

THE LION'S TALE

THE LIONS CLUB OF FOSTER CITY

FOSTERCITYLIONSCLUB.ORG



Letter from the Prez

Hello Fellow Foster City Lions Member,

The Holiday Season is finally here. After speaking with many of the members, I am looking forward to this year's Holiday Dinner. Our wonderful and gracious Lion Mary True is chairing the dinner event and I feel confident many will attend. Our Club did really well this past month in serving and will continue to do so moving forward as we wrap up this year and start to look forward to our Crab Feed which will come up soon. It was brought to my attention that our board has been doing a great job in maintaining our obligations the best as we can despite the challenges that we have to contend with. I must say I agree.

As Lions we are happy to serve our community while we represent our club. As board members, we are here to perform our duties so our club can strive and grow at the same time. If you have any recommendations, please feel free to let any of us know so your thoughts and voices are heard and shared. In the recent months we have welcomed new members into our club and some of them have been put in temporary positions on the board to help us sustain our responsibilities so we can move forward in our return to norm from Covid. Currently, we have the next group of future Lions ready to join as soon as they complete their prerequisites. Some of them have recently attended the last two dinners and some of you might have already met them when they were asked to stand and say hello. Please welcome the new members and help where you can in guiding them since they will be new in our organization. They are happy to join such a great club that has been around for many years and look forward to some of the stories from some of our senior, long time members. It is such a great feeling to see our older Lion members working together with the newer younger Lion members who have recently joined. I want to thank Lion Daryl DeVincenzi for his efforts as Lead Chef in the preparation of the recent Mexica dinner for our meeting. He and his crew of helpers did an outstanding job. Thank you to Lions Rick Machado, Lalaine Daviner, Stacy Moroney-Machado, and Luciana Itacaramby for all your help in assisting Lion Daryl with the meal and desert preparation. I would also like to thank Lion Wendal Quan and all the Lions who have been helping out with the bar, coffee and table prep for our club. You have all been doing a tremendous job in getting things done. Last, I would like to let everyone know, our long time Lion Barbara Bergero will be arranging the catered meal for our club's Tuesday, November 9th meeting. Since this is an outside meal, we will be emailing out a sign up for it so please keep a look out for that. Thank you all so much for your continued support and thank you for the opportunity in allowing me the privilege to serve this wonderful club as your President. Go Lions!!

Respectfully,
Lion Dave, FCLC President

CLUB MEETS THE 2ND AND 4TH TUESDAY AT 7:30 P.M.

Next Meeting **HYBRID:**

Tuesday November 9, 2021
FOSTER CITY REC CENTER

6:15 p.m. Board Meeting

7:00 p.m. Meet and Greet

7:30 p.m. General Meeting

Program: John Jurow, CEO of San
Mateo County Health Foundation

Meetings available via Zoom

LIONS CLUB OF FOSTER CITY
PO BOX 4005
FOSTER CITY, CA 94404
#0245 CHARTERED 1967



Thursday November 25th



The *Lions Tale* is the official bulletin
of the Foster City Lions Club
Published once a month

President

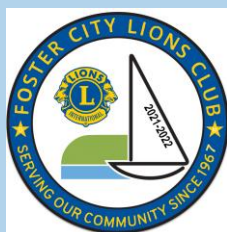
Lion Davie Melchner

davidmelchner@hotmail.com

Bulletin Editor

Lion Karen Abolt

karenabolt@aol.com



President's motto: Lions Unity Serving Community

PEACE POSTER CONTEST

THIS YEAR'S THEME "WE ARE ALL CONNECTED"

November 15th – Deadline for submitting FC Lions winning entry to District Governor, Dr. Jun Valera

December 1st – District Governor submits District winning entry to MD-4 Multiple District

December 15th – MD-4 submits winner to LCI and International Peace Poster winner is announced on or before February 1, 2022

HOLIDAY PARTY

Saturday, December 11, 2021
Foster City Rec Center Lagoon Room



6:00 p.m. Cocktails
7:00 p.m. Buffet Dinner catered by Arguello's
Cost \$35 members and guests
Children 5-12 yrs. \$15, under 5 yrs. Free

Bring \$20 exchange gift if you want to participate in the Pirate Raffle

Contact Lion Mary True, marytrue@hotmail.com
for reservations

Sunshine News



Our Deepest Sympathy to
Lion George Elefante on the recent
passing of his mother. Our thoughts
and prayers are with you and your
family.

