



The Spirit

"Catch the Spirit of Lionism"



Newsletter Editor Lion John Muniz

Assistant Editor Lion Paul Larson

Volume 1 Issue 7, January 2007

DISTRICT GOVERNOR'S MESSAGE

Hello Everyone,

First of all, my best wishes to you for a healthy, happy and prosperous 2007. As this year unfolds, it promises to be a very busy one with numerous club crab feeds and other fund-raisers. The upcoming annual Student Speakers Contests and the MD4 Convention is right around the corner. This year's convention is going to be held from February 2nd thru February 4th in Fresno, California. If you would like additional information please call Cabinet Secretary Elaine Boland or me. In addition to the usual activities, which occur at this time of the year, there are some special occasions that you may want to participate in. On January 28th, the Half Moon Bay Lions Club will be celebrating their 60th anniversary. This event will include a presentation from visiting International Director Robert Eichom, from Louisiana. On February 11th, the new Belmont Lions Club will be chartered, at Dominic's Restaurant at Poplar Creek, San Mateo. The inducting and installing officer that evening will be Past International President Kay K. Fukushima. This new Belmont club is a very lively and energetic group and they will be a tremendous addition to our District. Our 3rd District Wide Forum and Cabinet Meeting will be held on Saturday, February 24th at the San Mateo Senior Center, 2645 Alameda de las Pulgas, San Mateo. Refreshments will be served at 8:30 AM; the meeting begins at 9AM and ending about 1:45 PM. We will have two Breakout sessions, one session on our District Convention, which will be held at the Radisson Hotel in Sacramento, from May 10 thru May 13. This year's convention them is "A turn of the century — 100 years ago" (1907). The other session will focus on new member recruitment. Our Keynote speaker will be Lion Many Strauss who will speak on the International Youth Exchange Program. The flyers are out and Region Chair Vhangeee Laurel-Mesa promises a lively and stirring meeting.



District Governor Lion Al Russell
District 4-C4

And

Lovely Lady Loretta Russell

**GOVERNOR'S MESSAGE CONTINUED
ON PAGE 5**



Vice District Governor
Lion Maxine Frazier

VICE DISTRICT GOVERNOR'S MESSAGE

Dear Fellow Lions & Leos

IT'S THE START OF SOMETHING BIG!

The New Year is Here! HAPPY 2007

A NEW OUTLOOK

Research has shown that a positive attitude can help combat depression and illness. A recent study showed that people with a positive attitude are less likely to develop heart disease, perhaps because of fewer stress hormones. An older, 15-year study showed that an optimistic outlook on life can even increase longevity. To start thinking positively, stop beating yourself up with words, see mistakes as learning tools and take the time to be grateful for what you have. Sometimes even just acting happy can make you feel better, so try smiling more often, even if you don't feel like it. In addition to being positive for your health, you may find that others respond to you more favorably as well!

VDG message continued on page 3



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District 4-C4 Officers

2006-2007

Position	Incumbent	Home Phone	E-mail Address
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Vice Dist Governor	Maxine Frazier	650-991-0754	Lionmaxcat@yahoo.com
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Cabinet Treasurer	Sam Nervino	650-592-3804	snervino@aol.com
Exec. Director	Frank Cauterucci	650-593-6689	fcauterucci@aol.com
Exec. Coordinator	Doris Grason	650-368-1109	dgrason@msn.com
IPDG	Eugene Chan	650-345-7773	eugenechan4c4@yahoo.com
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Region 1 Zone 1 Chair	Frances Tolosa	415-752-0572	lion_fran13@yahoo.com
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Region 1 Zone 3 Chair	Robert Ramos	510-522-6988	ramos@alamedanet.net
Region 2 Chair	Mike Simonini	650 697-6346	jsimvista@aol.com
Region 2 Zone 1 Chair	Rudy Pedagat	415-652-7271	rrpedagat@comcast.net
Region 2 Zone 2 Chair	Rick Ochsenshirt	650-794-1224	Ochs323@aol.com
Region 2 Zone 3 Chair	Bob Wilson	415-467-3427	skipperbob@ship134.com
Region 3 Chair	Vhangee Mesa	650-572-8685	laurelmesa@sbc.net
Region 3 Zone 1 Chair	Robert Myers, Jr.	650-728-7163	bobmyers_jr@yahoo.com
Region 3 Zone 2 Chair	Ken Harker	650-968-2207	ken.j.harker@worldnet.att.net
Region 3 Zone 3 Chair	Eldon Fernandes	650-325-4744	efernan314@aol.com
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STUDENT SPEAKER CHAIR	Toni Nava	650-343-8926	dntoycollector@aol.com
MERLO LEADERSHIP CHAIR	Ken Ibarra	650-827-1005	lionkenibarra@yahoo.com

