

The Burlingame Lions Club

Newsletter

September 2021

Editor: Leonard Ma



President Bunny Macchia

Burlingame Lions Club: District 4-C4

2021-22



990 Burlingame Avenue

1st & 3rd Thursday of the Month

12:10 pm— 1:30 pm

Phone: (650) 344-LION

Presidents Message

I hope all of you have had a relaxing August. For your new President, it has been busy--attending as many Lions Club installation ceremonies as possible. It is always rewarding, though, to meet new people, forge new relationships, always learning in the process.

Maybe it was due to summer doldrums, but attendance at our July 29th evening social was less than expected: only 10 Lion attendees, not all of them Burlingame Lions either, but supporters from other clubs. (I love that word supporters; it's what Lions do, support and serve.) We also had only two guests, a couple that saw our NextDoor invitation. However, we have many future opportunities that I'm sure will be a lot more lively. In fact, Lion Len Ma has presented us with a great service opportunity in September: the City of Burlingame Bayfront Cleanup Day on Saturday, 9/18. Let's all bring our buckets and gloves and help. Also, when we can, let's support the fund-raising efforts of our fellow Lions Clubs as listed in most recent edition of The Thread.

Lion President Bunny Macchia



September Birthday Shout-outs!!

"Chip" Coleman

Margaret Glomstad

Happy Birthday to these Great Lions



District 4-C4 - Disaster Preparedness



Psychological First Aid: Supporting Yourself and Others During COVID-19

The uncertainty associated with a global health crisis like COVID-19 challenges everyone's ability to cope. This course will help you to build resilience and support yourself and others through this crisis by reviewing basic principles of providing psychological first aid, including how to recognize and manage stress in yourself and in others and how to lend support to family members, friends and coworkers during and following the COVID-19 outbreak.

Online Class - \$20.00 to Red Cross

<https://www.redcross.org/take-a-class/online-safety-classes>



disasterpreparations4c4@gmail.com

The Mental Health Challenges of COVID-19

The past year has been an emotional challenge to all of us. The limitations of movement and socialization has taken its toll on everyone. The restrictions on meeting with family and friends has made us more isolated than ever before, and this has caused significant emotional distress in many of us. In conjunction with the American Red Cross, the 4-C4 Disaster Preparedness group has developed an online course on how to cope with the mental challenges imposed by this crisis. The course will help you to deal with the stress caused by the past several months, as well as preparing for whatever the future holds.

Maintaining good mental health has been an issue of great importance over the past year. This program is a step in the direction of managing stress and anxiety in today's world.

Motoring on with Lions Pride

Show off your Lions Pride by ordering a special interest license plate from the DMV. This special plate will have the Lions Logo on it, which will announce to the world that you're proud to be a Lion. A minimum of 7,500 plates needs to be ordered to make this dream come true.

Show off your Lions Pride by following the link on the flier, and placing an order for your license.

KEEP CALM



AND MASK ON



**Ride With Pride!
Be Seen Be Known**



Sponsor by:
California Lions Clubs
Multiple District 4



Register to show interest today!
Together, we can have moving
billboards to show Californians and
beyond about Lions.

<https://bit.ly/2QYL4Ph>

The Installation of the Peninsula Council of Lions, and the San Francisco Council will be held on Sept. 5, 2021, at the Elks Lodge in So. San Francisco.



Upcoming Events

September 5: Joint Installation of the Peninsula Council and SF Coordinating Council

September 17 or 18th: Burlingame Rec Family Campout: breakfast service

September 30: Indoctrination of New Members: Get Acquaintance Event at the Lions Hall

October 2021 Burlingame Lions Bingo

Lions District 4-C4
SAN FRANCISCO COORDINATING COUNCIL OF LIONS CLUBS
and the Peninsula Council of Lions presents

JOINT COUNCILS' INSTALLATION

Sunday September 5, 2021

6pm No host bar
7pm Program

Elks Lodge
920 Stonegate Dr.
South San Francisco

Reserve online at bit.ly/jointinstall2021 or
mail to SFCCCL-4-C4-PCL@lionsclubs.org
4th Lioness Young
3250 Brittan Ave.
San Carlos, CA 94050

Space may be limited due
to health restrictions, and
first come, first served.
Hope to reserve your seat
at this historic event.

Active "Normalcy" fee is just optional

Meal Choices:	SFCCCL	PCL
<ul style="list-style-type: none"> Prime Rib Salmon 	<ul style="list-style-type: none"> President: August Valdez 1st Vice President: Sharon Sternhardt 2nd Vice President: Evelyn Page Secretary: Patricia Campbell Treasurer: (Empty) 	<ul style="list-style-type: none"> President: Verónica Young 1st Vice President: Clayton Solley 2nd Vice President: David McPherson Secretary: Un-Bushy Treasurer: Kevin Varnett

Please let us know if anyone in your party has any dietary restrictions.

