# Convention Issue 2007



Newsletter Editor Lion John Muniz

Assistant Editor Lion Paul Larson

Volume 1 Issue 11, May 2007

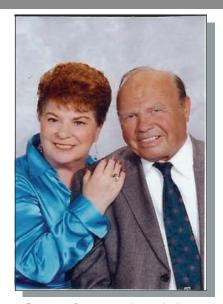
### DISTRICT GOVERNOR'S MESSAGE

Hello Everyone,

This year's convention is now history, if you missed it, you missed a great time! Up to 300 Lion's and guests enjoyed themselves with great weather and the ambience of the Radisson Hotel with its fountain courtyard, large lake and excellent food..... all who attended had a great time!! The festivities began on Thursday evening with a western BBQ and the always-entertaining music of LION DICK KISHIMOTO. Friday is a very busy day beginning with the PACIFICA LIONS CLUB ANNUAL Brandy Flip Party followed by a continental Breakfast. The first convention session was held Friday morning at which time many district committee reports were held. Three special Governor Awards were presented to: LIONS BARBARA FIELDS, (PACIFICA LIONS), PAUL DAVIS (BURLINGAME) and BILL STIPINOVICH (NIKKEI LIONS) for their continued, quiet and untiring works for their clubs and the district. The Partners-in-Service social is also held on Friday morning. The Friday luncheon honors all club Presidents and features the club Barbershop Quartet competition and ends with the seconding speeches and demonstrations for the Vice District Governor and District Governor candidates.

This year's theme was "A turn of the century.... 100 years ago" with clubs participating in the costume parade would be dressed in period costumes of that era. The Friday evening banquet is informal with many LIONS dressed in the convention theme costume. Friday evening is topped off with an amateur show of humorous skits presented by participating clubs, the famous SAN BRUNO LIONS TUBE STEAK PARTY, (grilled hot dogs) and fare of club hospitality rooms. Saturday began with a bang!!

Continued on page five



District Governor Lion Al Russell
District 4-C4
And
Lovely Lady Loretta Russell



Vice District Governor Lion Maxine Frazier

### VICE DISTRICT GOVERNOR'S MESSAGE

Fellow Lions,

Great convention, if you missed it you missed one of the best. Our Convention Committee is to be commended for all of their hard work.

First and foremost, many thanks to all of you for your support and confidence, you have entrusted in Lion Emil Kantola, and me for your 2007-2008 District Governor elect and Vice District Governor elect.

Reminder: We still have until June 30<sup>th</sup> with District Governor Al Russell, so I hope you all join me and continue in helping to grow our organization and serving our communities at even greater levels than before. The key to membership growth is to share our enthusiasm about Lions with potential new members.

Together We Serve,

Vice District Governor Maxine Frazier.







### District 4-C4 Officers

#### 2006-2007

#### As of 04/01/07

District 4-04 Officers	2000-2007		
Position	Incumbent	Home Phone	E-mail Address
District Governor	Al Russell	650-474-3680	arussell@cashin.com
Vice Dist Governor	Maxine Frazier	650-991-0754	Lionmaxcat@yahoo.com
Cabinet Secretary	Elaine Borland	650-349-6309	Lionelaineborland@aol.com
Cabinet Treasurer	Sam Nervino	650-592-3804	snervino@aol.com
Exec. Director	Frank Cauterucci	650-593-6689	fcauterucci@aol.com
Exec. Coordinator	Doris Grason	650-368-1109	ddgrason@sbcglobal.net
IPDG	Eugene Chan	650-345-7773	eugenechan4c4@yahoo.com
Region 1 Chair	Thelma Ajero	650-731-6012	ccajero@rcn.com
Region 1 Zone 1 Chair	Frances Tolosa	415-752-0572	lion_fran13@yahoo.com
Region 1 Zone 2 Chair	Dick Kishimoto	650-869-6220	rkaraokeman63@aol.com
Region 1 Zone 3 Chair	Robert Ramos	510-522-6988	ramos@alamedanet.net
Region 2 Chair	Mike Simonini	650 697-6346	jsimvista@aol.com
Region 2 Zone 1 Chair	Rudy Pedagat	415-652-7271	rrpedagat@comcast.net
Region 2 Zone 2 Chair	Rick Ochsenshirt	650-794-1224	Ochs323@aol.com
Region 2 Zone 3 Chair	Bob Wilson	415-467-3427	skipperbob@ship134.com
Region 3 Chair	Vhangeee Mesa	650-572-8685	laurelmesa@sbc.net
Region 3 Zone 1 Chair	Robert Myers, Jr.	650-728-7163	bobmyers_jr@yahoo.com
Region 3 Zone 2 Chair	Ken Harker	650-968-2207	ken.j.harker@worldnet.att.net
Region 3 Zone 3 Chair	Eldon Fernandes	650-325-4744	efernan314@aol.com
DISTRICT NEWS EDITOR	John Muniz	650-871-5829	jfmflash@flash.net
MERLO EXTENSION CHAIR	Helen Olson	415-215-7267	lionhelenolson@aol.com
CONTEST COMMISSIONER	Sandee Ige	650-589-0860	dinosauersandra@yahoo.com
STUDENT SPEAKER CHAIR	Toni Nava	650-343-8926	dntoycollector@aol.com
MERLO LEADERSHIP CHAIR	Ken Ibarra	650-827-1005	lionkenibarra@yahoo.com
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### News From Your Newsletter Editor