In Memory

Sometimes life is a happy place and sometimes a sad place, for me it is a sad place right now. I did not know Lion Linda on a personal level, I just knew of her accomplishments and contributions to Lionism and the District. I knew of her tireless work as last year's District Newsletter Editor, and the many projects she supported for the District. I know Lion Linda help me out a lot getting started as this year's District Newsletter Editor and without her help I could have never gotten started.

I know Lion Linda genuinely cared about the District and put her whole heart into what even project she was working on. I know the District and Lionism has lost a great friend and talented individual who will be hard to replace. I'm also sad I did not make an effort to get to know Lion Linda better, and now it is too late. Whenever I eat chocolates, it will bring to mind Lion Linda's famous words she used at the end of her mailings: "Be mindful that happiness isn't based on possessions, power, or prestige, but on relationships with people we love and respect. Remember that while money talks, CHOCOLATE SINGS". These words will bring smile to my face and life will be a happy place again in memory of Lion Linda Lopez Wood.

With deepest sympathy,
Lion John Muniz
District 4-C4 Newsletter Editor



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VDG messaged continued from front page



Congratulations to our new Belmont Lions Club, Charter Night February 11, 2007. Formation of the Bayview/Hunters Point Lions Club ongoing, our Charter Night target date is April 29, 2007. PLAN NOW TO JOIN US - March 11, 2007. Happy 90th Lions International District Gala Banquet.

INVITE-A-GUEST Take a moment to think about the people who live or work in your community, who may be interested in JOINING YOUR CLUB.

Yours in Lionism,
VDG Maxine Frazier

MLC Annual

SILENT AUCTION

February 21st meeting
A MUST attend spouse night

Fun \$\$

Bidding \$\$

Bargains \$\$

We need items to auction off. Check your
**CLOSETS, GARAGE, ATTICS, SPARE
BEDROOMS, STORAGE UNITS, etc.**
for useful items.

Call Lion Matt Fitzgibbons 697-2685
Or drop off at Millbrae Jewelers



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**Lions Clubs International
District 4-C4**

90th Anniversary

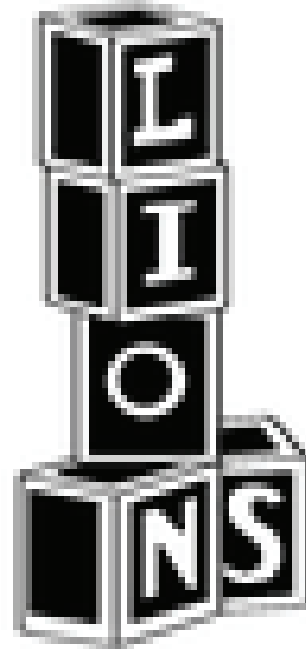
Celebration

March 11, 2007

at the

San Mateo Elks Lodge

This event will help support:



News From Your Newsletter Editor

Your District Newsletter is now available online at our District 4-C4 website. To reach our district website, on your browser address bar type:
www.lions4c4.org

The District webpage will appear. On the left hand side of the District Webpage, click on "Newsletter" and this year's three issues will be listed plus past years issues. Our District Website contains much useful Information so visit it often.

Lion John Muniz



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Governor's message continued from page 1.