Installing Officer:
D.C. Dr. San Valera
District Governor

Instigational Speaker:
D. Ken Daria
International Director

Up Close and Personal with Lions International President, Douglas X. Alexander



President Alexander is a retired vice president for J.P. Morgan Chase Bank.

A member of the Brooklyn Bedford Stuyvesant Lions Club since 1984, he has held many offices within the association, including club president, zone chair, region chair, vice district governor, district governor, cabinet secretary, cabinet treasurer and DGE group leader. He also served as a Lions Eye Bank transporter, a member of the District and Multiple District PDG Association, a trustee of the New York State and Bermuda Lions Foundation, and was appointed as the Lions representative to UNICEF-New York from 2012-2014. He has served on the USA/Canada Lions Leadership Forum Planning and Host Committees and has been a presenter at several USA/Canada Forums.

In recognition of his service to the association, he has received numerous awards including the club Lion of the Year, Club President's Award, the Robert J. Uplinger Service Award, several District Governor Appreciation Awards, and the Multiple District Membership Growth Award. He is also the recipient of numerous International President's Certificates of Appreciation, seven International President's Awards and the Ambassador of Good Will Award, the highest honor the association bestows upon its members. He is a Dr. Franklin G. Mason Fellow, a W. P. Woods Fellow and a progressive Melvin Jones Fellow.

In addition to his Lions activities, President Alexander is active in numerous professional and community organizations. He has served as chairperson of the advisory board for the New York Urban League and as a board member of the St. Francis DeSales School for the Deaf. He is also a recipient of the Congressional Record Award.

President Alexander has two daughters, and his partner in service, Shabiki Cazabon, is a Lion and a Progressive Melvin Jones Fellow.

Burlingame Lions Club: 2021-22

President: Bunny Macchia 1st VP: Jack Van Etten Immediate PP: Kevin Kielty

Secretary: Carlus Blevins Treasurer: Nancy Ingram Lion Tamer: Pat Kinsella

LCIF chair: Geno Caccia Service chair: Leonard Ma Membership /Media/Marketing chair: Erik Winkler

Directors

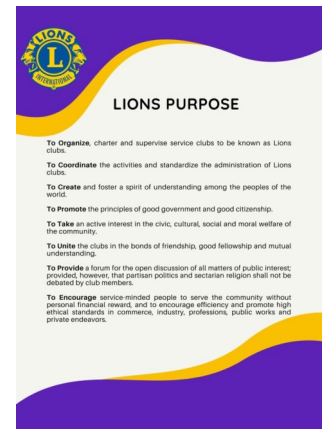
Pat Kinsella Ken Ingram Nirmala Bandrapalli Ann Loper Alice Castillo

Hall Manager: Ken Ingram Newsletter: Leonard Ma

District 4-C4 Officers

District Gov: Dr. Jun Valera 1st VDG: John Hui 2nd VDG: Kevin Guess

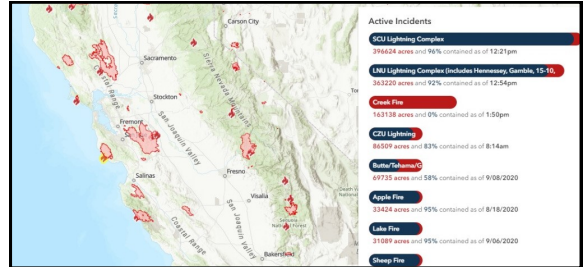
Region 6 chair: Paul Larson Region6/Zone 1 chair: Wayne Lee



If You were a Member in September Do You Remember



Afternoon Darkness
and
Orange Skies



California was suffering through multiple fires raging throughout the state in September 2020. The most devastating fires were the CZU Complex fire in San Mateo and Santa Cruz counties, the Creek Fire in Fresno county, the LNU Complex fires in several North Bay counties, and the SCU Complex fire in several East Bay counties. Breathing in the air was uncomfortable for many of us, causing us to use facial masks for the first time. On September 9, 2020, the convergence of the smoke from the fires and the local bay fog created an eerie apocalyptic orange glow. The fires, the unbreathable air, and the orange skies will be something that we won't soon forget. Unfortunately, fires are still occurring all over California due to the lingering drought situation.

A Day to Remember....a Day of Introspection



September 11, 2021 will be the 20th Anniversary of the attack and collapse of the Twin Towers in New York City. Many of us can remember exactly what we were doing when we first learned of the attack. It was early on a Tuesday morning as the nightmare began to unfold. The events of the day have changed our lives forever.

