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VOLUME 9, ISSUE 6 DECEMBER 2012 DISTRICT 4-C4 INTERNATIONAL ASSOCIATION OF LIONS CLUBS

## LION JOHN'S MESSAGE

## Fellow Lions,

We have reached the halfway point of our journey together. It has been an exciting challenge to serve you as our club leader and I look forward to our opportunities to be of service to club and community in the coming months next year. I hope you had an enjoyable Thanksgiving holiday and wish you a happy holidays and New Year's season.

In November, I was appointed as District 4-C4 Newsletter Editor for the remainder of the Lion year. Doing my first issue, I discovered that our bulletin was lacking color compared to other clubs. So, I dressed this issue with a few color and photo effects. I learned how to convert a PDF to JPG, so we can now post full flyers and other PDFs in our issues.

#### \*\*\*

We had a busy November. We attended club & District meetings, visitations, forums, fundraisers, and service projects. We raised money for 2nd Harvest, Veteran Charities, and Lions of Life through offering Kind Bars & Starbucks coffee to the community for donations. We served at 2nd Harvest Food Bank, where your President did his first standing only service project, and we showed our support for a fellow Lions club fundraiser to support Juvenile Diabetes with PSI Lions Club. We started a meeting collection to support Lions of Life. Please check out our photos page for pictures & details of these events.

#### \*\*\*

I got great news over the Thanksgiving Holiday...I am going to be an Uncle! My little brother, 9 years younger than me, has his first child due April 18, 2013 and confirmed it will be a boy. The debate has already begun on which college he will attend, USC or Notre Dame! My sister-in-law is a Notre Dame alum.

#### \*\*\*

We did a visit to Foster City Lions Club this Nov, when Lion Ken Ibarra, PDG, came to induct 6 of 9 new members. They have now over 80 members, with 65 club events per year. They are the largest club in our District. Before I could escape to my next



#### LOYAL SERVICE TOGETHER

visitation, I accepted a friendly challenge from President Lion Martha to meet a fitness goal by the MD4 Convention in February.

As of this writing, I am already down 6 more pounds from the twenty I lost during the year prior to the fitness challenge. That's 26 pounds lost since January 2012!

#### \*\*\*

As we are at the half way point, it's time again to talk goals and progress. In the second half of our journey together, I look to focus our efforts on 3 milestones for our club.

First, to re-design our website to accept online donations & advertising. Second, to have a dedicated fundraiser to support Lions of Life to help save children lives from diar-

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Ryan Park at night. Lion John's daily walk around lake.

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## LION JOHN'S MESSAGE CONTINUED:

rheal diseases. Third, is to update our Constitution & Bylaws to reflect our current practices or to at least update them as they apply to our club officer roles. Or, adjust our current practices going forward to be in line with our C&B if we so choose to not adjust them.

## \*\*\*

In these past 6 months together, we have increased fellowship at meetings and visiting other clubs. We have raised community exposure through our service projects at Wine Walk & downtown fundraisers. We have added 3 new members and sponsored a youth soccer team. We have attended regional events together, served the needy at shelter & food banks, and we got club shirts to let the community know who we are when we serve. We won BEST IN SHOW for the PCL President's Theme Project at the November PCL Meeting. Thank you to Lion Margaret for an awesome floral arrangement, defining my theme of China and California with an USC flavor in such detail as to include every member of the club, including our affiliated members in Hong Kong and also including our sister club, Kathmandu Lions Club.

#### \*\*

Looking forward, we have exciting opportunities on the horizon. We have a Proposed Youth Competition service project to promote youth ideas on ending poverty in our communities. We are creating a new club web site to help make it easier for the community to donate to our causes. We are planning new service projects and fundraisers. We are visiting clubs and engaging in fellowship at our meetings.

#### \*\*\*

Let's do loyal service together, build fellowship among our members and other Lions, and help grow San Mateo Lions Club into a strong community service club. Lion John Gill

President San Mateo Lions Club

"Meeting & Contact information: <u>www.sanmatolions.org</u>, <u>sanmateolions@gmail.com</u>, Google Voice 650.479.5040 Social Media & Photo Gallery: Facebook - <u>www.facebook.com/pages/San-</u> <u>Mateo-Lions-Club/38521938168?</u> <u>sk=photos</u>.



#### You be the Judge...



Before



After

Lions of Life Meeting Collections Only \$2 saves a life

## Meeting Venue—2nd Thursdays—7 PM

Mimi's Café is located at 2208 Bridgepointe Parkway, in Bridgepointe Shopping Center, near Highway 92 & Mariners Island Blvd. North of 92 side is San Mateo, South of 92 side is Foster City.