Please circle the date of March 11th on your calendar. That is the date of our 90th Anniversary Party when we will celebrate and commemorate 90 years of community service envisioned by our founder Melvin Jones in 1917. This gala affair will be a Black Tie event with presentations from some of our local government leaders. It is also a fund-raiser, with all proceeds going to the Lions Eye Foundation & Campaign Sight First II. We are soliciting sponsorships and donations from many local businesses and establishments. It is going to be held at the San Mateo Elks Lodge. The price of admission is \$50.00 per person, which includes a four-course dinner. The hard-working committee of 15 — 20 people is chaired by Lions Rich & Esther Lee with PDG Mel Phillips as fund raising coordinator and advisor. This event is a great opportunity to spotlight our contributions to our communities and in the process, increase our visibility to those we serve and enhance our presence as a service organization.

Let's all congratulate the San Bruno Lions Club, which has formed a new Leo Club, which will be chartered on February 20th at the Basque Cultural Center in South San Francisco.

In closing, I would like to pay tribute to two outstanding Lions whom we have lost in the last month or so, Lion Dick Noftsgar of the South San Francisco Host Lions Club who passed away in late December. Lion Dick was a Lion for over 40 years.... beginning his lions career with the original South of Market Lions Club. Later he transferred to the South San Francisco Host club. He was a Past President of both clubs and served for many years in many capacities relating to his true passion, which was the annual Student Speaker Contest. He was the Student Speaker Trustee for our District at the time of his passing. Lion Linda Lopez-Wood of the San Mateo Lions Club. Lion Linda became a Lion in the early 1990s and quickly became involved in district activities. Included amongst the many positions, which she held was District newsletter editor, Executive Coordinator, District Directory Coordinator, Contest Commissioner and most recently the Campaign Sight First TI coordinator for PDO Ray Rosenthal. It should also be noted that Lion Linda was the author of the existing club contest rules. She was the District Historian at the time of her passing on January 2nd. The efforts and presence of both Lions will be sorely missed in our District and may we dedicate our continuing and future service to the community in their memory.

Governor Al

"One Child Goes Blind Every Minute"

It's a stark fact. By the time you finish reading this page, one child somewhere in the world will have gone blind. One goes blind every minute. Half-a-million will have lost their sight by the end of the year.

Childhood blindness is only one part of the global vision crisis. If nothing is done, experts say the world's blind population could double from 37 million to 74 million by 2020.

But Lions will not allow "nothing to be done." True to their commitment to be "knights of the blind," Lions have launched Campaign SightFirst II to prevent this tragedy. CSFII has set out to raise at least US \$150 million to continue and expand the extraordinary work of SightFirst, Lions worldwide program to program to combat preventable blindness.





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42nd Annual Police & Firefighters Awards Banquet

The Peninsula Council of Lions Clubs
cordially invites you to join them in honoring the

Peace Officers & Firefighters
who serve and protect the communities in
San Mateo County and the City of Palo Alto
at a

Dinner & Awards Banquet

Friday, March 30, 2007

6:15 pm Reception ~ 7:30 pm Dinner

at the

Crowne Plaza Foster City Hotel
1221 Chess Drive, Foster City

Master of Ceremonies
Vic Lee , Bay Area Television Newscaster

Keynote Speaker
Joanne Hayes-White , San Francisco Fire Chief

Semi-Formal

\$40.00 Per Person



RESERVATION REPLY FORM

Name(s) of Each Attendee(s): _____

[Important] Please list additional names on back for seating assignments

Address: _____

Phone _____ Agency, Lions Club or City Affiliation _____

OR Family/ Friends of Nominee Named _____

➤ Enclosed is my check for \$ _____ which
represents payment for _____ people @ \$ 40.00 per person.

Please make checks payable to 'Peninsula Council of Lions Clubs'

Due to seating limitations ALL Reservations must be accompanied by full payment. Tickets will be held at the reception check-in table.

