

THE LION'S TALE

www.fostercitylions.com



VOLUME 44, ISSUE 19 April 4, 2013

INTERNATIONAL ASSOCIATION OF LIONS CLUBS

District 4-C4, Region 4, Zone 1

DISTRICT GOVERNOR

Lion Bob Wilson 480 Monterey Street Brisbane, CA 94005

skipperbob@skipper-bob.com lions4service@gmail.com

415-715.8626 home 415-279.7097 cell

1ST VICE DISTRICT GOVERNOR

Lion Steve Picchi spwinemaker@comcast.net

2ND VICE DISTRICT GOVERNOR

Lion Jack Van Etten Jackusf74@comcast.net

PAST DISTRICT GOVERNOR

Lion Esther Lee 2310 Bourbon Ct. So. San Francisco, CA 94080 650-742-9333 home 650-278-1277 cell evlee22@gmail.com



THE LIONS CLUB OF FOSTER CITY MEETS THE 2ND AND 4TH TUESDAYS OF EACH MONTH AT THE WILLIAM E. WALKER RECREATION CENTER

> 650 SHELL BLVD. FOSTER CITY AT 7:30 P.M.





LETTER FROM PRESIDENT LION MARTHA SANDY

My Dear Fellow Lions,

March ends the contest reporting of all the clubs to the District for activities and donations. The reason that the contest ends earlier than the fiscal year is to award the clubs on their accomplishments for club activities at the District Convention. This is one of the reasons you will not want to miss out on attending the District Convention May 17-19. On Saturday, the club awards are announced, and it is the moment you really feel the camaraderie and accomplishments of our club.

It is also the day when the food fair is held. You can meet other Lions from the District as you walk around and sample the delicious variety of meals and enjoy listening to the good music. Don't forget to visit all of the other club's hospitality suites to check out their decorations and see what it takes to win 1st place.

The pirate decorations for our hospitality suite have been purchased, and those checking in on Friday can help me decorate. Lion John Ficarra will supply our room with all kinds of snacks and drinks in time for everyone to cheer our club in the Barbershop Quartet Contest headed by Lion Lucy Tan. Those participating in the Parade Contest will do a quick change into their pirate costumes and compete in the parade outside of our room in the courtyard.

If you can sing, write a skit, or enjoy creating props, please contact Lion John Ficarra. We need you! Sign up today to come to the Convention, and volunteer to participate. We work hard but we play hard too!

Thanks to all of the nominees for stepping up and supporting our club by accepting your new positions! This is a pivotal time for the President Elect John Miller as he selects his committee chairs and prepares his officers for their term.

On July 14th all of these new members on the Board of Directors for 2013-2014 will be installed. The past Board of Directors will be honored and the President will pass the bell over to President Elect John Miller. Save the date and mark your calendars!

It is the tradition for the incoming President to run the meetings beginning in June, and I would like everyone to introduce themselves and welcome President Elect John Miller during the month of June! We will not have a meeting July 9th.

Thank you PDG Roger Chinn for your relentless persistence in bringing in our Lion volunteers to help out Lion Herb Perez with his highly successful Easter Egg Hunt. Thank you Lion Herb Perez for your generosity in advertising our club as a sponsor and allowing our members to participate!

Don't forget the Blood Drive on Sat., April 13th and Rebuilding Together on April 27th.

Yours in Lionism, Martha

LIONS CLUB OF FOSTER CITY PO BOX 4005

PO BOX 4005 FOSTER CITY, CA 94404 CHARTERED 1967

PRESIDENT

Lion Martha Sandy 910 Corsair Lane Foster City, CA 94404 650- 200-5111 cell

martha-sandy@hotmail.com

SECRETARY

Lion Shikha Hamilton 602 Bainbridge St. Foster City, CA 94404 650- 349-8159 home 415- 325-2939 business 650- 863-3360 cell fclionshikha@gmail.com

BULLETIN EDITOR

Lion Karen Abolt 9112 Eagle Ridge Dr. Las Vegas, NV 89134 702-204-0003 cell karenabolt@aol.com



NEXT MEETING

FOSTER CITY REC CENTER

Tuesday, Apr. 9, 2103
6:30 p.m. Board Meeting
7:30 p.m. General Meeting

PROGRAM

Membership votes on Slate of Officers 2013-14 Constitution & By-law changes

Upcoming events: Convention

Lions Clubs International OBJECTIVES

TO CREATE and foster a spirit of Understanding among the peoples of the world.

TO PROMOTE the principles of good Government and good citizenship.

TO TAKE an active interest in the civic, Cultural, social and moral welfare of the Community.

TO UNITE the clubs in the bonds of friendship, Good fellowship and mutual understanding.

TO PROVIDE a forum for the open discussion of all matters of public interest; provided however, that partisan politics and sectarian religion shall not be debated by club members.

TO ENCOURAGE serviceminded people to serve their community without personal financial reward, and to encourage efficiency & promote high ethical standards in commerce, industry, professions, public works and private endeavors.