Your District Newsletter is now available online at our District 4-C4 website. To reach our district website, on your browser address bar type:

www.lions4c4.org

The District webpage will appear. On the left hand side of the District Webpage, click on "Newsletter" and this year's three issues will be listed plus past years issues. Our District Website contains much useful Information so visit it often.

**Lion John Muniz** 



| Please direct comments, | Please direct concerns or pertinent articles | Please direct comments, | Plea









#### THE LIFE YOU SAVE MAY BE YOUR OWN

#### THE SF PREMIER LIONS CLUB HEALTH FAIR

Contributed by Lions Rosa Ebalo and Jose Ingojo

Outside, the weather is misty and drizzling. Inside, an immense hall is buzzing with activity. In the middle of the hall are chairs filled with people chatting away with each other, as they wait their turn. Along the sides are a series of tables, or stations. At one table, a nurse is measuring an older patient's blood pressure. At an adjoining table, another nurse is testing the blood sugar of a younger patient. And at a table further down, a woman doctor is providing consultation to a third patient.

At the table where the younger patient's blood sugar is measured, the nurse has a concerned look. The blood sugar level is extremely high. In fact, the reading is so high that the glucometer cannot read it – it only displays HIGH. The patient is advised to go to the Emergency Room immediately. There, he is given an insulin shot right away, and his life is literally saved.

The date is November 3<sup>rd</sup>, 2006, the place is the Veterans Equity Center at South-of-Market in San Francisco, and the occasion is the first Health Fair sponsored by the San Francisco Premier Lions Club.

This was but the most dramatic result of SF Premier Lion's Club's Health Fair, the first project conceived and implemented by the club after its charter founding on April 3<sup>rd</sup>, 2006.

Among other results that the Health Fair uncovered were findings of especially high blood sugar, abnormal oxygen saturations, and uncontrolled high blood pressure. There were six patients whose oxygen saturation were low, and several patients whose blood sugar and blood pressures were uncontrolled. A follow-up call was made by Dr. Ebalo-Reyes to these patients' medical providers.

Although the theme of the Fair was "Diabetes Awareness", the scope of the service was extended to include both blood pressure and pulmonary oximetry screening. Oximetry is a simple non-invasive method of measuring the saturation of oxygen in the blood, by linking a probe to a patient's finger.

The Health Fair team was composed of one physician, five registered nurses, Pacific Pulmonary Services technicians, pharmaceutical company representatives (diabetes pamphlets), SF Premier Lions Club members, and PDG's Rudy and Elma Loredo. Diabetic supplies were solicited by Lion President Gaudy Ebalo-

