and Android devices are also available. HD video conferencing is available for up to 25 users at a time and is an economical choice for small groups.

5: GoToMeeting is a highly popular web conferencing tool that allows people of any skill level to easily set up and attend virtual meetings. The free version is limited to audio conferencing for three participants only, but the paid plan allows for video conferencing and is good for larger conferences.

6: Join.Me is easy to use with its one-click functionality. The free plan is limited to conferencing and screen sharing. The free trial of the advanced plans includes free audio conferencing that comes with its own dedicated conference call number in the U.S. and more than 40 other countries. A paid pro-subscription is recommended for meetings with more than five participants.

7: Microsoft Teams is a cloud-based collaboration communications platform for business communications to help teams meet, chat, file share and manage team discussions. Free trials are available, and subscriptions are budget friendly. Meetings can accommodate as few as two to as many as 1,000 people, making it a functional way for people to collaborate.

There are numerous options out there, and we encourage you to share which online meeting platform you use.

Clubs can go ahead with their Board of Directors & General Body Meeting of April 2020 and conduct their usual business.

Editor's Minutes..



In late January, the sports world lost NBA legend Kobe Bryant in a helicopter crash. Fans of the legend would soon learn about the dangers of flying aircraft with visual flight rules into a cloudy soup of instrument meteorological conditions. It's a dangerous concept that can cause spatial disorientation if a pilot is not skilled enough to fly the aircraft on instruments only. In March 2020, the sports world got knocked to its knees again. This time, a virus nicknamed, Covid-19, had just shutdown all of sports. All major professional and college sports leagues cancelled or postponed seasons. March Madness in 2020 took on a new definition. Covid-19 was taking center stage all over the world. Like the fans of Kobe learning what VFR and IMC and the Soup mean in relation to his accident, Lions and community would become familiar with terms like Shelter-in-Place, Face Coverings, Social Distancing, and Zoom Meetings. Grocery and restaurant workers became essential workers, keeping the country able to stay at home and save lives. The Covid-19 pandemic has killed over 200,000 people worldwide and growing everyday.

With the Covid 19 Shelter in Place (SIP), most Lions events got cancelled or postponed. The PCL Police & Fire Awards is still a go on May 29, but time will tell if that gets postponed / cancelled, too.

How is the Covid-19 Shelter in Place (SIP) treating you?

Have you kept up your normal routine, adjusted as needed for the SIP? Have you visited with family and friends via online meeting options? Has your club tried doing online meetings yet?

I got an opportunity to visit Central Florida District 35 -O for their District Advisory meeting, which is like our Cabinet meeting. It was a full meeting, done online. For their fun section, they had a photo of an artistic character with evidently 27 figures of speech in the picture. Your challenge was to find them. It was fun. Meeting lasted about 1.5 hours. .

In 2020, our District lost 3 PDG's, all of whom served as Lions for more than 30 years each. Rest in peace, PDG Lions George Habeeb, Don Stanaway, and Roger Chinn. .

... **Lion John Gill, Region 1 Zone 1 Chair *
Peninsula Council of Lions PP 2016-2017 * San
Mateo LC * SF Premier LC Associate**



District Leaders



Lions Clubs International Leadership



Jung-Yui Choi
 International President



Douglas Alexander
 First Vice President



Brian E Sheehan
 Second Vice President



Dr. Patti Hill
 Third Vice President




Cabinet Photos: Cabinet Uniform, District Installation, District Pink Shirt. Installation Photo by Frank Jang

List of Cabinet Officers with Regions and Zones

**As of April 23, 2020
 LCIF has awarded
 121 grants totaling
 \$2,629,405
 to Covid-19
 Frontline Relief**

WE SERVE

Lions Clubs International Foundation

 KINDNESS MATTERS



**Updated Contest Schedule -
 Student Speaker Contest 2020**

Zone Contest – June 15, 2020
 Region Contest – June 29, 2020
 District Contest – July 13, 2020
 Area Contest – July 27, 2020
 Final Contest – Organizational
 Council of Governors Meeting.
 Dates subject to change.

CALIFORNIA LIONS FOUNDATION

California LIONS FOUNDATION WE'RE HERE FOR YOU

1+1=2
 YOUR DOLLARS CLF Matching Grant TWICE THE IMPACT

Matching CLF Grant Applications are now being accepted by CLF for up to \$5,000 in support of projects up to \$10,000.

CLF is a California, non-profit, tax-exempt, corporation with the sole purpose to provide matching financial grants to California Lions Clubs. CLF matching grants are provided to enable California Lions clubs to provide even greater service to their local communities.

Founding Member and Club Opportunities are still available throughout 2019.

