



Lion District Governor
Emil Kantola

What makes a Lions Club a good Club or a bad Club? We do, you and me, the members. If it is a good Club, it is because the members care and put in the time and energy to make it so. It does not make any difference if the club is nine members or a hundred. If the Club serves the community and has fun doing so, it is a good club. Yes – more members make it easier to do more projects and help more of those in need. It is not always the number of members that counts. It is what the members' do that makes a difference.

I believe that all of the clubs in our District are good clubs, but can we do better? Are we allowing all of the members to do as much as they can? I was talking to a Lion (he has been a Lion for two years) last week and he said that there is one member in his club that he has never met. I called the member and asked him to come to the next meeting. No one in the club has called that member for over a year. Yes - he receives a club newsletter and dues notices and he does support the club but has not been able to work projects or come to the meeting due to conflicts at work. He thought that the club did not care or did not need him anymore and was considering dropping his membership. At the club meeting, he found out that the members did care.

Does your club have a phone tree? Some clubs have the vice-presidents call one third of the roster prior to each meeting. Other clubs have a phone committee for each meeting as well as for every club project. Even if there is no phone tree, we are all responsible for each member in our club. If you have not seen a member at a meeting or a project for the last month, call them. If you want your life to be a magnificent story, then begin by realizing that you are the author and everyday you have the opportunity to write a new page. Make it a good page.

We Serve

DG Emil Kantola



Lion Vice District
Governor Ken Ibarra

The District "Stimulus Package"

I don't know about you, but I always look forward to **our** District Convention, especially this year. It's been a trying and most challenging time for many of us, and I can sure use a few days out of town, preferably with some good weather, hopefully not too hot – but I won't complain. Yes, the culmination of the year's meetings, projects and dinner meetings peaks at the **Radisson Hotel in Sacramento on May 15-17**. District Governor Emil and his Cabinet are putting the final touches into another successful Lions' year in 4-C4. It hardly seems a year ago that IPDG Maxine Frazier was passing the reigns, but for a few, the time has passed too quickly – how do you think DG Emil is feeling about now? Yes, and yours' truly is sweating bullets, trying desperately to be prepared for next year.

But enough about that. The "District Stimulus" has to be our **District Convention**. It is a weekend packed with fun and craziness. The fun begins and ends with our clubs, with a number of hospitality rooms or "club pubs" as they are better known, mixed in with activities and skits that make most of us laugh and some of blush. It all begins when a few of us get a head start on Thursday, get unpacked and play some golf. We also have the task of getting the District Governor both relaxed and nervous; relaxed with his favorite scotch and nervous because we may be a tad too wild for the visiting dignitaries.

Continued page

LIONS DISTRICT 4-C4

March 2009

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Meet your District 4C4 2008-2009 Officers:

District Governor

Emil Kantola, Pacifica Lions Club
lionkantola@gmail.com (650) 355-3526

Immediate Past District Governor

Maxine Frazier, Ocean Ingleside Lions Club
lionmaxcat@yahoo.com (650) 991-0754

Vice District Governor

Kenneth Ibarra, San Bruno Lions Club
lionkenibarra@yahoo.com (650) 827-1005

Cabinet Secretary

Esther Lee, North Beach Lions Club
lesvilla22@yahoo.com (650) 742-9333

Cabinet Treasurer

Richard Picchi, Half Moon Bay Lions Club
rpicchi@comcast.net (650) 728-7639

Executive Director

Harold Muller, Pacifica Lions Club
haroldmiller124@sbcglobal.net (650)

Newsletter Editor - Deadline the 20th each month

Randy Sahae, Millbrae Lions Club
4C4Newsletter@gmail.com 650-697-4243

SAN FRANCISCO HOST LIONS CLUB

cordially invites you to a dinner dance party



We Serve

Contact: Lion Manny Paje (650) 438-4516
Lion Pat Ancheta (415) 602-4426

Saturday, March 28, 2009
From 6:00 p.m. to 12 Midnight
Buri-Buri Social Hall
33 Arroyo Drive, So. San Francisco, CA