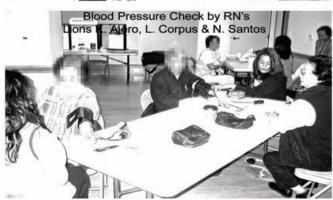










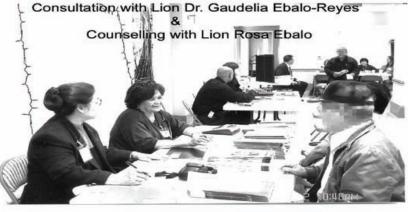








sf Premier Lions Club



Health Fair



### Page 5 The Spirit



Governor's message continued from page one

The BURLINGAME LIONS always host gin fizzes first thing in the morning. This was followed by Tail-twisters breakfast – featuring fund-raising skits by participating clubs. The second convention session was highlighted by the annual memorial service, commemorating the lives of those LIONS who have passed on. Also, the awards presentations to participating clubs in the many contests, which begins on April 1st of every year. Saturday afternoon features our International food square, more food than you could possibly eat!!. Saturday night is the Governors Appreciation night and the recognition of those LIONS in the district whose extraordinary efforts helped makes this a successful LIONS YEAR. International Presidents certificates of appreciation were awarded to REGION I CHAIR LION THELMA AJERO, ZONE, REGION II ZONE 1 CHAIR LION RUDY PEDAGAT, REGION III ZONE 1 CHAIR LION BOB MYERS, REGION III ZONE 3 CHAIR LION ELDON FERNANDES, VICE DISTRICT GOVERNOR LION MAXINE FRAZIER AND CABINET SECRETARY LION ELAINE BORLAND. LEADERSHIP MEDALS WERE AWARDED TO REGION II CHAIR LION MIKE SIMONINI AND EXTENSION CHAIR LION HELEN OLSON. THE PRESIDENTIAL AWARD WAS PRESENTED TO LION KEN IBARRA (SAN BRUNO LIONS) for outstanding service to the district.

Multiple District 4 AWARDS OF EXCELLENCE were presented to LION PDG MEL PHILLIPS, EXECUTIVE DIRECTOR LION FRANK CAUTERUCCI and CABINET SECRETARY LION ELAINE BORLAND. District 4-C4s highest award (THE RICH NUCCETELLI/SI MOYER AWARD) was presented To CABINET SECRETARY LION ELAINE BORLAND for her dedicated service above and beyond the call of duty.....Congratulations to the SAN BRUNO LIONS CLUB – this year's top club! After the awards presentation, the rest of the evening belonged to DISTRICT GOVERNOR ELECT LION MAXINE FRAZIER and the introduction of her cabinet and some of her committee chairs for the year 2007-2008.......and there you have it, convention 2007, if you were there you know, if you weren't, there is next year!!

Traditionally, each district is visited by an International Director at its annual convention. This year was no exception, and we were graced by the presence of Director Roy H. Barnette and his lovely wife Barbara. Although their arrival was delayed by an unforeseen and painful kidney stone, they made their way to the Convention on Friday and Director Barnette (a Marine Corps vet) and summoned all he had to address us on Friday evening. Some of the Director's comments were as follows: As the chair of the Budget/Finance Committee he oversees an annual \$67 million budget at LCI headquarters which employs approximately employees. This year the budget finance committee reviewed the duties & responsibilities of the staff, and reviewed many programs including the club supplies department, resulting in a savings of approximately \$500,000 in operating expenses. Director Barnette also reviewed the LCIF grant request program....currently there is approximately \$318 million in LCIF funds. At this time approximately \$13-15 million has been approved for LCIF grants. Due to the implementation of the Family membership program, which became effective in January 2007, there are now 42 Lions Family clubs with a membership of approximately 4,500 members.

### FINALLY, AS OF JULY 1, 2007, ANY CLUB THAT HAS A BALANCE OWING TO LIONS CLUB INTERNA-TIONAL OF 150 DAYS OR MORE IS AT RISK OF HAVING THEIR CHARTER REVOKED!! PLEASE BE AWARE!!

And now some friendly reminders

- Don't forget to apply for the 100% Presidents Award & Secretary Award
- The 90th International Convention Chicago July 2-6 its not too late to register
- Youth Exchange Host families are needed call Lion Tom Fourie(650) 799-6506

District 4-C4s Student Speaker Contestant (Murietta Batiste) won the area 2 contest, she will be competing at the MD-4 Contest on Saturday, June 2, 2007 at 2 PM. It will be at the Wyndham Hotel in San Jose, your attendance is encouraged. We need to support our student Murietta Batiste in efforts to win the MD-4 contest.

In conclusion, this district acknowledges the unending contributions of Lion Will Reno. Lion Will was the Founder and a charter member of the Ocean Ingleside Lions Club. Lion Will passed away earlier this month and will be long remembered not only by this district but also by his community in which he lived and worked and was a force in his community's betterment and welfare. In 1986, with the assistance of some community members, he founded & formed the Ocean Ingleside Lions Club becoming its Charter President. For many years, the Ocean Ingleside club has met at Reno's Community Barbershop......a focal point of the neighborhood. Lion Will, will be missed.... not only by the members of the Ocean Ingleside Lions Club but also the district. On behalf of District 4-C4, many condolences to the Family members of Lion Will Reno and the members of the Ocean Ingleside Lions Club.