We Serve

SUNSHINE



Contact Lion Linda Speizer
spower4Is@sbcglobal.net, 393-5794,
if someone needs of a cheerful note
from the Club, or, if you want to share
a happy event.

April Birthdays



4/5 PCP Lion Sam Lerner 4/6 Lion Patrick Sullivan 4/7 Lion Peter Gilbert 4/7 PDG Lion Don Stanaway 4/14 PCP Lion Carolyn Cox 4/28 Lion Linda Speizer

April Anniversaries

4/15 Lions Beatrice & Rama Ramachandra, 50 yrs.

4/28 PCP Lion Mark & Janet Olivier, 31 yrs.



Any updates,
Contact Lion Karen Abolt
<u>karenabolt@aol.com</u> 702-204-0003
We may be missing some anniversaries and
birthdays.



LIONS CODE of ETHICS

TO SHOW my faith in the worthiness of my vocation by industrious application to the end that I may merit a reputation for quality of service.

TO SEEK success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self-respect lost because of unfair advantage taken or because of questionable acts on my part.

TO REMEMBER that in building up my business it is not necessary to tear down another's; to be loyal to my clients or customers and true to myself.

WHENEVER a doubt arises as to the right or ethics of my position or action towards others, to resolve such doubt against myself.

TO HOLD friendship as an end and not a means. To hold that true friendship exists not on account of the service performed by one to another, but that true friendship demands nothing but accepts service in the spirit in which it is given.

ALWAYS to bear in mind my obligations as a citizen to my nation, my state and my community, and to give them my unswerving loyalty in word, act and deed. To give them freely of my time, labor, and means.

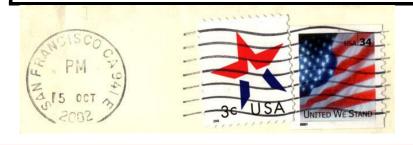
TO AID others by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy.

TO BE CAREFUL with my criticism and liberal with praise; to build up and not destroy.

LIONS STAMPS FOR EASTER SEALS

Please remember to bring the stamps to the Club meeting and leave them at the registration table.

Cut out the entire cancellation as shown below.





LIONS CLUB OF FOSTER CITY OFFICERS AND BOARD OF DIRECTORS 2012 – 2013

President
1st Vice President
2nd Vice President
3rd Vice President
Admin Treasurer
Activities Treasurer
Secretary
Tail Twister

Tail Twister
Lion Tamer
Bulletin Editor
Membership Chair
Past President

First Year Directors

Second Year Directors

Martha Sandy John Ficarra John Miller Carolyn Cox Matt Crom Jon Froomin Shikha Hamilton Susan Merport Masako Suzuki Karen Abolt Ray Rosenthal Mary True

Ed Flank Joe Pierucci Herb Perez Roger Chinn

Beatrice Ramachandra

Wing Yu

SLATE OF OFFICERS 2013-2014

President – Lion John Miller

1st VP – Amor Traceski

2nd VP – Shikha Hamilton

3rd VP – Ilan Rosenthal

Treasurer Administrative –

Matt Crom

Treasurer Activities –

Lori Meurer

<u>Secretary</u> – Priya Ramachandran <u>Membership Director</u> – Ray Rosenthal

<u>Bulletin Editor</u> – Karen Abolt <u>Lion Tamer</u> – Silvana Garetz

Tail Twister - Linda Speizer

Board of Directors

1st Year Stephen Chen

Chris Giffin Kris Powell

Board of Directors

Ed Flank Herb Perez Joe Pierucci

Slated will be voted on at the April 9th meeting.

VOTE ON CONSTITUTION & BY-LAW REVISIONS April 9th Meeting

On March 16th, the membership received the proposed changes as an attachment to an email from Chair, Lion Roger Chinn. The changes will be voted on at the April 9th general meeting. Please address any questions to:

Lion Roger Chinn, roger@chinnassociates.com

LIONS CLUB INTERNATION FOUNDATION LCIF

A Year in Review



Last year, LCIF and Lions brought hope to millions of people worldwide, thanks to your generosity. Because of you, Rangita was able to see her father for the first time after cataract surgery; Sanjay in Nepal was able to help provide measles vaccinations to children in need; Sunidhi in India was able to better understand adolescence through Lions Quest; and Indji in Haiti was able to attend a nursing school, which was rebuilt following the earthquake in 2010. Read through LCIF's Annual Report story in LION magazine to learn how your donations to the Foundation changed lives and gave hope to millions of people around the world. Thank you for your support!