For more info on restaurant, including directions and hours... <u>http://</u> www.mimiscafe.com/Restaurant.aspx?Id=28

San Mateo Lions Club Officers

## 2012-2013

President—John Gill

Immediate Past President—Michael Chan

Vice President—Pat Hughes

Secretary— PP Ray Mahaffay, Assistant Pat Hughes

Treasurer—Lou Himenes

Membership Chair—IPP Michael Chan

Tail Twister—Rebecca Rondeau

Lion Tamer—Ben Kwok

Communications Director—Margaret Baggerly

Director—PP Elaine Borland

Director—PP Marlin Gill

Director—Bob "Grandpa" Loveridge

PP = Past President

Board Meetings—4th Thursday Monthly 7 PM at Bel Mateo Bowl.

Our Communications Director, Lion Margaret, has found us a tool called Jooners, to help us keep track of volunteers and attendees participating at our events. Please use this site when signing up for our projects. It will come by email to you. Any questions, please ask Lion Margaret at Margaret@GPS-LeadTheWay.com.

## PHOTOS—NOVEMBER MEETING AT MIMI'S CAFÉ—PEACE POSTER CONTEST

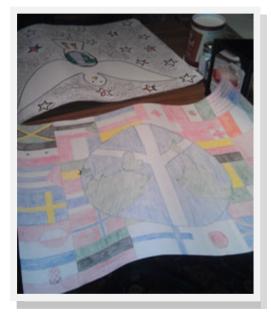














PHOTOS TAKEN BY LION JOHN OF OUR NOVEMBER MEETING AT MIMI'S CAFÉ. SM LIONS PRESENT WERE: RON PP, DOUG PP, BEN, MICHAEL IPP, RAY PP, JOHN, MARY, PAT H. PROGRAM WAS LION JIM BIGELOW ON HIGH SPEED RAIL. (DPP—(IMMEDIATE) PAST PRESIDENT

## PHOTOS OF SM LIONS IN SERVICE & FELLOWSHIP



Lions Michael IPP and Margaret serving at Safeway in San Mateo on World Kindness Day.

\$631 raised for charities from Kind Bar & Starbucks Fundraiser held at Safeway & Starbucks in San Mateo. \$315.50 to Second Harvest, \$189.30 to Veteran Charities, and \$126.20 to Lions of Life (diarrheal health aid to save children lives).



Serving at Second Harvest Food Bank Warehouse. L-R, Lions: President John, Becky, Husband Michel, Macy AM, Pat C, Michael IPP, Irene AM, & Margaret. Not shown: Pat H, Ray PP, Mary, Kevin, & Lou







## **BEST IN SHOW!!**

PCL President's Theme Project—November PCL Meeting

Lion Margaret took lead in creating a floral arrangement that best fit Lion John's vision of California & China with an USC Flavor. Each member of our club is featured in little Lions, two bridges connect us to Kathmandu & Hong Kong, service projects are included, & more. Lion Margaret will bring to Dec 13 meeting to show. Lion Macy AM loaned Money



SM Lions Visit to Foster City Lions Club. Pictured here are 6 new members being inducted by Lion Ken Ibarra, PDG. At podium, Lion Ray Rosenthal PDG and President Lion Martha Sandy watching. At table in foreground is seated Lions John, Michael IPP, Macy AM, Pat C. Lions Elaine PP and Doug PP also attended. Lion Ken gave one of his iconic speeches about Lions family & service; Zone Chair Lion Elaine gave an uplifting speech to FC Lions. Before President John could leave, President Martha offered him a friendly challenge to meet a fitness goal by the MD4 Convention in February

Tree to use for project. Great Job, Lion Margaret!



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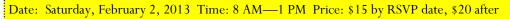
# CLUB UPDATES

In November, we attended District & PCL meetings & one club visitation. We did two service projects, including a community Fundraiser. We had a finance committee meeting to define our financial plan for year. (I)PP = (Immediate) Past President AM—Associate Member

SM Lions in attendance at these events were:

Nov 3	Third Annual Forum	John & Pat H
Nov 8	November Club Meeting	Ron PP, Doug PP, Ben, Michael IPP, Mary, Ray PP, John, Pat H
Nov 10	Second District Cabinet Meeting	John & Pat H
Nov 10, 11, 13	Kind Bar & Starbucks Fundraiser	Margaret, Ray PP, Mary, Pat H, Kevin, John & Michael IPP
Nov 13	Foster City Lions Visit	John, Michael IPP, Macy AM, Pat C, Elaine PP, & Doug PP
Nov 17	Second Harvest Food Bank Service Project	John, Becky with Michel, Macy AM, Michael IPP, Pat C, Irene AM, Margaret, Lou, Pat H, Ray PP, Mary, Kevin
Nov 20	Finance Committee Meeting	Pat H, Ray PP, Michael IPP, Elaine PP, Grandpa, Lou, and John
Nov 26	Peninsula Council of Lions November	John, Pat H, & Margaret, Michael IPP, Macy AM, Sandy AM
Nov 29	November Board Meeting	John, Becky, Ray PP, Pat H, Marlin PP, Michael IPP, Macy AM
Nov 30	PSI Lions Wine Taste Fundraiser	John

## THIRD DISTRICT CABINET MEETING



Where: Foster City Recreation Center, 650 Shell Blvd, Foster City, CA 94005

RSVP: Cabinet Treasurer Lion Toni Nava , 916 Park Avenue, Burlingame, CA 94010 Cell: (650) 504-2222 or email: dntoycollector@aol.com.

2013 MD-4 ANNUAL CONVENTION

Date: February 8-10, 2013. Price: \$50-\$189 plus hotel reservations rates

Where: Double Tree Hotel, Sacramento, CA

RSVP: PDG John Lynch, 1414 Norden Way, Woodland, CA 95695 Res. (530) 666-6626, e-mail jclynch@sbcglobal.net online registration: https://lpccicrabfeast.wufoo.com/forms/ z7x2p1/



Club Visitation to San Bruno Lions Club

December 4, 2012 at 700 PM

**Signup details:** Margaret@GPS-LeadTheWay.com

50+ members, 2 active PDGs, and home of the Bell Stealers. Watch your gear when they come visit.

Come decorate Christmas Trees for Seniors and Sign Greeting Cards for Veterans





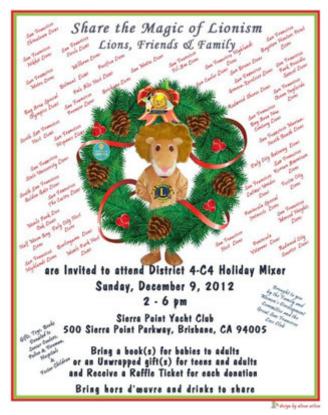


Program for december 13th Meeting

## UPCOMING CLUB & DISTRICT EVENTS—DECEMBER







## Volume 9, Issue 6

# DECEMBER 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Happy Birth- day to Lion Michael, December 31!						1 Bowling for Kids Tourney
2 Multi Club Holiday Gala	3 Happy Birthday to Lion Becky!	4 SMLC Visit to San Bruno Lions Club 7 PM	5 President Visit to SF Premier Lions Club 7 PM	6	7	8 Foster City Holiday Party—6 PM
9 District Holiday Party, 2-6 PM, Brisbane	10	11	12	13 Club Meeting @ Mimi's—7 PM Prog: Xmas Trees & Greeting Cards	14	15
16	17	18	19	20	21	22
23 Happy Birthday to Lion Margaret! 30	24 31 New Year's Eve	25 Holiday Merry Christmas!	26	27	28	29

HAPPY HOLIDAYS!

## Schedule of Events

- December 1: 13th Annual Toys for Kids Bowling Tourney
- December 2: Multi-Club Holiday Gala
- December 3: Happy Birthday Lion Becky!
- December 4: SMLC Visit to San Bruno Lions Club @ 7 PM
- December 5: President Visit to SF Premier Lions Club 7 PM
- December 8: Foster City Lions Holiday Party
- December 9: District Holiday Party, 2-6 PM, Brisbane
- December 13: Club Meeting at Mimi's Cafe—7 PM— Program: Holiday Cards for Vets, Trees for Seniors
- December 23: Happy Birthday to Lion Margaret!
- December 25: Christmas Day Holiday
- December 31: Happy Birthday to Lion Michael IPP!
- December 31: New Year's Eve!



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# Helping seniors through the holidays

## By Saili Gosula

Gathering with loved ones is the holiday tradition that warms the heart despite the biting cold outside. Whether traveling to see family or hosting a holiday get-together with close friends, many people plan on spending the last week of December with someone they love.

This is a season of goodwill to all. However, amid all the gift-giving and charity centered activities many senior citizens and elderly people are spending the holidays alone. As many people retire and age, they do not have the energy or the financial freedom to travel to see their children. This group is often quiet and forgotten during the holiday season. As a result, they can become lonely and depressed. Statistically, this can have a negative effect on their health.