Governor Al







# FOSTER CITY LIONS CLUB FORTY-FIRST ANNUAL INSTALLATION OF OFFICERS AND DIRECTORS

You and your guest are cordially invited to attend the Foster City Lions Club's annual installation dinner.

Friday, June 29, 2007

Hosted Reception 6:30 p.m. – 7:30 p.m.

Dinner and Installation 7:30 p.m.

Foster City Recreation Center 650 Shell Blvd. Foster City, CA

### \$30.00 Per Person

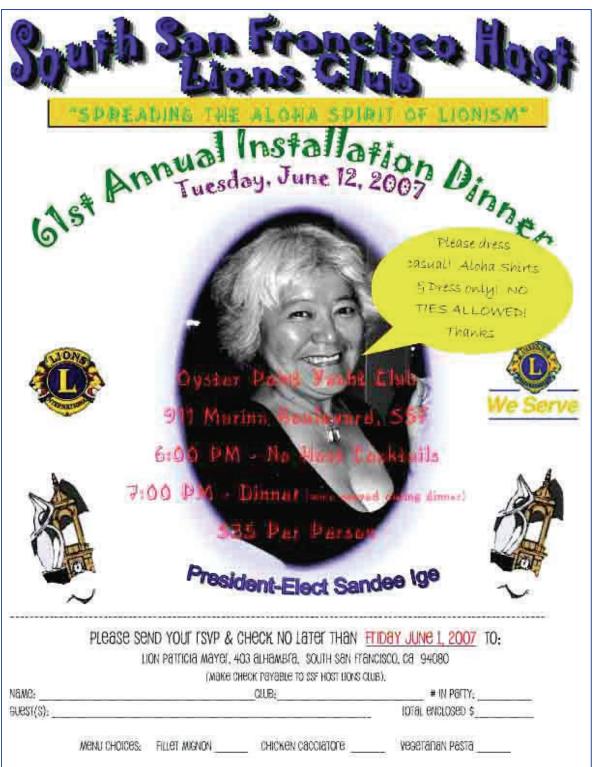
Coat and tie requested

Complete the form below and return with your payment by <u>June 22, 2007</u>. Tickets must be purchased in advance. Reservations after June 22, 2007 cannot be accepted. Tickets will be held at the door.

Name:	Club:
Phone number	Email Address
Choice of Entrée (indicate number	r below):
	prime rib with au jus
Salmon with but	
\$ Total Amount En	aclosed (number of meals times \$30.00)
Please mail completed form and c	heck payable to Foster City Lions Club to:
Lion Janis Kiesel	
352 Bowfin Street	If you have questions, contact Lion Janis Kiesel
Foster City, CA 94404	650-573-7359 or 650-235-2672









### Bayview / Hunters Point Charter Night





District Governor Lion Al Russell presenting Bayview Hunters Point President Lion Fenton Baptiste his clubs charter



Left to right, bottom up, Lady Jane Simonini, Lion Mike Simonini, Bayview Hunters Point President Lion Fenton Baptiste, San Francisco Supervisor The Honorable Sophie Maxwell., VDG Lion Maxine Frazier, S.F. Council President Lion Rosie Jones









Message from District Governor Al Russell Hello Everyone,

What a great night! Tonight we celebrate the birth of the 43rd Lions Club in District 4-C4. The Bayview-Hunters Point Lions Club has an unmatched opportunity to make a difference in this community. What an exciting time to join our new Lions and impact those in need of hearing and sight services.

All new clubs need the help of the better established to learn how to hold a service project or a fundraising event. Please conduct some joint ventures. Teach them how to attract new members. Learn from their new and enthusiastic ideas how WE can each better all our clubs and ourselves.

Support the Bayview-Hunters Point Club by extending paid visitations to the new officers. Attend their fundraisers and service projects.

It is certainly exciting for a club to form in the same year as the 90th Birthday of Lions Clubs International. May you have a successful 90 years too!!

Yours in Lionism,

Al Russell







#### SENIOR APPRECIATION BRUNCH

### submitted by Lion Jeff Murai:

Nikkei Lions

More than 300 guests attended the 2007 Senior Appreciation Brunch held on Sunday, April 22 at the Miyako Hotel in San Francisco.

