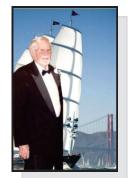


Term 12-13, Issue 8

San Francisco to Palo Alto, CA

February 2013

A message from your District Governor Skipper Bob Wilson



AAAAARRRRRRRRGH Mates:

Convention is just around the corner. "Pirates" is the theme as we sail our galleon across the sea of Lionism. Our crew is mighty. Filled with laughter, fellowship and good community service. Even though some

of our crew has taken leave, District 4-C4 is the second in membership growth in the entire State of California. We started the year at 1236 grew to 1271. We were awarded the Fast Start Award. We hit a storm and one club dropped 23 members leaving us with 1241. Lionism is knowing, showing, sharing, caring, but most of all it is fellowship and we are continuing to grow. As of March 1 our number stands strong at 1259. Our challenge to each and every one of us is to berth Ship 4-C4 with 1300 members. We can do it. Invite your friends,

co-workers, neighbors and acquaintances. More hands help us help make our communities stronger and create more fun and fellowship at our club meetings.

Congratulations to PDG Lion Ray Rosenthal for being in the Top 10 MD-4 Membership Chairs in California.

Have you made your reservations yet for convention? Visit www.lionsclubs4c4.org and download the welcome and information letter as well as the registration packet. Questions, contact PDG Ken Ibarra, Convention Chair (650) 589-4613 lionkenibarra@yahoo.com

We are the world's best service organization in the world; we have fun, so who would not want to associate themselves with our great organization? Be persistent, keep asking and our numbers will grow! Remember two extra hands make it (Continued on page 3)

Articles & photos may be submitted to **Lion 4-C4 Newsletter Editor John Gill** for publication in this *Full S.A.I.L. Ahead* Newsletter via email to **lions4service@gmail.com** and must be sent no later than the 20th day of each month for inclusion in the next issue. Thank you for your support.

SERVICE * ACTION * INTEGRITY * LEADERSHIP



A message from 1st VDG Steve



Fellow Lions:

February is coming to a close, what a month. It started with our Cabinet Meeting in Foster City, with over 120 lions in attendance. Two days after that I was in

Sacramento for a day of Governor Elect training by LCI. Then two days of Council of Governors meetings and then finishing up the week with three days of MD4 Convention. Then Rosie and I came home with flu and were both sick for a week. I just received an e-mail from District Governor Derek Ledda of C-5 he wanted to thank everyone for making this year's MD4 Convention a great success, over 650 lions attend this year's event. I was great to see 40 lions from 4-C4 at the Convention this year. It was very hard to get around saying hi to everyone, so if I missed anyone I'm sorry.

In March I will be starting up my campaign for District Governor. I hope to visit as many Clubs as possible this year. If I don't make it to your club I hope to see you at the San Francisco and Peninsula council meetings.

Anyone going to the International Convention in Hamburg you still have time to get your MD4 uniform (Convention Attire) go to the MD4 web site for order forms. I also have tickets for the MD4 Breakfast before the parade on July 6; I will have them till the end of May or till they run out.

(Continued on Page 3)

1st VDG Steve

A message from 2nd VDG Jack



Fellow Lions:

Earlier this month, your District Governor Team, members of the District Cabinet and Lions from our great District 4-C4 attended the MD-4 Convention in

Sacramento. We celebrated good friendship and good fellowship with each other and shared some tears when we heard the Convention's Inspirational Speaker, Lion Tom Sullivan's presentation. Tom has been blind since birth, but with some assistance and overcoming personal hurdles, became a successful and renowned businessman, as well as a loving family man. At the convention one of the District Governor's wives asked about my wife, Lynn, and how she was doing, knowing that she experienced some falls. Lynn couldn't attend the convention as she had just come down with the flu. 1st Lady Pat gave me an afghan that she had knitted for Lynn, along with her best wishes. When asked about the afghan after the inspirational speech by members of my 2 VDG council, I again had tears in my eyes as I explained the kind, generous and thoughtful gesture of the afghan to Lynn from Pat Syvertsen. That's only one of many examples why I'm so blessed to be a lion and why I'm extremely proud of all of the great things our lions members routinely do.

HEAD, HANDS AND HEART – these are three words that I believe embodies the true meaning of this special volunteer organization we call Lions:

(Continued on Page 16)



A message from the Editor's Desk

Greetings Lions of District 4-C4!

Wow, how did I miss that with flyer of the correct name spelling right below?! My apologies for misspelling Lion Don Stanaway as Dan instead of

Don. Special thanks for Lion Ken Fowler for pointing that out.

The content in this bulletin is subject to what we

receive. So, if your club is not featured in the newsletter, be sure to send us your articles and photos, so we may cover your club in the upcoming issues.

If you wish to submit an article please do so by the 20h of the month. Please email your <u>brief</u> article or pictures to me in a timely manner...the sooner the better. Deadline floats when we have to wait for requisite articles, so you may still send material in after the 20th and may be included in the upcoming issue.



From Lion John Gill ~
District 4-C4 Newsletter Editor
Team: Lions Jose Ibarra (SF Latinos Unidos), Rich
Lee (Foster City), Paul Larson (Millbrae)

- ♦ Foster City Lions Garage Sale on March 9
- ♦ Millbrae Lions Crab Feed on March 9
- ♦ San Mateo Lions Bingo Feed on April 25
- ♦ Rebuilding Together Service Day on April 27

District Governor's message (continued from page 1)

possible to accomplish anything. The universe is the Limit.