Everyone feels lonely at some point, and we are encouraging you to help ebb the flow of loneliness in seniors during the holidays. Reach out to the senior in your family who is spending the holidays alone. Call them, send gifts and include them. Look for ways to share the good cheer with the seniors in your community through your local "Adopt-A - Senior" program.

There are many ways to share the joyous spirit of the holidays. In my work as the owner of a home care company, we serve many seniors throughout the entire year. We look forward to helping the elderly enjoy the holiday season, as we know this is a time during which we can make a difference even more than at other times.

Please remember the seniors in your lives this holiday season. Many people get depressed during the holidays, and seniors are especially at risk for this. A little attention from you can go a long way in keeping that depression away.

My daughter has decided that she is going to bake Christmas cookies and bring them to my clients. They know she thought of them, and they get to spend time with a young child when she delivers them. It could be that simple.

Saili Gosula is the owner and operator of Synergy HomeCare of San Mateo, a provider of non-medical private duty home care. To learn more, call 650-703-6087, email <u>info@SHCSanMateo.com</u>, or visit <u>www.SynergyHomeCare.com/SanMateo</u>.



Lion Pat with USO Manager, Jeff Herndon, and Foster City (new) Lion Linda Spiezer at SFO

## USO/SFO SUPPLIES FOR THE HOLIDAYS

Local Lions bought and delivered a car-load of needed supplies to the USO at SFO on November 8. Over \$1,000 worth of coffee (90 pounds!), snacks, high energy bars, instant noodle soups, sweet rolls, drinks, paper products, and fresh fruit were purchased locally - those items purchased at **Smart & Final in San Mateo** was supported with a much needed discount! This unusually larger that the normal, every two months delivery, is because of the coming holidays.

The local USO is expecting visits from a larger than usual number of servicemen and women, with welcoming (and departing adieus) from friends and relatives, for our men and women who are in transit to and from their next assignments, leaving for their overseas duty, or coming home to the Bay Area. With the December holidays also following, the local Lions will again be ready to make a supplemental delivery before the end of the year!

Friends, supporters and those wishing to know more about or participate in this program may contact or mail their tax deductible donations for this all year effort for our veterans and servicemen and women. Inquiries and support may be made to:

Lions Veterans Charities, Inc.

833 Constitution Drive Foster City, CA 94404

attn: Roger Chinn tele: (415) 345-2877

email: roger@chinnassociates.com Thank You!

## PAGE 9

## LIKE US ON FACEBOOK!!

FOLLOW SAN MATEO LIONS CLUB ON FACEBOOK! WE HAVE A NEW PAGE—FIND US AT WWW.FACEBOOK.COM/ SANMATEOLIONSCLUB

IF YOU'RE ON FACEBOOK, YOU NEED TO FOLLOW SMLC!!

San Mateo Lions Club Past Presidents

- Lion Michael Chan, 2011-2012
- Lion Ron Borland, 2010-2011
- Lion Elaine Borland, 2009-2010
- Lion Marlin Gill, 2008-2009
- Lion Ray Mahaffay, 2007-2008  $\Rightarrow$
- Lion Doug Borland, 2006-2007
- Lion Ken Ingram, 2005-2006
- Lion Vhangheee Mesa, 2004-2005

## 2013 MD4

## Leadership Institute

January 19-21, 2012

Harris Ranch, Coalinga, CA

\$250 Double, \$430 Single Application with requisites completed required.

RSVP: Chris Morris, 2198 Casa Mia Drive, San Jose, CA 95124 Call-408-371-6866 or email: : cdmsr@pacbell.net

" "WE SERVE" OUR COMMUNITY & AROUND THE WORLD"



What's right with our association? Our current membership doing what we stand for, 'We Serve'. To improve existing clubs, it is nice to have changes in the sameness. When confronted with a negative person, smile, pivot and move on. -Kay K. Fukushima, late PIP (2002)

## SAN MATEO LIONS CLUB 2012-2013

President John Gill Secretary Ray Mahaffay, PP, Pat Hughes Assisting PO Box 6335 San Mateo, CA 94403-6335 Phone: 650-619-7501 Fax: 650-349-7953 E-mail: sanmateolionsclub@gmail.com

## Club Bulletin Editor

John Gill, President

trjnhse@yahoo.com

Club Photographer

Michael Chan, IPP

LionMichael-Chan@gmail.com

# CODE OF ETHICS & OBJECTIVES

#### **ETHICS**

TO SHOW MY FAITH IN THE WOR-THINESS OF MY VOCATION BY IN-DUSTRIOUS APPLICATION TO THE END THAT I MAY MERIT A REPUTA-TION FOR QUALITY OF SERVICE.