Music By: Pat's Music Delight
D.J. Anthony

DONATION: \$35.00

fund raising for medical mission to the Philippines

No. 047

REGION 1

CHAIR: Rogelio (Roger) Gulen, San Francisco Host Lions Club romasy1@aol.com (510) 429-0603

Zone 1 Chair - SF Bay, SF Bay Are New Century, SF Chinatown, SF Marina North Beach, SF West O' Twin Peaks

Margaret Lee, SSF Golden Gate Lions Club margaretklee@gmail.com (415) 661-9076

Zone 2 Chair - Bayview Hunters Point, Ocean Ingleside, The Castro, SF Merced Heights, SF Nikkei

Fenton Baptise, Bayview Hunters Point Lions fentonbaptiste@yahoo.com (510) 251-1357

Zone 3 Chair - SF Park Gate, SF Park Presidio, SF Geneva Mission, SF Korean American, SF Sunset

Bill Stipinovich, San Francisco Nikkei Lions Club willstipjr@aol.com (415) 755-5365

REGION 2

CHAIR: Toni Nava, Burlingame Lions Club dntoycollector@aol.com (650) 343-8926

Zone 1 Chair - SF Fil-Am, SF Highlands, SF Hispanic, SF Host, So SF Golden Gate

Rudy Pedagat, San Francisco Golden Gate Lions rrpedagat@comcast.net (650) 652-7271

Zone 2 Chair - Brisbane, San Bruno, SF Circle, SF Premier, So SF Host

Mario Benavente, San Bruno Lions Club mxbdds@aol.com (650) 557-0282

Zone 3 Chair - Half Moon Bay, Daly City Gateway, Daly City Host, Pacifica

Gregory Redican, Half Moon Bay Lions Club gredican@caasm.org, (650) 728-7710

REGION 3

CHAIR: Erik Winkler, Burlingame Lions Club notdafonz@yahoo.com (650) 834-2323

Zone 1 Chair - Burlingame, Foster City, Millbrae, San Mateo, San Mateo Metro

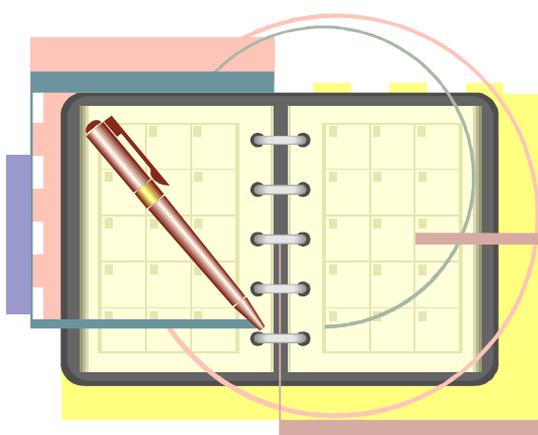
Doug Borland, San Mateo Lions Club ratcan@aol.com (650) 574-4405

Zone 2 Chair - Belmont, Redwood City Fair Oaks, Redwood City Sunrise, Redwood Shores, San Carlos

Marilyn Schappert, Redwood City Sunrise Lions mschappert@comcast.net (650) 365-3991

Zone 3 Chair - Atherton, East Palo Alto, Menlo Park Host, Menlo Park Live Oak, Palo Alto

Jim Bigelow, Menlo Park Host Lions Club jimbigelow@yahoo.com (650) 593-6372



CALENDAR

March 28 - Region 2 Student Speaker Contest - 1pm, Burlingame Lions Hall , 990 Burlingame Ave, Burlingame; Any questions please call Lion Toni Nava (650) 216-8883

March 28 - San Francisco Host Anniversary Celebration, 6pm, Buri-Buri Social Hall, 33 Arroyo Drive, SSF, \$35 supports medical mission to the Philippines, contact: Lion Manny Paje (650) 438-4516

March 29 - Eyeglass Collection at 31 Bepler St, Daly City, 9am-noon. More info Lion Mike 697-6346 jsimvista@sbcglobal.net. Truck leaving promptly at noon to go to Vallejo. Don't be late.