District 4-C4 Governor Lion Bob Wilson



1st Vice District Governor Stephen Picchi spwinemaker@comcast.net

2nd Vice District Governor Jack Van Etten Jackusf74@comcast.net

Immediate Past District Governor Esther Lee evlee22@gmail.com

Cabinet Secretary
Marian Mann
marianlmann@aol.com

District Contest Chairman Denise Kelly deniseakelly@comcast.net Cabinet Treasurer
Toni Nava
dntovcollector@aol.com

Region 4 Chair Cindy Smith cindysflowers@aol.com

Region 4, Zone 1 Chair Elaine Borland lioneborland@aol.com Clubs: Foster City, Belmont, San Mateo Metro, Redwood City Sunrise

Newsletter Editor and Communications Chair John Gill

lions4service@gmail.com



IN A WORLD OF SERVICE Wayne Madden Lions Clubs International President



The Best Team There Ever Was

Traveling the world as I do, there is not a lot of time to watch TV. But I was able to catch parts of a few college basketball games this spring. Played at a high level, basketball is a brilliant display of teamwork. Five players race up and down the court with a collective purpose, as if tied together by an invisible string. I played basketball, as well as other sports, and few things in life match the exhilaration of belonging to a team and working together for a common goal.

A successful Lions club is a good team. Everyone plays a role. Members do their part not to receive praise and glory but to achieve a common goal. Being a Lion is so fulfilling precisely because we serve alongside people we know and like and share similar values with. Maybe non-Lions assume that service is a chore, something we feel we should do but don't really enjoy. Lions know that's a ridiculous notion. We relish belonging to a club, interacting with members at meetings and then working together for the benefit of others.

We need to share our enthusiasm as members with non-Lions and bring them into the fold. We need more women, more younger members, more minorities - more members. Let them in on the "secret" - being a Lion is not only rewarding, gratifying and fulfilling but it's also really fun.

LCI's website has tools, resources and strategies to add members. Our Global Membership Team, Global Leadership Team, the Women's and Family Development Task Force and multitudes of Lions at the district and club level are devoted to increasing membership. But we cannot reach our potential as an association unless Lions in every club reach out to prospective members. It boils down to this: the future of Lions is in good hands – your hands.

I'm no longer of the age where I can run up and down a basketball court or run the bases in baseball. But belonging to the best team ever is a central part of my life. In a World of Service, let's keep that world spinning decade after decade by retaining and recruiting new squads of Lions.

Wayne A. Madden Lions Clubs International President



TECHNOLOGY CORNER

Hackers empty \$900K bank account

In itself, a distributed denial of service, or DDoS, attack on a bank's website is little more than costly hooliganism. It essentially consists of hackers ordering a bunch of malware-infected computers to "click" on a bank's website until it's too overwhelmed to respond to legitimate users.

The effect is pretty similar to a barricade across the entrance to your <u>bank</u>: You can't get in, but your money is still safe inside the bank.

But what if thieves used a DDoS attack as cover for a more harmful attack that did actually compromise customer checking accounts? That appears to be exactly what happened to a customer of Bank of the West, according to a report from security blogger Brian Krebs:

A Christmas Eve cyber-attack against the website of a regional California financial institution helped to distract bank officials from an online account takeover against one of its clients, netting thieves more than \$900,000.

At approximately midday on Dec. 24, 2012, organized cyber crooks began moving money out of corporate accounts belonging to Ascent Builders, a construction firm based in Sacramento, Calif. In short order, the company's financial institution -- San Francisco-based Bank of the West -- came under a large distributed denial of service (DDoS) attack-

There were 62 individuals suckered in to acting as "mules" for the stolen money, according to Krebs.

It's standard operating procedure for <u>scammers to recruit unsuspecting individuals and businesses</u> ("make big money working from home!") to accept a substantial deposit from thieves and wire the bulk of it overseas, keeping a portion for themselves as payments. Typically, the money clears and the mule completes the transfer, only to have the authorities catch up with them and claw back the money, leaving them on the hook for most of the losses.

Obviously, you never want to agree to accept and transfer cash as these mules did. Aside from the legal implications of engaging in what amounts to money laundering, what good are promised payoffs if they're going to be clawed back later?

Another important step to avoid having your account on the receiving end of this type of coordinated attack is having up-to-date antivirus software installed on your computer. Krebs writes that the thieves may have gained access to Ascent Builders' bank logins using malware surreptitiously installed on its computers. And you don't want that happen to you, especially on Christmas Eve.

What do you think? Do you worry about online thieves draining your accounts? What precautions do you take to prevent that from happening?

Circulated in Foster City ITAC.....Lion Priya Ramachandran

SAVE THE DATE - JULY 14TH

Please save the date July 14, 2013 for the Installation of the new Club Officers and Board of Directors and recognition to the past Officers and Board of Directors.

MEALS ON WHEELS IN AFRICA



NEXT BLOOD DRIVE - SATURDAY APRIL 13TH 8:00 A.M. – 1:00 P.M.

Spirit Room at Foster City Rec Center (see flyer for details)

SAVE THE DATE - SATURDAY APRIL 29TH REBUILDING TOGETHER

Plans are underway to renovate a home in Emerald Hills in Redwood City. Please sign up to help.

We will partner with the San Mateo Lions. Contact chair, Lion Ray Rosenthal, rosieinc@comcast.net for more information.



Guests at Meetings

If you'd like to bring a guest to the next meeting April 9th, <u>please</u> contact 3rd VP Lion Carolyn Cox, <u>by Friday April 5th</u>, 377-0247 or carolyngcox@gmail.com.