★ **DEADLINE FOR
RESERVATIONS IS
MARCH 20, 2007**

Mail reservations to:

Lion Al Thomas
P.O. Box 1704
Los Altos, CA 94023

Phone (650) 493-4476
Fax (650) 493-4346



The Spirit



AL RUSSELL
District Governor 2006-2007

4-C4

CAMPAIGN KICKOFF

Lion Emil Kantola, Candidate for District 4-C4 Vice District Governor

WHEN: Sunday, February 25, 2007
2:00 pm until 6:00 pm
WHERE: Pacifica's Mystery Castle
ADMISSION: \$30.00 PER PERSON



Beer, wine and hors d'oeuvres will be served
and a silent auction will be held in the afternoon.

Due to the size of the castle, attendance is limited to 90 attendees. Reservations and checks payable to the Pacifica Lions Club, prior to February 17, 2007, should be mailed to:

Chairman Lion Shirlee Gibbs,
404 Brighton Road,
Pacifica CA 94044.

PACIFICA'S "MYSTERY" CASTLE

Pacifica's Castle is the direct result of the devastating San Francisco earthquake of 1906. Shortly after the quake the great grandfather of Pete McCloskey, former Congressman, built a one-of-a-kind fortress of safety for his family hoping it would



survive the next earthquake. History notes in the early 1920's, during Prohibition, it was a haven for bootleggers and rumrunners and frequently raided by the local sheriffs. In the late 1920's it was an illegal hospital where abortions were performed. Then it was renamed the Chateau Lafayette, a lively roadhouse that was repeatedly shut down for selling illegal booze. It sat neglected and shabby and no one seemed to care until Sam Mazza, a S.F. painting contractor, became fascinated with the

Castle's history and purchased it in 1957 for \$29,000. One of Sam's commissions was the old Fox theater on Market Street in S.F. and he filled the Castle with movie palace memorabilia and antiques.

Bring your camera and tour the Castle! Parking is limited and a shuttle service will operate from Eureka Square from 2:00 pm until 3:30 pm with a return from 5:00 pm until 6:00 pm.



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SAN FRANCISCO COUNCIL

In Celebration of Black History

Presented by Ocean Ingleside Lions Club

Wednesday, February 28, 2007

Time: 7pm - 9pm

Soul Food Cuisine

Cost: \$26.00

Menu Selection:

Fried Chicken

Black Eyed Peas

Rice

Mixed Greens

Corn Bread

Dessert

Fruit Punch

Location

139A Broad Street

San Francisco, CA



Wells-Barnett



Carver

Cocktails 6:30pm - 7:00pm



The Spirit



Linda Lopez-Wood A Life of Love & Service

It is with deep sorrow that the San Mateo Lions announce that our dear friend passed away peacefully on January 2, 2007. While some services were private, there will be a Memorial Service scheduled in early March. Details will be posted as they become available.

She epitomized our motto of, "WE SERVE". Linda touched most District-wide events in the last 5 years and while many of us argue over the contest rules, Lion Linda WROTE them. She will be missed by a whole District of Lions, many friends and of course her family.

Donations to Campaign SightFirst II preferred in lieu of flowers

Make checks payable to: "San Mateo Lions/CSF II"*

Mail to: San Mateo Lions Club, 7 W. 41st Ave, #201, San Mateo, CA 94403

*All donations are tax deductible





The Spirit



Canine Companions Graduation

**You are cordially invited to the next graduation of
Canine Companions for Independence.**

**Date: Saturday, February 24, 2007. Commencement starts
at 1:00 P.M.**

**Location: The Luther Burbank Center For The Arts,
50 Mark West Spring Rd., Santa Rosa, Ca. 95403**

What do we do?

Canine Companions for Independence is a national nonprofit that enhances the lives of people with disabilities by providing highly-trained assistance dogs and ongoing support to ensure quality partnerships.

Let us warm your heart at the February Graduation ceremony. Join us in congratulating the new graduates who will complete two weeks of Team Training and go home with their new assistance dogs. Meet puppy raisers, volunteers and CCI graduates.