I thank all of you from the bottom of my heart for the opportunity of serving you as District Governor of 4-C4. I request that all Lions to extend their arms of togetherness "to serve the maximum number of people for the maximum number of times to the maximum extent." Indeed a small group of people can change the world and the choice is yours.

Let's SAIL Together Service Action Integrity Leadership

Live Well, Laugh Often, Love Much

Yours in Lionism,

DG Skipper Bob
District Governor 2012-13 District 4-C4
SAIL Service Action Integrity Leadership
415.279.7097 | skipperbob@skipper-bob.com
www.lions4c4.org | lions4service@gmail.com

1st VDG Message Continued from Page 2

Blended to Perfection Service Teamwork Tradition



Lion Rich Picchi reports on Student Speaker Contest

The Student Speaker Contest is moving into the Zone level and the students are working hard to memorize their speeches. They are putting in a ton of effort and deserve to be supported by their home clubs. Please bring several members to any contest that your student is participating in. Don't let your student compete without having a few friendly faces from their sponsoring clubs in the audience.

The Zone winners all receive a \$100 prize and the Region winners will receive a \$150 prize. This is a lot of money to these kids, but it also qualifies them to compete for the even larger scholarships prizes at the District, Area and State levels.

Support your Student!

The Scholarship awards presented by the Student Speaker Foundation are \$4,500, \$6,500 and \$10,000 for a total of \$103,500 statewide. You can help support these students and scholarships by making a donation to the Student Speaker Foundation. Fellowships include a plaque and lapel pin, or a donation in any amount will be well received. Please check the MD4 web site and take the Student Speaker Foundation link, or call me at 650-703-9834 for more information. We also recycle ink-jet cartridges and old cell phones. Please help out.

Rich Picchi

MD4 Gala Singer on YouTube

Floyd Smith of Grammy Award winning group, 5th Dimension, was the feature singer at the MD4 Gala. One Lion in audience videotaped

one http://www.youtube.com/watch?

song. v=M2NUy84Be I

Photos of DG Skipper Bob & Lady Alison at MD 4 Convention











Pack-up your used ink cartridges and old cell phones and use them to help the Student Speaker Foundation provide scholarships for our speakers. District 4-C4 has a fundraising goal of \$4,500 for the Student Speaker Foundation Scholarships and this year are accepting used ink cartridges and cell phones as an alternative way to contribute towards this goal.

All you have to do is to put them in a bag or box and get them to me at one of the locations listed below:

- Peninsula and San Francisco Council Meetings
- Or call me at 650-728-7639 to arrange for a pick-up.

Thanks

Lion Rich Picchi (rpicchi@comcast.net),

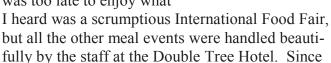
Student Speaker Trustee



Lions Pat Hughes & Martha Sandy report on MD 4 Convention

Lion Pat Hughes (1st VP SM Lions)

The MD4 Convention in Sacramento was fast paced from beginning to end. A variety of excellent speakers for the opening sessions and wide variety of breakout sessions covering the soup to nuts of Lionism. I was too late to enjoy what



Lions can't have all work and no play there were hospitality suites galore at the end of each long day.

The heart of the convention was the Memorial on Saturday. MD4 lost many great Lions

this last year who had given literally hundreds of hours of dedicated service and friendship over the

years. The memorial included a very special remembrance of Past International President Kay K. Fukushima.

In the spirit for saving the best for last, and I don't mean the eggs at our last breakfast, I mean the most motivating, uplifting



and generally funny person I have ever had the pleasure of listening to, Mr. Tom

Sullivan. He told us his story and what a story it was. If you weren't there you really missed something and if you were you know what I mean. Thank you Tom for the best time I have had in a long time, God Blessed You.

Lion Martha Sandy (Pres. FC Lions)

At the conclusion of the MD-4 Aloha Convention in Sacramento, I was overcome with emotion after listening to an inspirational and passionate presentation given by Tom Sullivan.

Tom is a Lion, a truly eloquent speaker, and life-long advocate for the blind. He shared an astounding personal life story that you can listen to on his website (www.sullivanlive.com), which I highly recommend. Tom played golf, skied, wrote music, played the piano . . . his accomplishments are phenomenal. In his next challenge, he will be competing in 'Dancing With the Stars'!



Listening to his personal story, we learned that "If extraordinary people can do impossible things, then ordinary people can do ex-

traordinary things"!

The Convention was filled with surprises. DG Bob Wilson received 2nd place award in Membership for positive growth for our District, and Ray Rosenthal won the award for the Top 10 MD-4 Membership Chairs. Our club received an award for the category of Top 20 Clubs Mid-Year for member





District Disaster Preparedness Training Class

District 4C4 Lions:

The next District Disaster Preparedness Training Class has been scheduled on Saturday, May 11, 2013, from 9:00 am - 1:00 pm at the American Red Cross Facility, 1720 Trousdale Drive, Burlingame, CA.

If you want to become a member in this great program, please see the attached flier and reserve your seat via email registration. Space is limited, so reserve your seat early. There is no cost for the class and materials/refreshments will be provided. This is a mandatory training class for all Lions volunteers in this program.

I look forward to seeing you there!