District 4-C4 Convention Deadline

For those going to the convention and staying overnight, please either turn in your applications and checks and copies of your applications if you have



already mailed them. Please bring them to the April 9th meeting. This will help us have your \$50/night reimbursements checks prepared. For those taking the bus on Saturday the 18th please sign-up at the April 9th meeting. This will give us some idea how large a vehicle we need to rent. –Lion Jon Ficarra, ucanimprove2@sbcglobal.net, Convention Chair

PINEBOX DERBY A SUCCESS!! OUR FOSTER CITY CUB SCOUT PACK 447



Deadline for articles in the next Bulletin
WEDNESDAY, APRIL 17, 2013
Please submit to Bulletin Editor, Lion Karen Abolt

karenabolt@aol.com 702-204-0003 cell

Please contact Lion Karen if there are corrections to this bulletin.

SCHEDULE OF EVENTS

GO TO FOSTER CITY LIONS WEB SITE FOR MORE INFORMATION AND PHOTOS

www.fostercitylions.com

April 5, 2013 Friday District Fund Raiser for PCC Lion Larry Dicus for Int'l Director @ FC Rec	CANCELED
\$37.50 donation, 6:00pm no host cocktails, 7:00pm dinner, music/raffle	650 697 6346
April 7, 2013 Sunday, PDG/Eye Foundation Past President Don Stanaway Retirement	John Schroeder
\$37.50pp, Basque Cultural Cntr, 599 Railroad Rd., SSF, 4:00p.m. no host cocktails, 5:30p.m.dinner	P.O.Box 2302, Santa Cruz 95063
April 9, 2013 Tuesday Foster City Lion Meeting	Martha Sandy
6:30 p.m. Board Meeting, 7:00 p.m. Meet'n Greet, 7:30 p.m. General Meeting	martha-sandy@hotmail.com
April 12, 2013 Friday Daly City Host Lions Pasta-Bingo	650 755 9567
\$20pp by 4/8, Dolger Café at Westlake Prk, 101 Lake Merced Blvd., DC, 5:30-9:00pm	dchostlions@comcast.net
April 13, 2013 Saturday Blood Drive / Foster City Rec Center	Fred Kelley
8:00a.m1:00p.m., Spirit Room. See attached flyer	fakelley@sbcglobal.net
April 14, 2013 Sunday District Student Speaker Contest	District Website
2:00p.m. sharp, Burlingame Hall, 990 Burlingame Ave., Bur, 4 finalists	www.lions4c4.org
April 20, 2013 Saturday SF Chinatown Lions present Le Show Fundraiser Dinner	Send check payable: SFCLC/LEE
Benefits Lions Eye Foundation, \$100pp, 5:30p.m. no host cocktails, Far East Café, 631 Grant Ave. SF	100 Mtn Sprg Ave., SF 94114
April 22, 2013 Monday Peninsula Council Meeting hosted by Half Moon Bay Lions	Ora Seyler
\$25pp, Portuguese Cultural Cntr, 724 Kelly Ave., HMB, 6:15p.m. not host cocktails, 7:15p.m. dinner	650 993 8649
April 25, 2013 Thursday San Mateo Lions Bingo-Spaghetti Feed	Pat Dalibra
\$20pp, American Legion Hall, 130 So. B St., SM, includes 10 games, 6:30p.m. no host bar	patdalibr@aol.com
April 27, 2013 Saturday San Mateo-Belmont Lions Crab Ciopinno & Bingo	paula@primaprinting.com
\$35pp, <12yrs. \$15, Mahany Hall, 1336 San Carlos Ave., SC, 5:30pm no host cocktails, 6:00pm dinner	650 597 1777
April 28, 2013 Sunday Fundraiser for Macy Mak Chan, VDG Campaign	SF Chinatown Lions



1-3:00p.m., Mission Blue Cntr, 475 Mission Blue Dr., Brisbane, \$20pp, Lunch, Drinks, Wine, Raffle

May 17-19, 2013 Friday - Sunday District 4C4 Convention - Registration Form attached to Bulletin

\$10 donation, 8:30am registration, 9:30a.m-4:30p.m., Walmart Silicone Valley Headquarters, 850 Cherry Ave., SB

June 8, 2013 Saturday Legacy of Health, Wellness & Education sponspored by Peninsula Special Interest Lions

May 4, 2013 Saturday BASO Lions Fundraiser, Bunce de Mayo

\$25pp, 6:00 p.m., Burlingame Hall, 990 Burlingame Ave., Bur

June 8, 2013 Saturday Save a Life, Sponsored by MD4 area 2

8:15a.m. - 3:00p.m., Oracle Conference Cntr, 350 Oracle Prkwy, RC,

San Mateo County Events Cntr, 2495 Delaware St., SM,

June 30, 2013 Sunday Concours d' Elegance Sponsored by Palo Alto Lions

Dr. Suresh Sabadra, 2013-14 president-elect of the Lions Club of Ghatkopar, Mumbai, India, visited the Foster City Lions Club bringing along one of his sons and grandson.