TO SEEK SUCCESS AND TO DEMAND ALL FAIR REMUNERATION OR PROFIT AS MY JUST DUE, BUT TO ACCEPT NO PROFIT OR SUCCESS AT THE PRICE OF MY OWN SELF RESPECT LOST BECAUSE OF UNFAIR AD-VANTAGE TAKEN OR BECAUSE OF OF MY TIME, LABOR AND MEANS. QUESTIONABLE ACTS ON MY PART.

UP MY BUSINESS IT IS NOT NECES-SARY TO TEAR DOWN ANOTHER'S; TO BE LOYAL TO MY CLIENTS OR TO BE CAREFUL WITH MY CRITI-CUSTOMER AND TRUE TO MYSELF.

WHENEVER A DOUBT ARISES AS TO THE RIGHT OR ETHICS OF MY POSITIONS OR ACTIONS TOWARDS MY FELLOW MAN, TO RESOLVE SUCH DOUBT AGAINST MYSELF.

TO HOLD FRIENDSHIP AS AN END and not as a means. To hold THAT TRUE FRIENDSHIP EXISTS NOT ON ACCOUNT OF THE SERVICE PERFORMED BY ONE ANOTHER, BUT THAT TRUE FRIENDSHIP DEMANDS NOTHING BUT ACCEPTS SERVICE IN THE SPIRIT IN WHICH IT IS GIVEN.

ALWAYS BEAR IN MIND MY OBLI-GATIONS AS A CITIZEN TO MY NA-TION, MY STATE AND MY COMMUNI-TY, AND TO GIVE THEM MY UN-SWERVING LOYALTY IN WORD, ACT AND DEED. TO GIVE THEM FREELY

TO AID MY FELLOW MEN BY GIV-TO REMEMBER THAT IN BUILDING ING MY SYMPATHY TO THOSE IN DISTRESS, MY AID TO THE WEAK AND MY SUBSTANCE TO THE NEEDY.

> CISM AND LIBERAL WITH MY PRAISE, TO BUILD UP AND NOT TO DE-STROY.

#### OBIECTIVES

TO CREATE AND FOSTER A SPIRIT

#### CABINET OFFICERS 2012-2013

District Governor Bob Wilson Post Office Box 131, Brisbane, CA 94005 Email: SkipperBob@ibrisbane.us 415-309-3427

<u>1st VDG Steve Picchi</u> 311 Filbert St, Half Moon Bay, CA 94019 Email: spwinemaker@comcast.net 650-726-8682, Cell 650-740-8629

<u>2nd VDG Jack Van Etten</u> 1620 Quesada Way, Burlingame, CA 94010 Email: jackusf74@comcast.net 650-692-3360, Cell 650-740-9404

Cabinet Secretary Marian Mann 125 Coronado Ave #201, Daly City, CA 94015 Email: marianlmann@aol.com 650-991-9386

Cabinet Treasurer Toni Nava 916 Park Ave, Burlingame, CA 94070 Email: dntoycollector@aol.com 650-343-8926, Cell 650-504-5222

**Region Chair Cindy Smith** 558 Santa Cruz Ave, Menlo Park, CA 94025 Email: cindysflowers@aol.com 650-743-1806, Cell 650-743-1806, Bus 650-321-4864

Zone Chair Jennifer Chen

606 North First Street, San Jose. CA 95112 Email: jennifer5688@gmail.com 408-981-8155, Bus 408-977-1888

OF UNDERSTANDING AMONG THE PEOPLES OF THE WORLD.

TO TAKE AN ACTIVE INTEREST IN THE CIVIC. CULTURAL SOCIAL AND MORAL WELFARE OF THE COMMUNI-TY.

TO UNITE THE CHOICE IN THE BONDS OF FRIENDSHIP, GOOD FEL-LOWSHIP AND MUTUAL UNDER-STANDING.

TO PROVIDE A FORUM FOR THE OPEN DISCUSSION OF ALL MATTERS OF PUBLIC INTEREST; PROVIDED, HOWEVER, THAT PARTISAN POLITICS AND SECTARIAN RELIGION SHALL NOT BE DEBATED BY CLUB MEMBERS.

TO ENCOURAGE SERVICE-MINDED PEOPLE TO SERVE THEIR COMMUNITY WITHOUT PERSONAL FINANCIAL REWARDS, AND TO ENCOURAGE EFFICIENCY AND PROMOTE HIGH ETHICAL STANDARDS IN COMMERCE. INDUSTRY, PROFESSIONS, PUBLIC WORKS AND PRIVATE ENDEAVORS.