- **Founding Member and Kay K. Fukushima Fellowship for donation of \$1,000.**
- **Founding Member and Reginald C. Harris Fellowship for donation of \$2,500.**

Grant Requests and Donations may be sent to:
 California Lions Foundation c/o MD4 Lions Office
 129 Los Aguajes Ave., Santa Barbara, CA 93101
www.CaliforniaLionsFoundation.org/grants



District Ballot Issues...

Impacted by the Covid-19 Shelter in Place state orders, our district leadership approved mailed in ballots from club delegates. Here are the candidates and issues for clubs to vote on. Ballots will be counted on May 22 by PDG's Eugene Chan and Ray Rosenthal.



Take a moment to put yourself in visual scene. You're in the hotel banquet room at the convention in Redding. It's about 95 degrees outside, but you're feeling good with the air-conditioned room. The campaign posters for each candidate are in their respective supporters' hands. Here come the introductions... "Decades of decorated Lions service. Club founders. Excellence awards. Melvin Jones and other Lions Fellows. Be Seen. Be Heard. Be Known. Foster A More Involved Lion In You!" Rah, Rah! Dance, Dance. The music starts and the marching goes full speed. You march around the room cheering and blowing whistles and shaking rattlers for your candidate. Aaah, the sounds and pleasures of attending a District 4-C4 convention in person.

Here are your 2020 Candidates and [link](#) to the ballot issues & sample ballot for more info...

District Governor - **Fanny Chu** - SF Chinatown Lions Club. Theme: "Be Seen. Be heard. Be Known." Lion since 1991.

1st Vice District Governor - **Dr. Jun Valera, Jr.** - SF Fil Am Lions Club. Theme: "Fostering A More Involved Lion In You - Family." Lion Since 2004.

2nd Vice District Governor - **John Hui**. San Bruno Lions Club. Theme: "Now is the perfect for time for us evolve and try new ideas to make District 4-C4 thrive with greatness instead of merely existing for maintenance and survival."

The marches are over. Now comes the issues to vote on. Where do we decide to have our 2022 and 2023 Conventions - in Redding or Visalia. The next issue is whether we want endorse the Global Initiative for Health And Wellness as a District 4-C4 endorsed project.

Photos of Third Cabinet Meeting...

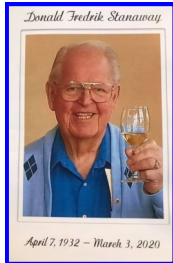




More Photos of District / Club Events...

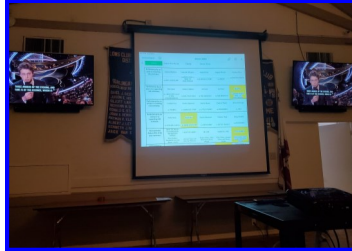
PDG Don Stanaway Celebration of Life...

Foster City Lions Crab Feed...



Council Meetings—SFCL & PCL ...

BASO / Burlingame Lions Oscar Night...



General Photos—San Carlos & San Bruno Crab Feeds & Student Speaker Contests...



* COMPASSION * ADVOCACY *
* EMPOWERMENT * EXCELLENCE *
* DIVERSITY *

LIONS DISTRICT 4-C4



SF



PA

www.lions4c4.org

We Serve—San Francisco to Palo Alto



Lions District 4-C4 Newsletter

Lion John Gill

POB 4864

Foster City, CA 94404

Lions Code of Ethics & Objectives

Ethics

TO SHOW my faith in the worthiness of my vocation by industrious application to the end that I may merit a reputation for quality of service.

TO SEEK success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self respect lost because of unfair advantage taken or because of questionable acts on my part.

TO REMEMBER that in building up my business it is not necessary to tear down another's; to be loyal to my clients or customer and true to myself.

WHENEVER a doubt arises as to the right or ethics of my positions or actions towards my fellow man, to resolve such doubt against myself.

TO HOLD friendship as an end and not as a means. To hold that true friendship exists not on account of the service performed by one another, but that true friendship demands nothing but accepts service in the spirit in which it is given.

ALWAYS bear in mind my obligations as a citizen to my nation, my state and my community, and to give them my unswerving loyalty in word, act and deed. To give them freely of my time, labor and means.

TO AID my fellow men by giving my sympathy to those in distress, my aid to the weak and my substance to the needy.

TO BE CAREFUL with my criticism and liberal with my praise, to build up and not to destroy.

Objectives

TO CREATE and foster a spirit of understanding among the peoples of the world.

TO TAKE an active interest in the civic, cultural, social and moral welfare of the community.

TO UNITE the choice in the bonds of friendship, good fellowship and mutual understanding.

TO PROVIDE a forum for the open discussion of all matters of public interest; provided, however, that partisan politics and sectarian religion shall not be debated by club members.

TO ENCOURAGE service-minded people to serve their community without personal financial rewards, and to encourage efficiency and promote high ethical standards in commerce, industry, professions, public works and private endeavors.



Lion of the Year & Si Moyer Award Winners