Lion 2DVG Jack Van Etten, Chair

District 4-C4 Disaster Preparedness Program









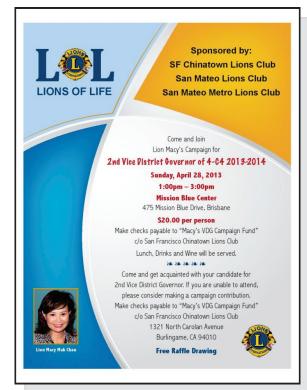


Photos by Lion Sandy Su



PCL Police Awards, 2nd VDG Fundraiser, Conference, D4 Fundraiser











Don Stanaway Dinner, Daly City Host Bingo, Eyeglass Collections

In honor of Don Stanaway's 30 years of service as Executive Director of the Lions Eye Foundation of California-Nevada, Inc., the Foundation announces the creation of the Don Stanaway Fellow

DON STANAWAY FELLOW APPLICATION

Please detach and return lower portion with your payment

O. C.	\$250.00 per membership
Name(s)	Check amount \$
Address	
Email address	
Home Club	District
Please designate use of funds to	Capital Campaign or General Fund
Each Fellow will receive a Don Sta	anaway Fellow pin

Send your \$250 payable to the Lions Eye Foundation to

Lion John Schroeder P.O.Box 2302 Santa Cruz, CA 95062 Not actual size

Note: Inaugural Don Stanaway Fellows will be listed in the program for his Retirement Dinner if Fellow payment of \$250 is received by April 1, 2013

Don Stanaway Retirement Dinner

April 7, 2013 Basque Cultural Center 599 Railroad Avenue South San Francisco, CA

4:00 No Host Cocktails 5:30 Dinner



LIONS EYE FOUNDATION		\$37.50 per person
OR CALIFORNIA-NEVADA INC.	Choice:	
Mamadal		Check amount \$
Name(s)		Crieck amount \$
		Creck amount \$
Address	333	
Address	ease provide ema	ail address
Address For confirmation ple	ease provide ema	ail addressshoice to: Space is limited
Address For confirmation ple Send your payments	ease provide ema	ail addressshoice to: Space is limited

the program if payment of \$250 is received by April 1, 2013



DALY CITY HOST LIONS CLUB

Invites you to



PASTA BINGO



An great evening of DINNER and BINGO

Friday, April 12, 2013 5:30 PM to 9:00 PM Doelger Cafe in Westlake Park

101 Lake Merced Blvd, Daly City 94015

\$20.00 per person paid by April 8

\$25.00 per person paid after April 8

Reservations will be held at door.

Includes **Dinner** and **TEN Bingo Games** with **SIX Cards per Game**Additional Bingo cards available for purchase; prizes donated – no cash prizes
5:30 – Social; 6:00 – Dinner followed by Bingo
Dinner: Pasta, Salad, Bread, Dessert, and Coffee

Dinner: Pasta, Salad, Bread, Dessert, and Coffee Pasta donated by Joe's of Westlake Coffee donated by Starbucks Coffee, Westlake Shopping Center

RSVP	by	Monday,	April 8	, 2013

	Phone
Please list names of attendees on th your check to: Daly City Host Lion	

I cannot attend but have enclosed \$______ to support Daly City Host Lions
Community Projects – receipts will be provided

For additional information please call 650/755-9567 or email dchostlions@comcast.net



District 4-C4 Annual Eyeglass Collection

Saturday, March 16, 2013

9:00am to 11:00am

31 Bepler St, Daly City 94014

("Top of the Hill" Mission Street at San Jose Ave)

Please pack the eyeglasses that you have collected in stackable boxes with lids and mark your club name on the box. Each box will be weighed, credited to your club for the Eyeglass Collection Contest, and delivered to Lions In Sight Collection Warehouse in Vallejo.

Hearing Aids will also be collected, credited to your club for the Hearing Contest, and sent to Ear of the Lion.

If you have glasses/hearing aids and can't make it on Saturday March 16th please call Lion Denise Kelly at 650/755-9567 or Lion Erik Winker at 650/834-2323 to arrange an earlier delivery date/location.





Lion Roger Chinn PDG reports on Lions Veterans Charities, Inc.

USO/SFO Supplies

With the Thanksgiving and Christmas Holidays, considerable travel occurred by our servicemen and women. Over 1600 troops and family members went through the USO/SFO and the same numbers will be going through in the new year when they return. As a result our Lions support was critical; supplies ran out in early January and we delivered another load on January 11; this was paid for by a specific donation by San Bruno Lion Smitty in memory of Lion Isaac Mejia. We will continue to deliver supplies every two months, thanks to donations by you Lions; in the last two months thanks Daily City Host, San Bruno, and San Carlos—your checks are very welcomed, by donations the rest of the year by so many other Lions.

New Development, Support by USO/SFO

USO/SFO has reciprocated; during the last two months, they have collected from the airlines 3 large boxes of personal care supplies, all those items given way by the airlines to passengers. Lions Teri Garcia and Verdie Thompson and their helpers will be boxing them and sending to our troops overseas

Next, the USO has offered us to abandoned good clothes at SFO; these are clothing passengers have

left at the airport and has been designated for homeless veterans; any Lion or affiliate organization are able to distribute this clothing as needed. Contact us and we will arrange the transfer.

USO/Travis

Due to distance to Travis and temporary closure of the USO there, we have not continued to support the reopening of that USO; however, we have referred that opportunity to the Lions in that district's 1st VDG and it looks very promising; we have offered to help set up a Lions Veterans Charities, Inc. in that District as well as a start up donation by us in 4C4.