1321 N. Carolon Ave., Bur 94010

debbie_kielty2216@yahoo.com

www.bayarealions.com

See attached brochure

for registration details

info@paconcours.com

650 813 1100 for info

Debbie Kielty

Save the date

to register

Lions Steve Picchi who is running for District Governor and Jack Van Etten who is running for 1st Vice District Governor are pictured with President Lion Martha Sandy also pay a visit to our meeting.













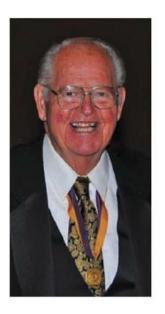




Don Stanaway Retirement Dinner

April 7, 2013
Basque Cultural Center
599 Railroad Avenue
South San Francisco, CA

4:00 No Host Cocktails 5:30 Dinner



so please reserve early.

Please	detach and return lo	wer portion with your payment		
CALIFORNIA-NEVADA, INC.	Choice:	\$37.50 per person New York Strip Steak Salmon in Champagne S Vegetarian Entree	indicate number of each Steak mpagne Sauce	
Name(s)		Check an	nount \$	
Address				
For confirmation pl	ease provide ema	ail address		
Send your paym	ent and dinner o	hoice to:	Space is limited	

Note: Inaugural Don Stanaway Fellows will be listed in the program if payment of \$250 is received by April 1, 2013

Santa Cruz, CA 95062

Lion John Schroeder

P.O.Box 2302





Find the **Nero** In you.

Save Lives

Give blood 3 times a Year!

BLOOD DRIVE

Sponsored by Foster City Lions Club

Saturday, April 13, 2013 8:00 am - 1:00 pm

<u>Location: WM Walker Rec Center – Spirit Room</u> 650 Shell Drive, Foster City

Please schedule your life-saving appointment online at www.bloodheroes.com
Click on "Donate Blood" and enter Sponsor Code: FosterCity
With questions please contact Jessica at 415-317-7177.

Appointments are preferred & given priority, but walk-ins are welcome



In appreciation, all donors will receive a 10% off coupon and be entered into a drawing for a \$500 spending spree, compliments of Sports Basement!



Please bring photo ID and donor card. Free Cholesterol Testing every donation!



DALY CITY HOST LIONS CLUB

Invites you to

В	I	N	G	0
3	17	31	47	63
8	18	33	51	66
9	24		52	69
11	27	41	57	70
13	30	43	60	75

PASTA BINGO

An great evening of DINNER and BINGO

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Friday, April 12, 2013 5:30 PM to 9:00 PM Doelger Cafe in Westlake Park

101 Lake Merced Blvd, Daly City 94015

\$20.00 per person paid by April 8 \$25.00 per person paid after April 8

Reservations will be held at door.

Includes **Dinner** and **TEN Bingo Games** with **SIX Cards per Game**Additional Bingo cards available for purchase; prizes donated – no cash prizes
5:30 – Social; 6:00 – Dinner followed by Bingo
Dinner: Pasta, Salad, Bread, Dessert, and Coffee
Pasta donated by Joe's of Westlake
Coffee donated by Starbucks Coffee, Westlake Shopping Center

RSVP by Monday, April 8, 2013

Number of people	Amount Enclosed	Phone	
Please list names of attende your check to: Daly City H		1	
I cannot attend but have e Communi	enclosed \$ity Projects – receipts	to support Daly City Ho will be provided	st Lions

For additional information please call 650/755-9567 or email dchostlions@comcast.net

Come to the DISTRICT 4-C4 STUDENT SPEAKERS CONTEST

Sunday April 14th @ 2PM sharp

Burlingame Lions Club Hall 990 Burlingame Avenue Burlingame, CA 94010

This high level contest will have 4 outstanding speakers competing for a \$4,500 Scholarship

EVERYONE IS WELCOME

Please bring any used inkjet cartridges or old cell phones to this contest. They will be used to help fund future Student Speakers Scholarships!



San Francisco Chinatown Lions Club "Le Show" Fundraiser Dinner

Benefiting
The Lions Eye Foundation of California-Nevada, Inc.

Saturday, April 20, 2013
No-Host Cocktails 5:30 PM------Dinner 6:30 PM
Far East Café Grand Ballroom
631 Grant Avenue, San Francisco
Business Attire

- Gold Sponsors \$2,500
 Include Full Page AD in Program Book
 10 VIP Dinner Ticket
- Diamond Sponsors \$1,000
 Dinner Tickets
- Individual Dinner Ticket –\$100 each

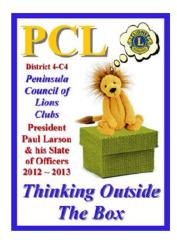
Check payable to: SFCLC/LEF Tax ID# 94-1676055

100 Mountain Spring Avenue, San Francisco, CA 94114

Telephone	Fax	
Email		
Address		
Guest Names		



The Peninsula Council of Lions Clubs



You are inviled:

Please attend our Monthly Meeting on Monday, April 22, 2013 at the

Portuguese Cultural Center



724 Kelly Ave. at Johnson St., Half Moon Bay, CA 94019

Lots of FUN ~ Great Raffle Prizes

\$25.00 Per Person

No Host Cocktails 6:15 PM Dinner 7:15 PM

Mexican Buffett:

Catered by Spanishtown Mexican Restaurant

Hosted by the: Half Moon Bay Lions Club

RSVP no later than Monday, April 15th to PCL 2nd VP Lion Ora Seyler: (650) 993-8649 or cell (650) 346-3954 or email ora2643@gmail.com (Head count needed by the host)

Presidents:

Please bring your written Club Reports



SAN MATEO LIONS CLUB BINGO AND SPAGHETTI FEED

PROCEEDS TO BENEFIT SAN MATEO LIONS YOUTH & COMMUNITY ACTIVITIES AND VETERANS CHARITIES

THURSDAY, APRIL 25, 2013 6:00 PM NO HOST BAR 7:00 PM SPAGHETTI DINNER BINGO TO FOLLOW \$20 per person

PRICE INCLUDES 10 GAMES
OF BINGO. ADDDITIONAL
GAMES AND A SPECIAL
FINAL GAME WILL BE
AVAILABLE FOR
ADDITIONAL
PURCHASE

ALL THE FUN WILL BE AT THE AMERICAN LEGION HALL 130 SOUTH BLVD. SAN MATEO



Get a free raffle ticket for every used cell phone or used eye glasses brought to the party

Reservation must be received by April 20th, please send a check payable to San Mateo Lions, mail to P.O. Box 6335, San Mateo, CA 94403.

Number Attending	Names		
	<u>, </u>	,	
Contact Phone	\$20 Per Person x	-0	.
Sorry I cannot attend bu	t would like to donate		S

San Carlos Lions Club Crab Cioppino & Bingo

In collaboration with the Belmont Lions Club



April 27th Mahany Hall 1336 Arroyo Ave., San Carlos 94070 Bingo Prizes, 50/50 Raffle & Door Prize

5:30 p.m. No-Host Bar Tickets: \$35 Adults 6:00 p.m. Crab Cioppino \$15 Children 12 and Under

7:00 p.m. Bingo





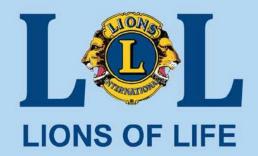
Proceeds to Benefit Belmont Lion Brendan Cosgrove in His Lifesaving Quest For a Kidney Transplant www.sancarloslions.org



Food Sponsored by the Fish Market Restaurant 3150 El Camino Real Palo Alto, 94306 (650) 493-9188







Sponsored by:

SF Chinatown Lions Club

San Mateo Lions Club

San Mateo Metro Lions Club

Come and Join Lion Macy's Campaign for

2nd Vice District Governor of 4-C4 2013-2014

Sunday, April 28, 2013 1:00pm — 3:00pm

Mission Blue Center

475 Mission Blue Drive, Brisbane

\$20.00 per person

Make checks payable to "SFCLC" c/o San Francisco Chinatown Lions Club Lunch, Drinks and Wine will be served.

AS AS AS AS AS

Come and get acquainted with your candidate for 2nd Vice District Governor. If you are unable to attend, please consider making a campaign contribution.

Make checks payable to "SFCLC"

c/o San Francisco Chinatown Lions Club

1321 North Carolan Avenue Burlingame, CA 94010

Free Raffle Drawing



Lion Macy Mak Chan

The Lions Clubs of the Greater Bay Area & Lions Services for Children proudly presents children first educational conference & discussion

Sight and Hearing Diabetes Education Literacy Nutrition and Medical Issues

SAVE A LIFE

Preserving Vision · Saving a Lip

Sponsored by MD-4 Area 2, District Lions Services For Children, Family & Women's Membership Development & Lions Clubs International Past International President Wing-Kun Tam, LCIF Chairperson

Learn how you can help your local & international communities

Saturday, June 8, 2013

8:30-9:30 am - registration 9:30am - 4:30 pm conference

Suggested Donation: \$10 [lunch included]

Register on-line at www.bayarealions.org proceeds directly benefit children in the Greater Bay Area

Venue:

Walmart Silicon Valley Headquarters 850 Cherry Avenue San Bruno, CA 94066

For more information on this conference or about membership is a Lions Club, contact us at savealife@bayarealions.org or visit www.bayarealions.org

Sponsorships Visionary: \$30,000

Champion: \$10,000

Benefactor: \$ 5,000

Leadership: \$ 2,500

Product donations are screened for health and safety appropriateness as Give-Aways to attendees. Please contact us regarding your proposed donation.