Our Club, like the nation, came together to address this situation, united and focused. Through donations and raffles, we raised over a thousand dollars for the relief funds providing financial aid to the responders and victims of the attack. Although other issues have taken the national spotlight in the past twenty years, we should always remember the events of 9/11, and the effect it has had on our lifestyle and freedom.

Patriot Day....Saturday, September 11, 2021

September 11th is designated "Patriot Day" to commemorate those who lost their lives on this day, and those first responders who put their lives in danger to help those in need.



<p>Bandrapalli, Nirmala I. (Sam) h-650-652-6458 c-650-892-6653 1524 Meadow Ln nirmalabandra1@gmail.com Entrepreneur 1/14</p> <p>Blevins, Carlus (Loretta) h-650-692-4823 1813 El Camino Real Ste #7 carlusblevins@comcast.net Retired 2/21</p> <p>Bolivar, Lady Viviana h-650-291-3251 w-650-696-1725 1325 Howard Av #202 bolivarviviana@hotmail.com Escrow Officer 4/21</p> <p>Caccia, Geno D. (Susan) w-650-342-5363 c-415-716-4969 f-650-342-5320 917 N Amphlett Blvd San Mateo, CA 94401 gc@cacciaplumbing.com James Caccia Plumbing Inc. 5/24</p> <p>Castillo, Alice c-650-303-4227 1101 Marquita Ave alicecas@aol.com 8/28</p> <p>Cihak, Michael "Mike" (Patty) c-415-713-3287 835 N Humboldt St San Mateo, CA 94401 michaelcihak@gmail.com Ret. S.F. Unified School District6/7</p> <p>Coleman, John "Chip" (Shirin) h-650-348-8644 w-650-340-6511 2308 Hale Dr john.coleman@msdw.com 9/16</p> <p>Duncan, Stephen "Steve" h-650-303-7726 515 Almer Rd Apt 4 duncan_stephen@sbcglobal.net1/5</p> <p>Floyd, Bradley "Brad" (Madeline) h-650-875-7569 c-650-201-6144 352 Hazel Ave San Bruno, CA 94066 bradleyfloyd875@msn.com Ret. Burlingame Police 1/26</p> <p>Garrison, Peter (Joanne) "The Sermonator" h-650-348-2614 w-650-344-3040 2905 Adeline Dr pastorg1@aol.com Ret. Lutheran Pastor 12/28</p> <p>Glomstad, Margaret h-650-349-7542 w-650-558-7307 154 McLellan Ave San Mateo, CA 94403 mglomstad@burlingame.org Parks & Recreation Director 9/12</p>	<p>Hyland, Charles (Tsui Ling Pan) c-415-425-4898 h-650-318-5775 1243 Capuchino Ave #3 charles.c.hyland@gmail.com Network Operations 8/4</p> <p>Hyland, Tsui Ling Pan (Charles) c-628-777-8896 h-650-318-5775 1243 Capuchino Ave #3 Susanapanalt@gmail.com 4/8</p> <p>Ingram, Ken (Maria Nancy) h-650-348-7886 c-650-245-2993 320 Peninsula Ave #101 San Mateo, CA 94401 kennancy46@gmail.com Putnam Automotive 4/23</p> <p>Ingram, Maria Nancy (Ken) h-650-348-7886 c-650-245-2991 320 Peninsula Ave #101 San Mateo, CA 94401 kennancy46@gmail.com Home Realty of SF 6/9</p> <p>Kielty, Kevin (Deborah) c-650-515-9783 h-650-574-5652 2216 Portsmouth Way San Mateo, CA 94403 Kkarbor0476@yahoo.com Arborist 6/27</p> <p>Kinsella, Patrick "Pat" (Phyllis) h-650-347-9754 c-650-302-4072 1520 Columbus Ave patphyllis@sbcglobal.net Ret. Realtor 5/19</p> <p>Larios, Raymond "Ray" (Alice) c-408-702-0534 717½ Walnut Ave raymondlarios@gmail.com U.S. Dept. of State 5/09</p> <p>Loper, Ann 828 N El Camino Real, #5 San Mateo, CA 944001 h-650-343-9570 c-650-242-6846 lopera4@comcast.net Ret. PG&E 3/1</p> <p>Lopez, William "Bill" (Manyun) h-650-637-9929 w-888-547-4050 x7142 840 Somerset Ct San Carlos, CA 94070 billlopez@comcast.net Real Estate Inv. 1/19</p> <p>Ma, Leonard "Len" (Sanae) h-650-348-1727 