If you know of any Lion who needs a
little Sunshine, or, their family, please
contact:

Sunshine Chair
Lion Marsha
raymarshak@prodigy.net

NEXT BLOOD DRIVE – SATURDAY, DECEMBER 11, 2021 FC REC CENTER SPIRIT ROOM

Need volunteers to help with snacks and literature
at front desk.

Contact
Lion Jim Traceski, Chair
jimtraceski@yahoo.com

Shifts to be filled:
SET UP 7:30 – 8:45
1st SHIFT 9:00 – 10:30
2nd SHIFT 10:30 – 12:00
3rd SHIFT 12:00 – 1:30
CLEANUP 1:30 – 2:30



HELP !!

Things to Know

- Donors are encouraged to review Blood Donor Qualifications. [Donor Eligibility](#)
- Donors are encouraged to make an appointment. [Foster City Community Blood Drive Appointment Link](#)
- Donors should arrive well-nourished and hydrated.
- Donors need photo identification with first and last name.
- The donation process takes approximately one hour (add an additional 20 minutes for a double red cell donation).
- Double Red Cell Donation – Power up your donation with an automated double red cell donation.

Goal is 39 Appointments, 24 donors and 30 lifesaving units of blood

LIONS RECYCLE FOR SIGHT

Eyeglass chairperson, Lion Marsha is asking you to bring your old eyeglasses to the next in person meeting for collection. Each pair of eyeglasses must be intact i.e. the lenses must be there and both arms must be attached. She will take readers, children's glasses and sunglasses too. Marsha Kliewer, raymarshak@prodigy.net

LIONS RECYCLE FOR HEARING

Hearing Aid chairperson, Lion Marsha, raymarshak@prodigy.net, asks you to bring in your old hearing aids. Maybe family members have them setting in a drawer and have no idea we cycle aids too. We do not take the batteries. These aids go to the Ear of the Lion in the East Bay for distribution. Marsha Kliewer, raymarshak@prodigy.net



DAYLIGHT SAVINGS TIME

SUNDAY, NOVEMBER 7TH
CLOCKS BACK ONE HOUR

VETERAN'S DAY

THURSDAY, NOVEMBER 11TH



JUST A NOTE , , ,

FROM LION BARBARA BERGERO

In the past, we've requested empty baskets to make raffle prize baskets for some of our fund-raising events.

At one point, Barbara asked members to drop off unused baskets at her home and she'd keep them until the next event.

Well, this last year wasn't "normal" and poor Lion Barbara has continued to be the recipient of empty baskets and now has more than she can store. Soooo, please hold onto your baskets until we hear from her that the stock is low.

Thank You

Meet New Lion Jon Rees

Lion Jon is our new Tail Twister appointed by the Board of Directors. From our Constitution and Bylaws, here are the duties of the Tail Twister:

“The Tail Twister shall promote harmony, fellowship, life and enthusiasm in the meetings through appropriate stunts and games and the judicious disposition of fines on club members. There shall be no ruling on his/her decision on imposing a fine, however, that no fine shall exceed an amount fixed by the Board of Directors of this club and no member shall be fined more than twice at one meeting. The Tail Twister may not be fined except by unanimous vote of all members present. All monies collected by the Tail Twister shall be immediately turned over to the Treasurer and a receipt given”.