Year 2013

We are now planning for activities for the coming year; the Trustees have met and the district volunteers will be discussing activities next month. We will assist any club that wants to start veterans projects on their own.

Yours in Lionism,

Lion Roger Chinn PDG

Executive Director, Lion Veterans Charities, Inc.

Continued from Page 5—MD 4 Convention

ship in which we placed #3, and PDG Ken Ibarra and Zone Chair Amy Fink were nominated for 'Lion Couple of the Year'.

I learned so much attending classes and participating in various activities. Lion Rich Lee taught me

my first lesson at the food fair, pace yourself! Lion Denise Kelly taught me how to bar-tend and gave me my first shot of scotch . . . she informed me that it was an acquired taste after she saw my expression. Lion Sandee Ige watched over me as she taught me how to mentor new Lions. It was a wonderful experience getting to know the people in our District and making new friends.



LIONS DELIVER SUPPLIES TO USO/SFO

On February 21, 2013, another car load of supplies was delivered to the USO at SFO. The much needed supplies replenishes the bare shelves at the USO due to the large influx of troops and their families into and out of the airport during the November, December and year-end holidays; this latest



delivery was the third since November and will keep the USO supplied for the immediate future, until the next delivery. These supplies include 75 pounds of coffee, cream, sugar, cups, plates, forks, napkins, snacks, and fruit, and are generously funded by donations by the public and Lions from San Francisco down to Palo Alto.

Shown unloading supplies are USO volunteers Gary Fink and Phyllis Roberts. For questions or comments, please contact Lions Veterans Charities, Inc. at (650) 345-2877 or roger@chinnassociates.com



Lions Clubs International Vice President Barry Palmer's theme for 2013-1014

Castro Lions Update on Crab Feed

CASTRO & PARK PRESIDIO LIONS CRAB FEED RAISES OVER \$16,000 FOR CHARITY

The Castro Lions and the Park Presidio-Sunset Lions hosted a Crab Feed on Saturday February 16th which was widely attended and very successful as a fundraiser bringing in over \$16,000! Approximately 280 Lions and friends of Lions joined us in the first of what we hope to become annual events. Besides the crab, the salad, and the beverages, a number of raffle prizes were auctioned off; including a dinner for eight that nearly raised a thousand dollars on it's own.

As we serve the community we would like to thank those who help us help others; St. Anne of the Sunset for hosting the event site, and our many community partners who attended including but not limited to; SF Lesbian and Gay Freedom Band, Man Dance Company, AIDS Emergency Fund, Breast Cancer Emergency Fund, Lighthouse for the Blind, Lyric, Little Brothers, Friends of the Pink Triangle, Community Partners United/Food Boxes.

The Castro Lions is a 501c3 Charitable organization serving San Francisco's diverse communities since 1985 through over \$650,000 in fundraising, community service, and so much more.

Please join us in this mission.

For more information contact the Castro Lions through our outreach line at (415) 90-LIONS, via email through club President Troy Brunet, <u>brunettroy@aol.com</u>, or check out our website at http://www.castrolionsclubsf.org/



Membership Growth Awards, District & Club Photos













1. Foster City Lions #3 in MD4 for Membership Growth & PDG Ray Rosenthal Top 10 Membership Chairs in MD4 2. PCL February Meeting at Patio Filipino in San Bruno. 3. BASO Lions doing Polar Plunge in SF to benefit Special Olympics 4. MD4 Membership Growth Awards—District #2 & SF Latinos #2. Back to 20— Redwood Shores & SM Metro 5. District Conference Steering Committee. 6. SF Premier Lion Wilma Norona preparing glasses for medical mission to Philippines.



San Bruno Lions Crab Feed Photos



Guest Dancing & Dining, SB Lions in Service, President Rick entertaining



guests, and PDG Ken Ibarra performing the night cap of Highway to Heaven





Foster City Lions Crab Feed Photos



President Martha with San Bruno Lions & dining with guests, Kitchen Crew, 1st



VP John Ficarra dancing, FC Lions in service at front desk.









SF Fil Am Hosts PDG and Past President from Manila Chinatown

Fil Am Lions hosting Past District Governor and

Past President of the Manila Chinatown Lions Club, Dr. Primitivo D. Chua (second from right) at a luncheon in Daly City. The Manila Chinatown Lions is the Sister Chapter of the Fil Am Lions Club of San Francisco.

Current members of the Fil Am Lions Club of San Francisco present included, President Helen Marte



Also in attendance were District 4-C4
Past District
Governors Rudy
and Irma Loredo,
Immediate Past
District Governor
Esther Lee, SF Host
Lions President Fely
Meli, Fil Am Lions
Club of San
Francisco Past
Presidents, Romy &
Merle Molina and
Cip Ayalin.

-Bautista, Immediate Past President Bud Feria, Past President Dr. Augusto "Jun" Valera, Jr. and Charter As shared on Facebook District 4-C4 Group Page Member/Past President Mario Panoringan.