March 29 - SF Hispanic Fundraiser for three eye surgeries. Saint Finn Barr Church's Hall Room, 415 Edna St, San Francisco, 12:30pm-6pm. Free entry, authentic Latin American food, hard & soft drinks, beer, hot chocolate, music, dancers. Lion Rufino at 415-609-7263 lionrrc@yahoo.com

April 3 - Peninsula Council Police & Fireman's Award, Crowne Plaza Foster City

April 4 - Y & CA Raffle Dinner, 6:30pm, Oyster Pt Yacht Club, SSF. Details see page 6.

April 4 - San Mateo 3rd Annual Bowling Tournament Fundraiser, Bel Mateo Bowl, 4330 Olympic Ave, Belmont. 9:30am registration (\$15/pp includes shoes and breakfast.) Prizes, raffle, 50/50 raffle. Info / pledge form Lion Pat Hughes (650) 619-7501

April 7 - Deadline for submitting any club activity reports to be considered for district contests.

April 11 - Foster City Blood Drive, 8:00 AM - 1:00 PM, WM Walker Recreation Center - Dance Room 650 Shell Blvd., Foster City, more details page 8.

April 14 - Deadline for convention contests needs to be submitted by April 14th to Lion Dick Kishimoto.

April 15 - Deadline for delegates/alternates needs to be submitted to Lion Rudy Pedagog

April 21 - Deadline for Convention room reservations, submit to Lion Yvonne Kantola

April 21 - SSF Host Round Table Pizza Fundraiser, 20 Chestnut Ave, SSF. 11am-11pm. Mention the South San Francisco Host Lions Club and 25% will be donated, no coupon necessary. Delivery available to SSF, Brisbane, Pacifica, Daly City.

April 24 - Student Speaker Contest District Final - Mission Blue Center

Please Note These Important Dates!

May 3 - San Carlos Lions Car Show

May 14 -17 District 4C4 Convention - Radisson Hotel, 500 Leisure Lane, Sacramento, Ca.

May 18 - Peninsula Council Meeting hosted by Millbrae Lions

May 30 - President-Elect Training Seminar, Oyster Pt. Yacht Club, SSF (all-day)

June 13 - Club Officer Training & Orientation, Millbrae Rec. Center (9am-1pm)

August 9 - District Installation, SSF Conference Center (6pm)



San Francisco Host Mission

The San Francisco Host Lions biggest humanitarian project for the year is the Medical, Dental and Eye Care Mission to the Philippines. It began with the joint effort of the members in securing eyeglasses from the Lions-In-Sight, then cleaning, sorting, packing and shipping these eyeglasses. Lion members asked donations for blood glucose monitoring kits, medicine and other medical and dental supplies. With the leadership of Lion President Henry Lasat, they were able to coordinate with local doctors, nurses, optometrist, the Philippine Air Force, sister



club the Malarayat Lions Club and dental practitioners from San Francisco to volunteer for this mission. Lion members Dr. Ruth de Peralta, Roger and Maggie Gulen, Henry Lasat and the rest of the volunteers served about 2,000 less fortunate people of Lipa City, Batangas, Philippines. They also distributed free medicine, toothbrushes, toothpaste, reading glasses, sun glasses and blood glucose monitoring kits. It was truly a service to humanity and a mission of love.

Lion Maggie R. Gulen

Redwood Shores Lions Activities

From Lion PP Shellie Sakamoto

Teacher Appreciation Breakfasts -

The Redwood Shores Lions Club hosted Breakfasts at Sandpiper and Nesbit Elementary Schools. The Redwood Shores Lions Club welcomed the teachers with a delicious breakfast as well as a large box full of treats and goodies. The teacher's appreciation breakfast has become an annual event which the Lions enjoy doing.

The breakfast was greatly appreciated by the teachers during a busy and productive school year.



Lions Sight First Project -

The Redwood Shores Lions received a Certificate of Appreciation for their sponsorship of a needy individual for eye cataract surgery in the Philippines. The Redwood Shores Lions Club worked closely with the Olongapo (Host) Lions Club in Olongapo City, Philippines to provide this much needed and appreciated work in eye sight restoration.