Exhibitor

\$350 - Register Early! Limited spaces available

- ✓ Listing on Banner Displayed in the Auditoria
- ✓ One Autographed Book by Dr. Oz.

ponaorahip & Exhibitor Info, Contact Margaret@GPS-LeadTheWay.com Norma@GPS-LeadTheWay.com







Who Should Attend

- Parents, PTAs, Foster Parents
- Educators, School Boards
- Social Workers
- · Youth Service Workers/Advocates
- Government Officials
- Commissions for Parents & Children
- Physicians & Health Care Providers
- · Healthy Food Advocates
- Wellness Advocates
- .Anyone who works with and cares for Children!



Who Should Sponsor/Exhibit

- All Companies who support the Well Being of our Youth & Emerging Future Leaders
- Health Care Systems/Providers
- * Wellness Providers/Companies
- . Healthy Eating Companies/Advocates
- · Food Advocacy Programs
- Education Advocacy Programs
- Youth Services & Resource Programs









About Peninsula Special Interest Lions Club

The Peninsula Special Interest Lions Club (PSILC) was founded by Eleanor Lindquist-Britter and her husband, Bill Britter. The club has over half of its members in the medical profession, with its primary focus on health care initiatives in partnership with schools, senior centers, and local communities.

In 2012, PSILC delivered medical clinics and nutrition workshops to over a thousand children, seniors, and adults in San Mateo County.



We Serve.



About Lions Club International

Who are the Lions?

Lions Club International is the World's Largest Service Club Organization with 46,000 clubs and 1.35 million global members.

How has Lions Improved Lives?

- > \$8 million dollars from Lions Clubs around the world to help earthquake victims in Halti.
- > 2 million youths learned life skills through the Llors Quest Program to tackle Issues such as drug abuse & violence.
- > 41 million children vaccineted through the Lions Mescles infletive.
 > 23 million children screened by Sight For Kids (joint inflative with Johnson & Johnson).
- ➤ 120 million ohildren receiving eye core services through Lions Eye Care Centers.
 ➤ 147 million doses of Meatizan distributed worldwide to best and control river bindness.
 ➤ \$16 million reised for the SightFirst Program, saving eyesight for millions worldwide.

- ➤ 8 million cataract surgeries worldwide.
 ➤ 16 million trees planted by Llons worldwide from 2011 2012 to better the environ



Peninsula Special Interest Lions Club Presents:

Legacy of Health, Wellness & Education

Grace the Lives of Children & Those Who Care for Them!



Dr. Mehmet Oz & Lisa Oz Keynote Speaker



Saturday, June 8, 2013 8:15am - 3:45pm

Oracle Conference Center

350 Oracle Parkway, Redwood City, CA 94065



Peninsula Special Interest Lions Club

Legacy of Health, Wellness & Education

Grace the Lives of Children & Those Who Care for Them!

Saturday, June 8, 2013 8:15am - 3:45pm General Seating: Doors Open at 7 swam. mposium Ticket Includes Breakfast, Box Lunch, beverages, Snacks

Esther Lee

Lise Edwards

Dr. Bill lannaccone

Dr. Eleanor Britter

Invited Symposium Speakers Dr. Mehmet Oz

Keynote Speaker Cardiothoracis Surgeon, Author, Host of the Dr. Oz Show

Deepak Chopra

Physician, Alternative Medicine Expert, Author Dr. John La Puma cheff/D9

Physician, Author, Professionally Trained Chef Dr. Paul Lynn

Physician, Alternative Me Dr. Eleanor Britter

Naomi Tickle World Renowned Certified Personalogist, Author

> VIP Luncheon with Dr. Oz **VIP Gala Reception**

Honored Host Dr. Bill lannaccone International Director

Symposium Program

7:00am - 8:15am Noon - 1:15pm: Registration & Breakfast Speakers & Breakout Sessions Lunch & Breakout Sessions VIP Lunch with Dr. Oz

1:15pm - 3:45pm: 4:30pm - 6:30pm: Dr. Oz Keynote Presentation Dr. Oz Photo Op with Sponsors VIP Gala Reception



Dr. Mehmet Oz Dr. Oz was inducted as a chartered PSILC Lions member in 2012. "I'm able to roar with pride."

Dr. Oz is vice-chair and professor of surgery at Columbia University, directing the Cardiovascular Institute and Complementary Medicine Program at New York-Presbyterian Hospital. Dr. Oz has authored more than 400 original publications, book chapters, and medical books.

Dr. Oz is revered as a health and complementary medicine expert on both television and radio, and has been honored by Time magazine and Esquire magazine. The World Economic Forum regards Dr. Oz as "a Global Leader of Tomorrow". He was listed in "Doctors of the Year" by Hippocrates magazine and in "Healers of the Millennium" by Healthy Living magazine.