2nd VDG Candidate Macy Mak Chan Visiting Clubs for Support



 SSF Golden Gate
 San Bruno. 3. SF Host 4. Pacifica

To keep up with Lion Macy's visits, please visit Lion Michael's photo gallery at http://
lionmichaelchan.shutterfly.com











1st VDG Fundraiser, San Carlos 75th, Cruise 4 Sight, D4-C5 Crab

A Tail Waggin



Come and join Jack and Lynn for an afternoon of fun and friendship as he kicks off his campaign for First District Governor of 4-C4. Wine and hors d'oeurvres will be served along with a large portion of Lions tales and

Date: Sunday, March 10, 2013

Time: 11:30 - 2:00 pm Place: Burlingame Lions Hall 990 Burlingame Ave

Cost: \$15.00 per person Make checks out to

Jack's VDG Campaign C/O Burlingame Lions Club





Come and get acquainted with your candidate for 1st Vice District Governor. If you are unable to attend, consider making a campaign contribution. Checks can be made out to 'Jack's VDG campaign fund c/o the Burlingame Lions Club, P.O. Box 206 Burlingame CA 94011



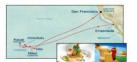
	escape		
Day	Port / Date	Arrive	Depar
1	San Francisco Friday, October 4		4:00 P
2	At Sea Saturday, October 5		
3	At Sea Sunday, October 6		
4	At Sea Monday, October 7		
5	At Sea Tuesday, October 8		
6	Kausi (Nawliwli), Hawaii Wednesday, October 9	8:00 AM	5:00 P
7	Honolulu, Hawaii Thursday, October 10	7:00 AM	11:00 F
8	Maul (Lahsina), Hawaii Friday, October 11	7:00 AM	6:00 P
9	Hilo, Hawaii Saturday, October 12	8:00 AM	5:00 P
10	At Sea Sunday, October 13		
11	At Sea Monday, October 14		
12	At Sea Tuesday, October 15		
13	At Sea Wednesday, October 16		
14	Ensenada, Mexico Thursday, October 17	4:00 PM	8:00 P
15	At Sea Friday, October 18		
16	San Francisco, California Saturday, October 19	7:00 AM	

Hawaiian Islands

re City: Roundtrip from San Francisco re Date: October 4, 2013

Price per person: Balcony Room (BD)
Outside (obstructed
Inside (Ib)
Inside room (IF)

Henderson Travel Kathy Dedini Phone: (650) 355-5110 kdtravel@pacbell.net





March 16th to:

paula@primaprinting.com

San Carlos Lions Club Celebrates our Diamond Jubiliee 75 Years of Service Sat., March 30th

Date:

Time:

CELEBRATE

6:00 pm Cost: \$50 per person Where: Dominico's Winery 1697 Industrial Road San Carlos

Lion Paula Ebeier-Moffitt 2013 Howard Avenue San Carlos, CA 94070 Guest Speaker: PID Dana Biggs

> Dress: Business Casual or 1930's Dress No Host Bar





District 4-C5 Presents LIONS Annual Family Style



CRAB FEAST

All Proceeds to Benefit

"Lions Project for Canine Companions for Independence" Canine Companions for Independence is a national non-profit that enhances the lives of people with disabilities by providing highly trained assistance dogs and ongoing support to ensure quality

Crab ~ Prawns ~ Clam Chowder ~ Green Salad ~ Rolls Saturday March 16, 2013 Citrus Heights Community Center, Citrus Heights (Greenback Ln & Fountain Square Dr) When: Where:

Social Hour: 6:00 - 7:00 Raffle & DJ music: 8:30 – 11:00

Online Ticket Sales at http://www.lpccicrabfeed.com

Limited seating – Advance ticket sales ONLY Donation: \$ 35.00 Early Dog special, \$37.50 after Jan 1



New exciting location

Contact Lion Phil for information at: 6240 Carlow Drive Citrus Heights, CA 95621 916.726.9597

lpcci@comcast.net

Make checks payable to "LPCCI" or Lions Project for Canine Companions for Independence



Club & Council Events—Burlingame, SFCCL, Millbrae, Foster City



Burlingame Lions Club

St. Patrick's Dinner **Corned Beef and Cabbage**



This is a fantastic evening of fun, good food and entertainment from the Murphy Irish Dancers. An evening for the whole family.

Place:

Cost:

Saturday, March 9, 2013 6:00 PM until 10:00 PM Burlingame Lions Hall

990 Burlingame Avenue \$25 per person or

\$10 children 10 and

For more information, or

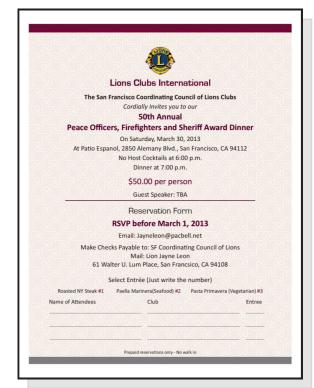
to obtain your tickets, please contact the following Lions:

Pat Kinsella 650-302-4072

patphyllis@sbcglobal.net

Kevin Kielty 650-515-9783

Kkarbor0476@yahoo.com









Message from 2nd VDG Jack (continued from page 2)

Head – we make a conscious decision to join our lions organization to help others in need and to make this a better world for all of us to live in;

Hands – we work with our hands and our physical strength to build houses, repair properties and raise money to support many programs for those in need;

Heart – we share the kindness within ourselves with others in need and we watch over our family of fellow brothers and sisters in Lionism (just like what Lion Pat did for Lynn with the afghan). So when you read my quote from Helen Keller, remember that what is in each of you is what is needed to change our world and fulfill our lives on earth (compassion, desire to help others, elimination of suffering, and a future vision to help others, etc.).