This year was the 20th anniversary of the Brunch and, in honor of this milestone, the committee planning the brunch, prepared a special slide show showcasing photos of this year's honorees and served a traditional Japanese menu. Elected officials and VIPs also helped honor the seniors by providing a record nine proclamations. VIPs providing certificates included U.S. Senator Dianne Feinstein, Congresswoman and Speaker of the U.S. House of Representatives Nancy Pelosi, California Senator Carole Migden, Members of the Assembly, Mark Leno and Fiona Ma, S.F. Mayor Gavin Newsom, S.F. Supervisor Ross Mirkarimi, S.F.

Assessor-Recorder Phil Ting and the Cherry Blossom Festival.

Emcee Mike Inouye, weekday morning traffic anchor for NBC 11 in San Jose, began the festivities and provided insight into the whole reason of honoring the Nisei.

San Francisco's Kirakiraboshi Choir and the Sakura Kai Senior Center provided entertainment. Following the brunch, many honorees and their family members rode with the Senior Brunch Executive Committee on the Senior Appreciation Brunch Cable Car in the Cherry Blossom Festival's Grand Parade. Many seniors said they thoroughly enjoyed the program, and the day was a great success.

Lions Jeff Murai and Genny Hom-Franzen, co-chairs for this year's Senior Appreciation Brunch send their sincerest thanks to Nikkei Lions Club member Keiko Hitchcock for designing and delivering the floral arrangements for each table. They would also like to acknowledge the many Nikkei Lions who came bright and early on Sunday morning to help set up. Thank you to Lions Bill Stipinovich, Dan Yee, Matt Matsumoto, David Fujita, Go Sasaki, Phil Mar, Frank Torikai and Bruce Iwafuchi. The Nikkei Lions have provided significant and valuable volunteer assistance for the Senior Brunch since day one, and we sincerely appreciate your continued help.

### Editor's Thought'S

Our District 4-C4 celebrated our achievements over the last year with a fantastic convention (May 10-13) in Sacramento, California. The weather cooperated, the accommodations and food were much better than I have experienced in my six years of attending our district conventions. I was very happy to see a large turnout of Lions and spouses, especially the number of Leo's from San Francisco and Millbrae clubs. It's very comforting to know so many young people are interest in community service through the Leo's Clubs. I hope you enjoy the pictures that were supplied by Lion Michael Chan and myself. I want to congratulation District Governor Lion Al Russell and his committees for a successful year and convention.

Lion John Muniz District Newsletter Editor

### San Francisco Bay Area New Century Lions



**Charity Fundraiser** 

Benefiting Room to Read and Shih Yu Lang Central (Tenderloin) YMCA

Open to everyone, from Lions to friends and family.



#### Serra Bowl

3301 Junipero Serra Blvd Daly City, CA 94014 650-992-3444 (Behind the colma bart station)



http://fun2spare.2gobowl.com/?page=Serra\_Bowl

\*5 person teams \*Individuals are also welcome
(teams with less than 5 individuals we will fill out your team roster or place you on a team with an open slot)

Trophies for high scratch scores in men's, women's, and children's divisions.

Trophies for the team with best average.

Raffle and contest prizes \$3.00 per ticket or 4 Tickets for \$10.00

\*San Francisco Bay Area New Century Lions challenge\*

A "traveling" trophy will be engraved with the name of the team that has the highest team score in the challenge.

Bay area lions clubs have the option of holding on to the trophy until our next challenge; teams that are not part of the lions clubs will have their team immortalized on the trophy.

Fee to challenge is an additional \$20.00 per team.



June 3, 2007
Sign-in starts at 10:15 am
Bowling Starts promptly at 11:00am
Ends at 2:00 pm



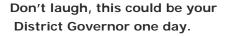
Entry fee is \$25.00 for adults, \$15.00 for kids (age 12 and under)

Dead line is May 6<sup>th</sup>, an additional fee of \$5.00 for late entries
(Entry fee includes 2 rounds of bowling, shoe rental, pizza and soda)

For Directions please go to: http://fun2spare.2gobowl.com/?page=Directions\_to\_Serra\_Bowl For more information please Dan Ng at 415-203-7273 or email: dsmng@aol.com.

# District 4-C4 Convention

















- 1. Incoming San Bruno Lions President Lion Dave Keller.
- 2. Incoming Foster City Lions President Jon Froomin
- 3. Incoming Millbrae Lions Club Presi-



## District 4-C4 Convention



Millbrae Leo's Attend Convention

Chinatown Leo's Attend Convention



### Lions Clubs International - District 4-C4



### Club Officer Orientation

SATURDAY, JUNE 23rd, 2007

9 AM to 1 PM (Doors open at 8am)

Millbrae Recreation Center 477 Lincoln Circle, Millbrae

\*\*\*\*\*\*\* Free Continental Breakfast & Refreshments \*\*\*\*\*\*\*\*

A Great opportunity for ALL Lions in the District!