Lion Jon was born and raised in San Jose and has been a resident of San Mateo since 2008. He has worked for Apple Inc. for 14 years in Operations Management. He holds a master's degree in History from Cardiff University in Wales where he lived for two and a half years from 2006-2008. He loves riding horses, fishing and mountain life. President Lion David Melchner introduced him to FCLC and Jon is looking forward to making a real impact in our community.

Welcome aboard Jon!!



NOVEMBER BIRTHDAYS

Steve Moore	November 6 th
Wing Yu	November 11 th
Karen Abolt	November 13 th
Joe Pierucci	November 13 th
Chuck Ogburn	November 19 th

SERVICE ANNIVERSARIES

For November, congrats to the following for their years of service:

20 Years	Lucy Tan
16 Years	Beatrice Ramachandra
14 Years	Martha Sandy
10 Years	Shikha Bakshi-Hamilton
9 Years	George Elefante

FOSTER CITY LIONS CLUB OFFICERS

President	Dave Melchner	davidmelchner@hotmail.com
1 st Vice President	Wing Yu	lionwingyu@gmail.com
2 nd Vice President	Jim Traceski	jimtraceski@yahoo.com
3 rd Vice President	Michel Ossenne	michelossene@gmail.com
Secretary	John Miller	jem@milleredp.com
Administrative Treasurer	Luciana Itacaramby	lu.itacaramby@gmail.com
Activities Treasurer	Jeanne Gallagher	jeanne@jgallagherrealtor.com
Membership Chair	Tony Schumacher	tony@diu.mil
Service Chair	Pierre Morrison	fclionpierre@gmail.com
LCIF Coordinator	Chuck Ogburn	cbogburn@gmail.com
Lion Tamer	Wendal Quan	wsequan@yahoo.com
Tail Twister	Jon Rees	imageexec@aol.co
Program Coordinator	Vacant	
Marketing Coordinator	Vacant	
Bulletin Editor	Karen Abolt	karenabolt@aol.com
Immediate Past President	Chuck Ogburn	cbogburn@gmail.com

BOARD OF DIRECTORS

1 Year Term	Richard Machado, Mary True, Ray Rosenthal	marytrue@hotmail.com machado_rick@yahoo.com rosieinc45@gmail.com
2 Year Term	Martha Sandy, Stacy Moroney-Machado Vacant	martha-sandy@hotmail.com stacymoroney38@yahoo.com

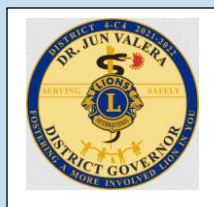
Lions Clubs Objectives

TO CREATE and foster a spirit of understanding among the peoples of the world.
 TO TAKE an active interest in the civic, cultural, social and moral welfare of the community.
 TO UNITE the choice in the bonds of friendship, good fellowship and mutual understanding.
 TO PROVIDE a forum for the open discussion of all matters of public interest; provided, however, that partisan politics and sectarian religion shall not be debated by club members.
 TO ENCOURAGE service-minded people to serve their community without personal financial rewards, and to encourage efficiency and promote high ethical standards in commerce, industry, professions, public works and private endeavors.

Motto: WE SERVE



District Governor – Dr. Jun Valera
1st Vice District Governor – John Hui
2nd Vice District Governor – Kevin Guess
IP District Governor – Fanny Chu
Region 5 Chair – Kali Azariah
Zone 1 Chair – David Melchner



Lions Clubs International

So You want to be a District Governor?

Saturday, November 6, 2021
10 am - Noon

Whether you're considering a run for VDG this year, next year or 5 years from now, join us for a relaxed and informative webinar to learn about what's involved in being a District Governor. Join us live or watch later on YouTube.

There are many rewards in being a District Governor but also many responsibilities. Listen to our panel of PDGs share their experiences and answer your questions.

Click here to join our webinar.

Questions? PDG Mario Benavente, mxbdd@aol.com

Lions Code of Ethics

To Show my faith in the worthiness of my vocation by industrious application to the end that I may merit a reputation for quality of service.

To Seek success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self-respect lost because of unfair advantage taken or because of questionable acts on my part.