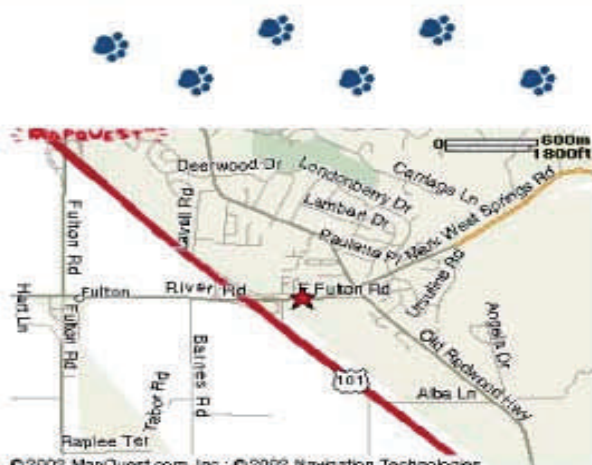
PDG Lion George Habeeb Trustee

**Anyone interested in attending the Canine Companions Graduation, please contact
PDG Lion George Habeeb (Chairperson) at
650-588-4326.**

**Directions Luther Burbank
Center for the Arts
50 Mark West Spring Road
Santa Rosa, CA 95403**

If you are coming from the North Bay (San Francisco, Marin)

Start on US 101 North to Santa Rosa, take the River Road exit and turn right on to Mark West Springs Road. Turn right into LBC main entrance.





The Spirit



Belmont Lions *Par Excellence*



Come join the membership of the *NEW Belmont Lions Club* as we celebrate our
Charter Night!

Festivities begin:
4:30pm on *Sunday,*
February 11, 2007

Location:
Dominic's at Poplar Creek
Golf Club in San Mateo

Dinner will be served. Reservations must be received no later than
January 10, 2006

For further information contact: Stuart Lattimerlo at 650.267.1569

Belmont Lions Club's Charter Night - Sunday, February 11, 2007 4:30pm - Dominic's at Poplar Creek

☐ Yes! I (we) will attend the Belmont
Lions Club Charter Night

Qty

Price

Name

Address

Tickets are \$45 per person

Total:

Phone

*Mail RSVPs with checks payable to Lions Club District 4-C4 to: Mike Gaffney, 496 Dale View
Ave, Belmont, CA. 94002*

LIONS INTERNATIONAL CODE OF ETHICS

TO SHOW my faith in the worthiness of my vocation by industrious application to the end that I may merit a reputation for quality of service.

TO SEEK success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self respect lost because of unfair advantage taken or because of questionable acts on my part.

TO REMEMBER that in building up my business it is not necessary to tear down another's; to be loyal to my clients or customers and true to myself.

WHENEVER a doubt arises as to the right or ethics of my position or action towards my fellow man, to resolve such doubt against myself.

TO HOLD friendship as an end and not as a means. To hold that true friendship exists not on account of the service performed by one another, but that true friendship demands nothing but accepts service in the spirit in which it is given.

ALWAYS bear in mind my obligations as a citizen to my nation, my state and my community, and to give to them my unswerving loyalty in word, act and deed. To give them freely of my time, labor and means.

TO AID my fellow men by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy.

TO BE CAREFUL with my criticism and liberal with my praise, to build up and not to destroy.

LIONS CLUBS INTERNATIONAL OBJECTS

TO CREATE and foster a spirit of understanding among the people of the world.

TO PROMOTE the principles of good government and good citizenship.

TO TAKE an active interest in the civic, cultural, social and moral welfare of the community.

TO UNITE the choice in the bonds of friendship, good fellowship and mutual understanding.

TO PROVIDE a forum for the open discussion of all matters of public interest; provided, however, that partisan politics and sectarian religion shall not be debated by club members.

TO ENCOURAGE service-minded people to serve their community without personal financial reward, and to encourage efficiency and promote high ethical standards in commerce, industry, professions, public works and private endeavors.

LIONS CLUB MOTTO: WE SERVE

There are currently 1.4 million volunteers in over 193 countries and geographical areas of the world that are Lions. To find out more about Lions Club in your area go to

The Association of Lions
Clubs International
District 4-C4

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We Serve

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"Catch the Spirit of Lionism"

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