Maple Street Shelter Dinner -

On March 21st, the Redwood Shores Lions Club, along with the Belmont Lions and San Mateo Lions Clubs, will host a Maple Street Shelter dinner for its residents. "This joint project is great for bringing our clubs together for a worthy cause," commented Mary Carbullido enthusiastically. "The Maple Street Shelter residents are working hard to get themselves back on their feet and truly appreciate the hot meal we provide."



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Daly City Host Lions Flag Day Program for 2009

The Daly City Host Lions Club presented their 2009 Flag Day Program to 18 schools in their community. Next year, in 2010, the final school, (Skyline Elementary) in the area will be added to the program. This year, more than 2,000 flags and brochures were distributed to the children in the 3rd and 5th grades in 18 schools.

The DCHL Club's Flag Day Program has been an unqualified success for over 14 years, serving the children in our community. Daly City and its surrounding area enjoy a diverse ethnic community. Many of the students are either 1st generation American or their parents are. That being said, it is important to give these children an introduction of our history and tradition.

The premise is simple. The classes gather in the multi-purpose room in their school for a 45 minute presentation by one of the Lions present. The children are told of the history of the American Flag and an explanation of the "Stars, Stripes, and Colors," of the Flag, as well as the many changes to the Flag over the years. There are pictures shown of places where the Flag flies, including our Capital, Fort McHenry, and the Moon. The VFW joins in the presentation with a ceremonial folding of the Flag. The VFW talks about the symbolism of the folds and the funeral presentation ceremony to the family of veterans. The presenting Lion then gives a further talk on the meaning and importance of respecting our Flag. This is followed by a question and answer period.

The program is always well received and appreciated. When the Introducing Lion first begins to speak, the children are a little restless and noisy. Within a very few minutes, they are captured by the information they hear and are quiet and waiting for more details. Usually, 3 or 4 Lions are necessary to put on this program. An Introduction Lion, A presenter Lion, and 1 or 2 Lions to distribute the flags to the teachers are the only needed help. As an aside, we found that it was best that the teachers be given the flags. They distribute the flags at the end of the school day to the children to take home.

The DCHL Club is willing to advise and help any other club wishing to learn more about this wonderfully successful program.

Lion Marian Mann,
Daly City Lions Club

Fire Damages Granada Cafe



HERO

International Hero Award
Nominations are now
available at the LCI
website.

Do you know a deserving
Lion? Nominate them!

Geneva Mission Lions meeting place damaged by fire.

Primary damage was to kitchen and rear of restaurant,
which will reportedly be closed for at least several weeks.

For more information, visit this link:

<http://sfappeal.com/news/2009/03/fire-damages-granada-cafe.php>



Vice District Governor Message Continued from Page 1

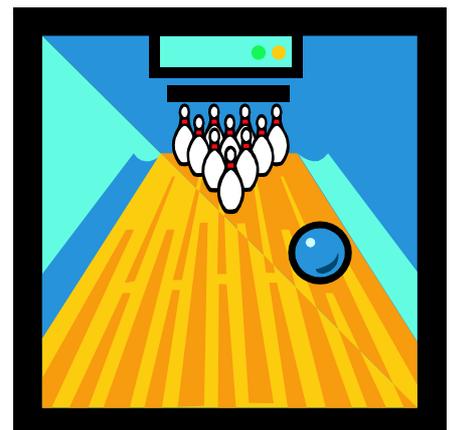
The convention opens on Friday with a convenient late morning **Cabinet Meeting**, while the **Partner-In-Service Social** simultaneously entertains our better halves. The Friday lunch will honor our **Club Presidents** and includes the **Barbershop Quartet Contest** and the **District Candidates**. This year will feature the inaugural of the 2nd Vice Governor election. After lunch, the Cabinet officers will be able to get out of their uniforms and into something more "comfortable." My club, the San Bruno Lions, will be preparing to open our decorated hospitality room and getting the **margarita machine** cranked up, before we participate in the **Costume Parade**. After downing a "few" at the hosted **Candidate's Cocktail Party** we go to dinner which leads into the **Amateur Show**, with all its' surprises. The long day ends with the traditional late night "**Tube Steaks**", hosted and served by the San Bruno Lions. Once recharged, we turn up the music in "**Disco San Bruno**" and dance the night away – or until security arrives and shuts us down.