I want to remind clubs about the free or low cost eye exam and prescription glasses program through both VSP Vision Care and the California Vision Foundation. They've provided our District with Certificates and Applications for the exams and glasses for those who meet the eligibility requirements of the programs. If you require more information about either program or want to learn about the eligibility requirements, please contact me by email or phone at jackusf74@comcast.net or at 650-692-3360, respectfully. The documents for these programs are also on our District Website at "lions4c4.org".

Anyone wanting to attend the next *District Disaster Preparedness Program* or the *District Guardian Angel (CPR/AED certification) Program* classes in the spring of 2013 should reserve their seat now by emailing your name, club name, phone number and email contact information in care of me to: disaster-preparedness4c4@gmail.com. Also, don't forget to consider attending the outstanding USA/Canada Lions Leadership Forum in Overland Park, Kansas,

from September 19-21, 2013. I hope to see many lions from District 4-C4 in attendance.

Quote of the month: "What I am looking for is not out there, it is in me." *Helen Keller*

In every newsletter I feel it's important to thank and God bless **YOU** for your unselfish commitment to serve those in need; and please never forget the fact that through **YOUR** efforts as a Lions Club Member, you **DO** make a positive difference in the lives of those in our communities, our district, our nation and our world!

Lion Jack Van Etten, 2nd Vice District Governor

"To Protect and To Serve" thru Proven Leadership, Experience and Personal Integrity



Burlingame Lions celebrating Don Stanaway's 50 years of Lion Service



Peninsula Veterans Lions Club Service Project—Kitchen Move In Kits

Kitchen kits are for the homeless Veterans who are moving into HUD-VASH (Veterans Affairs Supportive Housing). This program provides permanent housing for eligible single homeless Veterans and Veterans with families and is partnered with the Government HUD Housing Agency.

The kitchen kits are composed of dishes, cups and silverware for 2 persons. Also included in the kits are pans and cooking utensils, kitchen and apartment cleaning supplies (dishwashing soap, cleansers, sponges, mops and brooms). The majority of veterans do not have the money to initially purchase these essential items when they move into their apartments. The purpose of the kitchen kits are to help Veterans re-establish basic living skills.

The kits enable the Veteran to prepare a simple meal and develop healthier eating habits thus are less likely to eat out of fast food containers. A setting for two promotes socialization skills and adds to a more homelike environment. The cleaning supplies assist the Veterans in maintaining a clean house thus promoting and healthy living environment.

Lion Wayne Okeson

Congratulations to MD4 Academy Award 2nd Place Winners from District 4-C4:

Menlo Park Host—Most Significant Project PDG Ken Ibarra & Amy Fink— Lion Couple of Year

August Valero, Jr.—Leo of the Year

Let's Focus on Membership...

Fellow Lions,

As all of you know, our motto is "We Serve"... In order to do just that, there is one thing we need more than anything else... MEMBERS! We have a great district, but as with any organization, there are people who leave town, retire, or pass away. There are many more who leave because they aren't getting what they expected when they joined Lions. As your district membership chairman, I would like to help you and your club not only increase membership, but to KEEP your members once they are on the roster! The best way to do that is to get the new members INVOLVED right from the beginning. Get them on a committee; make sure they come to the next club function or fundraiser, and make sure they bring a friend. Get to know your new members, and make them feel at home. Part of what we join for is fellowship, and that only happens when someone feels they are part of the organization. Another important step in retaining members is ORIENTATION! Do your new members really know what they are getting into? It is the club's responsibility to not only go out and find new members, but also to properly orientate them, and to get them involved so that they stay and bring friends! NEED HELP? We have a great survey and program called the CLUB EXCELLENCE PROCESS. If you would like some help getting this started in your club, please contact me and our committee will come and meet with you to discuss a game plan. Remember, membership is EVERYONE'S responsibility!!

Lion Erik Winkler GMT District Coordinator District 4-C4 650-834-2323 notdafonz@yahoo.com



Know your 2012-2013 District 4-C4 Cabinet Officers

District Governor	First VDG	Second VDG	IPDG
Robert "Skipper Bob" Wilson	Steve Picchi	Jack Van Etten	Esther V. Lee
Brisbane	Half Moon Bay	Burlingame	SF Marina NB
Secretary	Treasurer	Executive Director	Executive Coordinator
Marian Mann	Toni Nava	Lydia Taylor-Bellinger	Vilma Lopez
DC Host	Burlingame	SF Merced Heights	SF Latinos Unidos
Chaplain	GLT Chair	GMT Chair	Newsletter Editor
PDG George Habeeb	PDG Ken Ibarra	Erik Winkler	John Gill
Millbrae	San Bruno	Burlingame	San Mateo
Tail Twister	Region 1 Chair	R1 Zone 1 Chair	R1 Zone 2 Chair
Stephen Armbruster	Augusto Valera, Jr. MD	Carl Tebell	Ruffino Ramos
Pen Special Interests	SF Fil-Am	SF The Castro	SF Latino Unidos
Region 2 Chair	R2 Zone 1 Chair	R2 Zone 2 Chair	Region 3 Chair
Roger Gulen	Connie Bridgewater	Gwen Strain	Kevin Kielty
SF Host	SF Ocean-Ingleside	SF Bayview Hunters Pt	Burlingame
R3 Zone 1 Chair	R3 Zone 2 Chair	Region 4 Chair	R4 Zone 1 Chair
Emmanuel Paje	Amy Fink	Cindy Smith	Elaine Borland
SF Host	BA Special Olympics	San Carlos	San Mateo
R4 Zone 2 Chair	R4 Zone 3 Chair	Newsletter Team	Newsletter Team
Jennifer Chen	Ken Harker	Jose Ibarra	Rich Lee
San Mateo Metro	Palo Alto Host	SF Latinos Unidos	Foster City
	Newsletter Team	Paul Larson	Millbrae