c-650-703-3217 1112 Edgehill Dr, Apt B lencolt@gmail.com Ret. Optometrist 4/18</p>	<p>Macchia, Bernice "Bunny" c-650-906-1206 h-650-458-3766 604 Burlingame Ave gmacchia@pacbell.net Ret. Telecommunications 3/31</p> <p>Malfatti, Judy c-650-302-6077 h-650-588-8896 958 Evergreen Way Millbrae, CA 94030 judithmalfatti@yahoo.com Ret. Burlingame City Clerk 8/24</p> <p>Martin, Carl (Janet) h-650-347-8739 w-650-343-7263 c-650-703-8395 451 Cumberland Rd carl@thestudioshop.com The Studio Shop 8/9</p> <p>McCulley, Brad w-650-558-7401 c-415-424-9676 480 Primrose Rd mcculley@plsinfo.org Burlingame City Librarian 4/6</p> <p>Mendelson, Glenn (Kristine) h-650-343-1298 w-650-342-8284 c-650-759-5802 1816 Barroilhet Ave glennm1@ix.netcom.com Mendelson Productions 2/16</p> <p>Newman, Kenneth "Ken" (Norma) h-650-342-3544 1401 Carmelita Ave 33knewman@gmail.com Ret. Hillsborough Fire Chief 7/4</p> <p>Osborne, Kevin P. h-650-342-6611 c-650-787-1986 w-650-347-1717 P O Box 375 kevin@kevinosborne.com 965934@sbcglobal.net Insurance broker 1/16</p> <p>Panzica, Larry (Ha) h-650-347-9177 c-650-576-5000 w-650-347-9177 600 N. Claremont St #9 San Mateo, CA 94401 ljpp@aol.com L & R Equities, Inc. Mortgage Broker 8/2</p> <p>Park, Kwang c-408-425-8622 w-650-858-3529 346 Goodwin Dr San Bruno, CA 94066 kwang.hyon@gmail.com Financial Advisor 10/??</p>	<p>Pedigo, Harry "Hap" h-408-733-9579 879 S Mary Ave Sunnyvale, CA 94087 hap974@aol.com harryaped@gmail.com Ret. Attorney 11/21</p> <p>Schmidt, Dale A. (Laura) h-650-342-8005 c-650-274-5958 19 Alberta Gln dale@algerkin.org Ret. Civil Engineer 10/2</p> <p>Sontag, Jacqueline "Jackie" h-650-343-1188 c-650-417-5520 2601 Adeline Dr Jackie2601@icloud.com Retired 5/4</p> <p>Tucker, Maryah h-650-697-6779 c-650-576-9909 1200 Millbrae Ave Millbrae, CA 94030 maryahrtucker@yahoo.com 31 Consultant 5/2</p> <p>Van Etten, Jack (Lynn) h-650-692-3360 c-650-726-4606 1620 Quesada Way jackusf74@comcast.net Ret. Burlingame Police Chief 1/1</p> <p>Vielbaum, Gary (Deborah) c-650-303-2307 w-650-343-4931 812 Foothill Ave San Mateo, CA 94402 n6shr@aol.com Pacific Auto Repair 6/15</p> <p>Winkler, Erik (Julie Li) c-650-834-2323 36 Victoria Rd notdafonz@yahoo.com Real Estate Sales/Inv. 3/20</p> <p>Wuestefeld, Betty c-650-407-4604 1600 Trousdale Dr bettywuest0814@gmail.com Ret. 8/14</p>	<p>Burlingame Lions Club Special Guests:</p> <p>Andersen, Carolyn (Dan) h-650-348-1901 728 Vernon Way</p> <p>Benson, Martha (John) h-650-315-2810 c/o Sterling Court 850 El Camino Real #429 San Mateo, CA 94401</p> <p>Feith, Astrid (Cees) h-650-692-4850 1900 Garden Dr #307</p> <p>Goodman, Jill (Bob) h-650-349-0541 w-650-344-7641 62 Lyonridge Ln San Mateo, CA 94402</p> <p>Harrison, Dolores (Bud) h-925-833-1908 7087 York Ct Dublin, CA 94568</p> <p>Heffernan, Maggie (Jack) h-650-343-8690 615 Cuesta Ave San Mateo, CA 94403</p> <p>Kliwer, Marsha (Ray) h-650-574-7570 931 Crane Ave Foster City, CA 94404</p> <p>Parish, Marcia (John) h-650-347-8076 1548 Vancouver Ave</p> <p>LEGEND Regular Member Life Member Affiliate Member Privileged Member Associate Member</p> <p>The Lions Hall is at 990 Burlingame Avenue</p> <p>Monthly Meeting Schedule: 1st, 3rd Thursdays 12:10 p.m. Lunch 5th Thursdays 5:30 p.m. Social Hour</p> <p>Revised 07/13/2021 37 + 1 + 8 DAS</p>
<p>Unless noted, all addresses are Burlingame, CA 94010</p>				