A Must for ALL Incoming Officers!

Break-out sessions for Club officer positions!

Learn from Our very own Experienced Lions!

Learn how you can help your Club succeed!

And the Best... it's All Free! No Cost, nada, nyet!

\* RSVP & Sign-Up Form \*\*\*\*\*\*\*\*\*\*\*\*\*\*

### Please RSVP BY JUNE 15TH so we can accurately plan the sessions

Lion*:	New Officer Title*:	Club*;		
Address:	City:		Zip:	
Day phone ()	Eve phone ()	EMail:	H	

RSVP by mailing to: Lion Ken Ibarra 100 Lucia Court, San Bruno, CA 94066

RSVP by emailing the above information to: Lionkenibarra@yahoo.com

RSVP by phoning in your information to Lion Ken at (650) 827-1005

<sup>\*</sup> Information required.

### The SF Circle Lions Club Reports On Its Maiden Services Conducted In Full Swing In The Philippines

April 2007 was a hectic month for the SF Circle Lions Club's officers and members, in the preparation and performance of the club's three humanitarian services to the Philippines, to wit: the Eye Sight, Medical Mission, and Operation Yule.

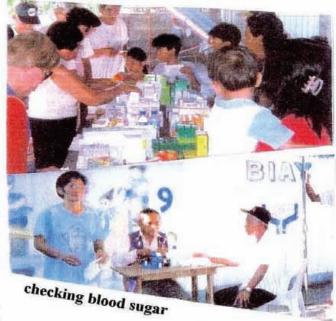
Eye Sight Project: This is based in the City of Olongapo, hosted by the Olongapo Host Lions Club, our sister club in the Philippines. Our club's donation is \$85.00 per patient. We give or send in our donations to the Olongapo Host Lions Club in partnership with its on-going Eye Cataract Surgery and Sight Restoration Activities under the Share-a-Patient Program. This amount is not sufficient to cover the full cost of surgery and medication, but the OHLC subsidizes the inadequacy. As an act of recognition and acknowledgement to the donors, the OHLC awards certificates of appreciation with the name or names of donees. On April 18, 2007, the SF Circle Lions Club donated \$850.00 for treatment

of ten (10) cataract patients.

Medical Mission: Our goal in this mission is to reach out to our less fortunate fellowmen and offer them free medical treatment, check up, and medicine. On April 23, 2007, the SF Circle Lions club performed this 1st medical mission in the province of Zambales, barrio Biay. Twelve boxes of medicine, of different kinds, mostly cough syrup, vitamins, antibiotics, analgesic/antipyretic, etc. etc., for children and adults, all prescribed by the head physician, were purchased. A team of five doctors, a pharmacist, a nurse, and 4 members of the OHLC joined our club in this medical mission. Six hundred twenty eight (628) indigent families from all parts of the barrio were recipients of this pro bono medical services and medicine.

Operation Yule: This is giving gifts to our less fortunate compatriots, regardless of whether or not, it is Christmas. This act of food giving to the needy was conceived to alleviate at least the poverty and impoverished living conditions of our fellowmen searching for food to fill in their empty stomach. Much as a need for free medication is imperative, likewise, is a need for nourishment.

Yule Operation is likewise a maiden performance of the Circle Lions Club. We allocate grocery packages, as Christmas gifts to economically indigent families. Each grocery package, consists of a bag of rice, several canned goods, coffee, milk, sugar, and noodles. One grocery bag is good for one-week's supply for a family of four. On April 13, 2007, the SF Circle Lions Club distributed 280 gifts packages to 280 deserving beneficiaries from barrio La Fuente, Sta. Rosa, Nueva Ecija, and 20, from Quezon City.





distributing grocery packages

All these three projects came into reality through our annual fundraising activities like Christmas caroling, Indian Casino trips, Crab Feast, Personal Solicitation, and now, the LYCA raffle tickets sales.

The Club's Budget:

**\$1,200.00** - Operation, Yule, **\$2,000.00** - Medical Mission, **\$0.850.00** - Eye Sight (treatment for 10 cataract patients) **\$4,050.00** - **Total** 

(Also available for viewing are CD's on Operation Yule and Medical mission)

Prepared by Lion Linda H. Morete, Club Secretary