Know your 2012-2013 District 4-C4 Lions Club Presidents

PCL Lions Club

BA Special Olympics

Belmont Brisbane Burlingame

Daly City Gateway Daly City Host

Foster City Half Moon Bay

Menlo Park Host

Menlo Park Live Oak

Millbrae Pacifica

Palo Alto Host

Peninsula Special Interest

Peninsula Veterans Redwood City Sunrise

Redwood Shores

San Bruno San Carlos San Mateo

San Mateo Metropolitan

SSF Golden Gate

SSF Host

PCL President

Christopher De Carpio

William Fowler
Walter Long

Kenneth Ingram
David Hoffman

John Warren

Martha Sandy

Robert Placek

Earl Fulk

Margaret Carney Ronald Frediani

Shirlee Gibbs

Roger Stroud

Davina Collins

Kevin Guess

PDG Pat Battaglia

Anselmo Madrinan

Rick Dimitroff

Cindy Smith John Gill

Shelly Wu

Felicidad Mele

John Prouty

SFCCL Lions Club

SF Bay Area New Century

SF Bayview Hunters Point

SF Chinatown

SF Circle

SF Fil-Am

SF Geneva/Excelsion

SF Highlands

SF Hispanic

SF Host

SF Korean American

SF Latinos Unidos

SF Marina North Beach

SF Merced Heights

SF Nikkei

SF Ocean/Ingleside

SF Park Presidio - Sunset

SF Premier

SF State University Campus

SF The Castro

SF President

Gina Tse

Fenton Baptiste

Patrick Auyeung

Benvienido Balaba

Helen Marte

Robert Quinn

Evangeline Roberts

Hernan Alvarez

Rodolfo Mercardo

Peter Chun

Jose Luis Cevallos

Rolly Mungues

Lydia Taylor-Bellinger

Edward Silva

Constance Bridgewater

Paul Kozakiewicz

Teresita Degamo, MD

Michael Quill

Troy Brunet







MD-4 Convention Photos—Hawaiian Theme Dinner













District 4-C4 Lions present in these photos: 1. SM Pat Hughes, SM Pres. John Gill, FC PDG Ray Rosenthal, BG 2VDG Jack Van Etten, SSFH Sandee Ige, 1st Lady Alison Wilson, HMB Rich Picchi, Sit-BG Erik Winkler, FC Pres. Martha Sandy. 2. PCL Ora Seyler, SFFA Pres. Helen Marte, SSF Verdie Thompson, SFGG Pres. Felicidad Mele. 3. FC PDG Ray Rosenthal, SB PDG Ken Ibarra, FC Pres Martha sSandy 4. Pac PDG Emil Kantola, DG Bob Wilson, HMB 1VDG Steve Picchi, Pac Mrs. Kantola, SFC Macy Mak Chan. 5. SFMNB Leland Lee, PSI Bill & Eleanor Brittner, SM Pat Hughes. 6. PIP Scruggs & wife with Alsion



MD4 Photos—Gala Dinner - http://lionmichaelchan.shutterfly.com/













District 4-C4 Lions present in these photos: 1. Runner-up award given for Menlo Park Host and Leo of the Year. L-R: Jim Bigelow, 1st Lady Alison Wilson, August Valero, Jr., DG Skipper Bob Wilson, August Valero and Lady 2. Runner-up award given to Lion Couple of the Year. L-R. DG Skipper Bob, Amy Fink, PDG Ken Ibarra, 1st Lady Alison 3. San Mateo & Foster City Lions at Dinner. L-R: St—Wife of PDG Ray Rosenthal, Ray, SM Pres. John Gill, SM IPP Michael Chan. Sit—AM Macy Mak Chan, SM 1st VP Pat Hughes, AM Sandee Ige, FC Pres. Martha Sandy 4. Gala Dinner Singer Floyd Smith serenading President Martha 5. Gala Dinner Singer 6. PDG Ray Rosenthal acting in character



As Reported in News from Club Newsletters

SF Nikkei Lions Club

SFCCLC POLICE AND FIREFIGHTERS AWARDS DINNER: The honoree from the Nikkei Lions Club to be recognized at the Awards Dinner will be San Francisco Fire Department 1Lt. Robert J Coleman, Station 7, who on December 1, 2011, rescued a male and then a female victim who were trapped in a burning 3rd floor fire without regard to his own safety.

STUDENT SPEAKER CONTEST: Marc Cunningham, 11th grader, Lowell High School was selected as our representative to move onto the Zone One level of the MD4 Student Speaker Contest which our club held on February 5, 2013 at Washington High School. The topic the student speakers had to address was "How Do We Create and Keep Jobs in America". Marc will compete at the Zone One



contest on March 2nd, 2 pm.

Brisbane Lions Club

Operation Santa Claus was cold and wet, but we still gave out about 1,000 bags of fruit with candy, and about 300 toys.

The Senior Lunch was another success, where we served lunch to about 80 seniors. The food from Melissa's was excellent.