Next Month:
Saturday at Convention



SAN MATEO LIONS 3rd ANNUAL FUNDRAISING BOWLING TOURNAMENT

SATURDAY, APRIL 4, 2009
Bel Mateo Bowl,
4330 Olympic Ave., Belmont, CA 94403
PRIZES, RAFFLE, FUN and FUNDRAISING
ANY QUESTIONS PLEASE CONTACT
PAT HUGHES (650-619-7501)
OR RAY MAHAFFAY (650-222-2619)



LIONS DISTRICT 4-C4

March 2009



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4-C4 Convention May 15, 16, 17 Radisson Hotel, Sacramento

Registration packets have been sent to each club and include prices for 1-3 nights stays, including meals. The Convention Committee is tirelessly working to arrange a fun and enjoyable Lions event for all members and their guests. Please review the following schedule of events and make your plans accordingly.

Convention Schedule (Subject to change)

Thursday, May 14

- 10:30am Golf Tournament – Capitol City Course (Contact Lion Mario Benavente)
- 3:00 - 5:00pm Registration & Certification
- 6:00pm Convention Chair's Cocktail Party
- Dinner on your own

Friday, May 15

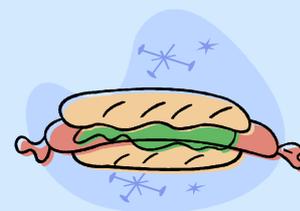
- 10:00 - 11:30am Registration & Certification
- 10:30am Partner In Service Social Hour
- 10:30am 2009 Convention Opening – Cabinet Meeting
- 12:00pm Luncheon – Honoring Club Presidents
- 12:30pm Barbershop Quartet Contest
- 1:00pm Candidates' Speeches & Demonstrations
- 2:15pm Time on your own
- 3:30pm Registration & Certification
- 4:15pm Costume Parade Contest
- 5:45pm Candidates' Cocktail Party
- 7:00pm Dinner
- 8:15pm Keynote Speech by Visiting International Director
- 9:30pm Amateur Show
- 11:00pm "Tube Steaks" – San Bruno Lions

Saturday, May 16

- 7:00am Gin Fizz "Eye Opener" – Burlingame Lions
- 7:00- 8:00am Registration & Certification
- 8:00am Breakfast
- 8:45am Memorial Service
- 9:00am Tail Twister Contest
- 9:00am-11:00am Voting
- 9:30am Convention Reconvenes
- 1:00pm Paddle Boat Races
- 1:00pm International Food Square
- 2:00pm Convention Activities Awards
- 2:30pm Meeting with International Director
- 3:30pm Initiation of Incoming Presidents
- 5:30pm Governor's Cocktail Party
- 7:30pm Gala Banquet – Honoring DG Emil & Cabinet

Sunday, May 17

- 8:00- 9:30am Continental Breakfast – Hosted by San Francisco & Peninsula Councils
- Have A Safe Trip Home



Convention Theme - The Spirit of Giving



LOCAL HEROES



Foster City Lions Blood Drive

Saturday April 11,
8:00 AM - 1:00 PM,
WM Walker Recreation Center - Dance Room
650 Shell Blvd., Foster City
No appointments necessary...All Blood types needed!
All April Blood Donors will receive a 20% off coupon for Sports Basement!
Please bring photo ID and donor card. Free cholesterol testing every donation.

MLC Fingerprinting Program at GreenHills School!!



Green Hills Elementary 3/10/09

Every year Millbrae Lions get smudged and covered in ink, fingerprinting and photographing over 250 children in five schools in Millbrae. All parents who sign a release are provided with this permanent record for their files. (The police do not keep the prints or pictures.) The program is free, and open to all new students at the four public and one private elementary schools in the city. This project is run jointly with the Millbrae Police, and ably captained by Lion Bob Jorge, the Lion Fingerprint King. Lion PDG George Habeeb is responsible for removing the ink from little fingers, and enjoys kibitzing with kids. Every now and then I overhear part of the conversation: (PDG George) "What's your name, sweetheart?" (Little Girl) "Alexie". (PDG George) "Alexie, what a pretty name. Are you married?"