To Remember that in building up my business it is not necessary to tear down another's; to be loyal to my clients or customers and true to myself.

Whenever a doubt arises as to the right or ethics of my position or action towards others, to resolve such doubt against myself.

To Hold friendship as an end and not a means. To hold that true friendship exists not on account of the service performed by one to another, but that true friendship demands nothing but accepts service in the spirit in which it is given.

Always to bear in mind my obligations as a citizen to my nation, my state, and my community, and to give them my unswerving loyalty in word, act, and deed. To give them freely of my time, labor and means.

To Aid others by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy.

To Be Careful with my criticism and liberal with my praise; to build up and not destroy.



Welcome our new
International President
who serves with his heart

Douglas X. Alexander
 2021–2022
 INTERNATIONAL
 PRESIDENT



Thanksgiving



The Day After

The Post-Thanksgiving Brunch using Thanksgiving leftovers

If you woke up in a panic and thought you missed breakfast, then relax. The leftovers are still waiting for you in the fridge. What's a better way to start the day than with a brunch? Pull the food out of the fridge and get creative with this recipe.

INGREDIENTS

1-½-cup shredded turkey leftovers.
8-oz. Crescent rolls.
1-tablespoon melted butter.
1-cup stuffing leftovers.
1-cup leftover mashed potatoes.
1-cup cranberry sauce leftovers.
1-tablespoons garlic powder.
Leftover gravy, for dipping.
Freshly chopped parsley, for garnish.



METHOD

Preheat oven to 350F. Unroll the crescent rolls and separate each into a triangle. Arrange on a greased baking tray in a flower shape with triangles pointing to the edge of the sheet with the base overlapping.

Spread mashed potatoes leftovers over the triangles to create a ring. Top with cranberry sauce and turkey. Fold the triangle tips back over and brush the dough with melted butter. Sprinkle with herbs and bake for 15 to 20-minutes until golden brown. Dust with garlic powder and serve with reheated gravy for dipping.

Thanksgiving at Plymouth: In September 1620, a small ship called the Mayflower left Plymouth, England, carrying 102 passengers—an assortment of religious separatists seeking a new home where they could freely practice their faith and other individuals lured by the promise of prosperity and land ownership in the New World. After a treacherous and uncomfortable crossing that lasted 66 days, they dropped anchor near the tip of Cape Cod, far north of their intended destination at the mouth of the Hudson River. One month later, the Mayflower crossed Massachusetts Bay, where the Pilgrims, as they are now commonly known, began the work of establishing a village at Plymouth.

Throughout that first brutal winter, most of the colonists remained on board the ship, where they suffered from exposure, scurvy and contagious disease. Only half of the Mayflower's original passengers and crew lived to see their first New England spring. In March, the remaining settlers on the ship moved ashore, where they received an astonishing visit from an Abenaki Native American who greeted them in English.

Several days later, he returned with another Native American, Squanto, a member of the Pawtuxet tribe who had been kidnapped by an English sea captain - sold into slavery before escaping to London and returning to his homeland on an exploratory expedition. Squanto taught the Pilgrims, weakened by malnutrition and illness, how to cultivate corn, extract sap from maple trees, catch fish in the rivers and avoid poisonous plants. He also helped the settlers forge an alliance with the Wampanoag the local tribe.

In November 1621, after the Pilgrims' first corn harvest proved successful, Governor William Bradford organized a celebratory feast and invited a group of the fledgling colony's Native American allies, including the Wampanoag chief Massasoit. Now remembered as American's "first Thanksgiving"—although the Pilgrims themselves may not have used the term at the time—the festival lasted for three days.

While no record exists of the first Thanksgiving's exact menu, most dishes were prepared using traditional Native American spices and cooking methods. The Pilgrims had no oven and the Mayflower's sugar supply had dwindled by the fall of 1621 so the meal did not feature pies, cakes or other desserts. Fowl, Lobster, seal and swans were on the Pilgrims' menu.