Millbrae Lions Club

I would like to thank all the lions who helped out with the February 2 crab feed. As usual, it made my job much easier. The food was delicious, as always. Lions Mike Gianni and Don Beyer's kitchen staff were outstanding, as usual. Without them, where would we be...great food and compliments galore. Lion John LaDuca, who seems to always bring me wads of money at the end of the evening, much to the credit of his staff who do an exceptional job of "service with a smile" to all those who imbibe. To Lion John Muniz, I would like to say another great job of promoting the raffle with great prizes. And to everyone who helped out selling tickets, setting up tables. Etc.

To put all of this into perspective to run this project, it took over 600 volunteer hours, including those of Lady D'Ann Beyer and Lady Carol who do so a great job of taking those reservations and seating people where they want to sit, under difficult circumstances (this year with approximately 350 people in attendance). Also Lady D'Ann always designs and prints our tickets, another unrecognized job that has to be done.

Lion Chair Ron Frediani



Pacifica Lions Club Annual E-Waste Drive on March 23, 2013

Saturday, March 23, 9 AM—3PM at 1811 Palmetto Ave, Pacifica, CA, adjacent to Pacifica Resource Center. What we take:

Computer / Laptops / Servers Televisions / Monitors DVD/ CD Players Batteries
Fax Machine / Printers Cardboard / Newspaper
Toner Cartridges / Copy Machines (\$50 pickup fee)
Telephones/ Cellphones/ Wire Cabling /
Aluminum/Scrap Metal/ Printed Circuit Boards
Microwave Ovens and more..

Mark Your Calendar



Important 4-C4 Dates

Plan For The Following

- Foster City Lions Garage Sale: Mar 9...
- Millbrae Crab Feed: Mar 9, 2013..
- Burlingame St. Patrick's Dinner: Mar 9, 2013...
- District 4-C5 Annual Crab Feast: March 16, 2013...
- PCL Police & Firefighters Awards: March 22, 2013...
- Pacifica Lions E-Waste Drive: March 23, 2013...
- SFCCL Police & Firefighters Awards: March 30, 2013...
- San Carlos 75th Anniversary: Mar 30, 2013
- Foster City Egg Hunt: Mar 31, 2013..
- Larry Discus for Int'l Director Fundraiser: April 5, 2013...
- DC Host Bingo Feed: April 12, 2013..
- San Mateo Bingo Feed: April 25, 2013

MD-4 Student Speakers Contest 2012-2013

Topic: "How Do We Create and Keep Jobs in America?"

Dates for 2012-2013

- Club Contestby February 23, 2013
- Zone Contestby March 16, 2013
- Region Contestby April 6, 2013
- District Contestby April 28, 2013
- Area Contestby May 26, 2013

MD-4 Final Contest.....on June 1-2, 2013

District 4-C4 Student Speaker Contest Chair Lion Rich Picchi:

Email at rpicchi@comcast.net

- Rebuilding Together Peninsula Service Day: April 27, 2013
- District 4-C4 Convention: May 17 thru 19, 2013...
- District Conference: June 8, 2013...

FULL S.A.I.L. AHEAD..

Lion John Gill ~ 4-C4 Newsletter Editor 1026 Tenth Avenue San Mateo, CA 94402

DG Message	1,3	Castro Lions Update on Crab	10
1st VDG	2, 3	Feed	
2nd VDG	2, 14	District & Club Photos	11
Message from Editor's Desk	3	San Bruno & Foster City Crab Feed Photos	12
Student Speaker Contest Update / MD4 Photos	4	SF Fil An Hosting PDG / 2nd VDG Campaign Visitations	13
Lions Pat Hughes & Martha Sandy Report on MD4 Convention	5,9	PVLC Service Project / Focus on Membership	17
District 4C4 Disaster Preparedness Semi- nar / Cabinet Meeting Photos	6	District Officers / Club Presidents	18-19
Club & District Event Flyers	7,8,14, 15,	MD4 Convention Photos	20-2
Report on Lions Veterans Charities Inc.	18,22 9	Important Dates	23
Lions Deliver Supplies to USO/SFO	10	Lions Ethics	24

LIONS ETHICS

TO SHOW my faith in the worthiness of vocation by industrious application to the end that I may merit a reputation for quality of service.

TO SEEK success and to demand all fair remuneration of profit for my just due, but to accept no profit or success at the price of my own self respect lost because of unfair advantage taken or because of questionable acts on my part.

TO REMEMBER that in building up my business it is not necessary to tear down others. To be loyal to my clients or customers and true to myself.

WHENEVER a doubt arises as the right or ethics of my position of action towards my fellow man, to resolve such doubt against myself.

TO HOLD friendship as end and not a means. To hold that true friendship exists not on account of the service performed by one to another, but true friendship demands nothing but accepts service in the true spirit in which it is given.

ALWAYS bear in mind my obligations as a citizen to my unswerving loyalty in word, act as deed; to give them freely of my time, labor and means.

TO AID my fellow man by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy.

TO BE careful with my criticism and liberal with my praise. To build up and not destroy.

LIONS OBJECTIVES

TO CREATE and foster a spirit of "GENEROUS CONSIDER-ATION" among the peoples of the world through a study of the problems of international relationship. **TO PROMOTE** the theory and practice of the principles of good government and good citizenship.

TO TAKE an active interest in the civic, social, and moral welfare of the community.

TO UNITE the members in the bonds of friendship and mutual understanding.

TO PROVIDE a forum for the full and free discussion of all matters of public interest, partisan politics and sectarian religion alone excepted.

TO ENCOURAGE efficacy and promote high ethical standards and professions: provided that no club shall hold out as one of its objects financial benefits to its members.