If you love Pizza (and who doesn't?) make sure you order from South San Francisco Round Table Pizza, 20 Chestnut Avenue, 650 742-9755 on April 21st between 11am and 11pm. Proceeds benefit South San Francisco Host Lions, and yes, Round Table will deliver!

Millbrae Lion Mary Griffin Ramseur named to the San Mateo County Women's Hall of Fame

Lion Mary was honored for her many years in support of children, education, and as Mayor of Millbrae and service on the San Mateo County Board of Supervisors. 2009 is the 25th year of the awards. Over 200 women have been honored including Lion Marian Mann!





Lions In Passing - Sunshine Report

Our condolence to the family of Redwood Shores Lion Rosita Yallico. Lion Rosita recently passed away and we will always remember her kind spirit and generosity in helping the community.

The Ocean Ingleside Club lost their charter member, Marion Williams on March 5th. Our condolences and prayers to his family.

If you or your club would like a sunshine card sent to an ill Lion, please let me know and I will send one out to them. Please contact me at LionYvonne@gmail.com

From LCI International: March is Eye Donor Awareness Month



Lions eye banks perform valuable sight-saving functions.

A staff of professionals at the eye bank recover, evaluate and distribute human eye tissue for vision restoration, research and education. Eye surgeons rely on eye banks to supply them with eye tissue for sight-saving procedures for persons who have eye disease or injury.

Lions have been providing support for eye banks for nearly 65 years. Currently, there are 53 official Lions Eye Banks throughout the world.

Organ Donor Education - California State Senate Bill SB 552:

4-C4 Newsletter received a letter from Lion Sandy Jeghers, Vice President of the Northwest Lions Foundation for Sight and Hearing, as follows (shortened)..

"We are requesting your help to obtain passage of an important piece of legislation being considered by the California State Senate (SB 552). This legislation would require our high school students to be educated regarding the importance of organ and tissue donation. There are no cost or tax implications and the materials are provided free by Donate Life California.

"Lions across the globe have had a clear goal to help with the gift of sight. As you may know, Lions Eye Banks across the country, as well as those in California, rely on our population to donate their corneal tissue upon their passing. Every individual will make a personal choice as whether or not they wish to be a tissue or organ donor. This law simply allows them the opportunity to be educated on the options."

I will send out the letter in a separate attachment. Return is requested by March 27, 2009.

4-C4 Newsletter Editor, Randy Sahae, Millbrae Lions Club



2007-2008 Rick Nuccitelli
District Award Winner
Lion Mike Simonini

LIONS CODE OF ETHICS

- To Show** my faith in the worthiness of my vocation by industrious application to the end that I may merit a reputation for quality of service.
- To Seek** success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self-respect lost because of unfair advantage taken or because of questionable acts on my part.
- To Remember** that in building up my business it is not necessary to tear down another's; to be loyal to my clients or customers and true to myself.
- Whenever** a doubt arises as to the right or ethics of my position or action towards others, to resolve such doubt against myself.
- To Hold** friendship as an end and not a means. To hold that true friendship exists not on account of the service performed by one another, but that true friendship demands nothing but accepts service in the spirit in which it is given.
- Always** to bear in mind my obligations as a citizen to my nation, my state, and my community, as to give them my unswerving loyalty in word, act, and deed. To give them freely of my time, labor and means.
- To Aid** others by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy.
- To Be Careful** with my criticism and liberal with my praise; to build up and not destroy.



LIONS OBJECTIVES

- To Create** and foster a spirit of understanding among the peoples of the world.
- To Promote** the principles of good government and good citizenship.
- To Take** an active interest in the civic, cultural, social and moral welfare of the community.
- To Unite** the clubs in the bonds of friendship, good fellowship and mutual understanding.
- To Provide** a forum for the open discussion of all matters of public interest; provided, however, that partisan politics and sectarian religion shall not be debated by club members.
- To Encourage** service-minded people to serve their community without personal financial reward, and to encourage efficiency and promote high ethical standards in commerce, industry, professions, public works and private endeavors.



Lions District 4-C4 Newsletter
Lion Randy Sahae
1189 Millbrae Ave
Millbrae, Ca. 94030-2948