Much of what we know about what happened at the first Thanksgiving comes from Pilgrim chronicler Edward Winslow, who wrote: "Our harvest being gotten in, our governor sent four men on fowling, that so we might have a special manner rejoice together. After we had gathered the fruits of our labors; they four in one day killed as much fowl, as with a little help beside, served the Company almost a week, at which time amongst other Recreations, we exercised our Arms, many of the Indians coming amongst us, and amongst the rest their greatest King Massasoit, with some ninety men, whom for three days we entertained and feasted, and they (Natives) went out and killed five Deer, which they brought to the Plantation and bestowed on our Governor and upon the Captain and others. And although it be not always so plentiful, as it was at this time with us, yet by the goodness of God, we are so far from want, that we often wish you partakers of our plenty."

Thanksgiving Day is a national holiday in the United States, and Thanksgiving 2021 occurs on Thursday, November 25. In 1621. For more than two centuries, days of thanksgiving were celebrated by individual colonies and states. It wasn't until 1863, in the midst of the Civil War, that President Abraham Lincoln proclaimed a national Thanksgiving Day to be held each November.

Edited from: [History.com/Thanksgiving](https://www.history.com/thanksgiving)



Lions Jim Traceski, Jon Rees, Tony Schumacher, Ray Rosenthal and Kateryna Davydova participated at the recent Taste of the County held on October 2nd.



At the October 26th Meeting and in honor of 1st Responder's Day, FC Lions presented a check to our firefighters who had a part in our 4th July celebration this year. Check presented by President Lion Dave Melchner along with Treasurer Lion Jeanne Gallagher and 1st VP Lion Wing Yu.



The 10th Annual BIKES-4-VETS

A Bicycle Giveaway for Local Veterans

We're happy to be giving away up to 100 refurbished and safety inspected bicycles to qualified and first-time deserving veterans.

This project is made possible with generosity and hard work provided by the San Francisco Veterans Lions Club, SOMA Rotary Club, San Francisco Police Department, Lions Veterans Charities, Inc., Atwater Tavern, Bauer's Intelligent Transportation, Walgreens, SF Unified Lions Club, SFPUC and the Golden State Warriors.



SF VETERANS LIONS CLUB 401 Van Ness Ave., San Francisco, CA 94102

**Saturday
November 20**
ATWATER TAVERN
295 Terry A Francois Blvd, SF

**Check-In and
Bike Distribution
10:30 AM**

**YOU ARE REQUIRED TO ATTEND
A BICYCLE SAFETY CLASS
PRIOR TO NOVEMBER 20
TO REGISTER FOR A BIKE
(NO EXCEPTIONS)**

Safety Class Dates
Oct. 19, Oct. 21, Nov. 9
3:00 – 4:00PM
Nov. 6 at 1:00PM

War Memorial Veterans Bldg.
401 Van Ness Ave., Room 206
**PROOF OF VETERAN STATUS
IS REQUIRED**

To attend a Safety Class contact:
Lion Helen Wong
(650) 576-7875



LIONS DISTRICT 4-C4 // LIONS4C4.ORG

Cabinet Meeting // Q2 2021-2022

SATURDAY, NOVEMBER 13, 2021

Tierra Linda Middle School
750 Dartmouth Ave, San Carlos

8:30 AM PDT Doors open
Continental breakfast

9:00 AM PDT Meeting starts
Lunch will be provided

\$20/person received before **November 10, 2021**
\$25/person received after

Checks made payable to **Lions District 4-C4**
Mailed to **District Treasurer Melite Wood**, P.O. Box 25301, San Mateo, CA 94402-5301

Meeting hosted by:
Region 3 Chair Jery Weber // **Zone 1** Chair Connie Bridgewater // **Zone 2** Chair May Seto
Region 6 Chair Paul Larson // **Zone 1** Chair Wayne Lee // **Zone 2** Chair Nick Marinaro

Cabinet Meeting 2021 Q2 Flyer - Revised 2021-10-04