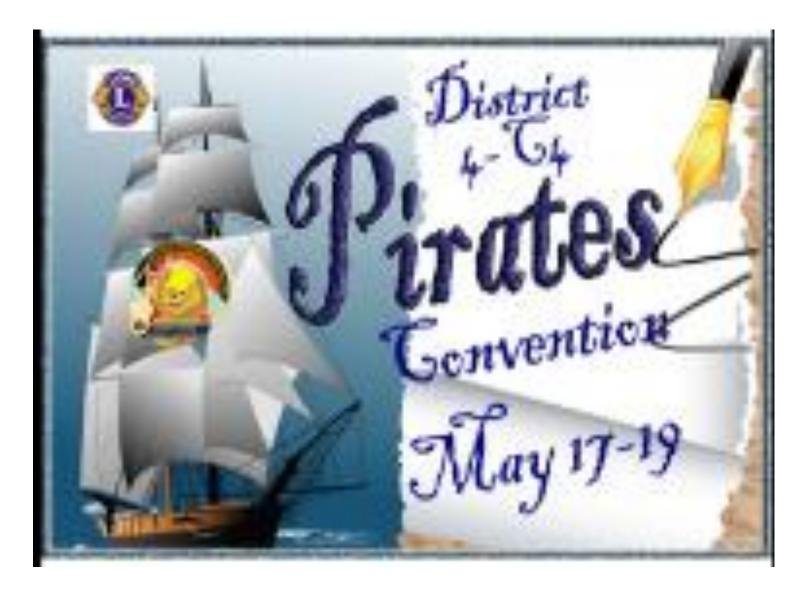


Deepak Chopra Physician Alternative Medicine Expert Author

Chopra is an Indian-born American physician, and regarded as a holistic health guru.

Chopra has written more than 70 books, including 21 New York Times bestsellers. His books have been translated into 35 languages and sold more than 20 million copies worldwide. Chopra has received many awards, including the Oceana Award, the Cinequest Life of a Maverick Award, Humanitarian Starlite Award, and the COI Peace Award

2013 DISTRICT 4C4 CONVENTION





DISTRICT 4-C4 CONVENTION May 15-19, 2013

Registration Form

RED LION HOTEL WOODLAKE CONFERENCE CENTER 500 Leisure Lane, Sacramento, CA 95815

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Saturday: Breakfast, Food Fair			(Inclusive for one person		\$
(Sunday Breakfast on your own)					
PACKAGE B - THURSDAY ARRIVAL (5/			\$675.00 Double Occupa	•	
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Meals: Friday: Lunch & Dinner (Breakfa Saturday: Breakfast, Food Fair			\$525.00 Single Occupar (Inclusive for one personal)		s
(Sunday Breakfast on your own)					
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Saturday: Breakfast, Food Fair	•		(Inclusive for one person	•	\$
(Sunday Breakfast on your own)					
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HECK IN TIME IS 4:00 PM. We cannot nd under "SPECIAL INSTRUCTIONS". T narges include all taxes and service charg	Γο be eligible to vote, all	club bills for Internation	nal and MD4 must be paid	in full prior to the conv	ention starting date. Room and n
PECIAL INSTRUCTIONS (If you ha					

MAKE CHECK PAYABLE TO: DISTRICT 4-C4 CONVENTION

Phone number: (650) 697-6346

MAIL REGISTRATION FORM WITH PAYMENT TO: PDG Michael Simonini

Convention Housing Chair

1075 Vista Grande Millbrae, CA 94030

DEADLINE FOR RESERVATIONS - April 15, 2013



Sunday June 30, 2013 San Mateo County Event Center

2013 American Marque CADILLAC



PHOTOGRAPHY COURTESY KIMBALL STUDIOS



2013 European Marque **FERRARI**

San Mateo County Events Center

2495 Delaware Street · San Mateo, CA 94403



Sponsored by the Palo Alto Host Lions Club

Concours Office: 800 San Antonio Road, Suite 6, Palo Alto, CA 94303 650-813-1100 Message Phone - Info@paconcours.com - www.paconcours.com





When I have the opportunity to visit projects that are completed with the help of Lions Clubs International Foundation, I am always impressed with the range of humanitarian needs that are met. Lions believe in helping their communities and the world in so many different ways.



I was able to visit several projects in India this month, including the Lions Calcutta Greater Vidya Mandir School. The school provides an education to children who may not have such

opportunities otherwise. Last year, LCIF awarded Lions a grant to help expand this school, allowing it to raise the enrollment capacity from 980 students to 1,400.

Through this project, Lions are not only serving and supporting the young people in their communities, they are also meeting a humanitarian need by providing educational opportunities. I know how important these opportunities can be for a child's development. As my father told me when I was young, you cannot keep your wealth and health forever, but only knowledge for the rest of your life.

Lions in India not only showed me this school, but also brought me to the B. B. D. Bagh blood bank at the Marwari Relief Society hospital in Kolkata. There, Lions ensure that blood donations are properly managed. Also, the capacity of the blood bank was increased through new equipment from an LCIF grant.

This notable and needed project caused me to reflect on the greater accomplishments of LCIF: Lions come together to accomplish something great and make a difference for many people worldwide. As the needs for humanitarian service evolve with time, so too must Lions and LCIF. And, I believe that we are. Thank you for your support and efforts to help people in need!

Sincerely, Wing-Kun Tam

Chairperson, Lions Clubs International Foundation